

"March comes in like a lion and goes out like a lamb!"

**BREWSTER HIGH SCHOOL
BREAKFAST AND
LUNCH MENU**

MARCH 2026

Menu subject to
change



BCSD is an equal opportunity provider and employer.



Available Daily

Breakfast
 Nutrigrain Bar, Cereal Bar,
 Whole Grain Muffin,
 Whole Grain Roll, Bagel or Cereal,
 Bacon, Egg, Cheese on a Roll
 Fresh Fruit or Fruit Juice
 & 1 Cup Serving Milk Variety

LUNCH
 Served Daily
 Big Daddy Pizza
 Chicken Cutlet on a Bun
 Additional Lunch Choices

Deli Bar:
 Offering Assorted Breads/
 Meats/Cheese/Veggies
 Available Daily:
 Grab & Go Salad Plate
 Sunflower Butter & Jelly Sandwich
 Offered Daily With All Meals

Whole Grain Bread or Roll
 Assorted Fruit:
 Fresh, Canned and Fruit Juice
 And
 Assorted Vegetables:
 Garbanzo Beans, Broccoli
 Florets,
 Carrots, Tomatoes, Cucumbers,
 Corn, Green Lettuce
 And Milk Variety
 *Made From Scratch

Monday, March 2	Tuesday, March 3	Wednesday, March 4	Thursday, March 5	Friday, March 6
<p>Breakfast Cinnamon Bun OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch Chicken Quesadilla Nacho Chips & Salsa Sour Cream Black Bean & Corn Salad Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast French Toast Sticks OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch *Nacho Platter Seasoned Beef/Cheese Sauce Lettuce/Tomato/Salsa/Sour Cream over Nacho Chips Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch *Oven Grilled Cheese Sandwich Oven Baked Fries Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast *Smoothie or Parfait OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch New York Thursday *Twisted Pasta with New York Meatballs WW Garlic Bread Green Beans Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch Mozzarella Stuffed Breadsticks *Tomato Sauce for Dipping Seasoned Broccoli Assorted Canned/Fresh Fruit Milk Variety</p>
SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun				

Monday, March 9	Tuesday, March 10	Wednesday, March 11	Thursday, March 12	Friday, March 13
<p>Breakfast Cinnamon Bun OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch Copy Cat KFC Bowl Crunchy Popcorn Chicken Mashed Potatoes Sweet Corn, Gravy Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast French Toast Sticks OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch *Tacos Hard or Soft Shell Seasoned Beef/Lettuce/ Tomato/Shredded Cheese/ Salsa/Spanish Rice Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch Turkey Dinner Turkey, Gravy, Mashed Potatoes, Corn Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast *Smoothie or Parfait OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch NEW YORK THURSDAY New York Beef Hamburger or Cheeseburger on a Bun Lettuce, Tomato, Pickles Oven Baked French Fries Assorted Canned/Fresh Fruit Milk Variety</p>	<p>Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll</p> <p>Lunch Mozzarella Stuffed Breadsticks *Tomato Sauce for Dipping Seasoned Broccoli Assorted Canned/Fresh Fruit Milk Variety</p>
SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun				

Vegetable of the Month



Cabbage

Monday, March 16

Breakfast

Cinnamon Bun OR
*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Sliders
Special Sauce
Tater Tots, Cole Slaw
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, March 17

Breakfast

French Toast Sticks OR
*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Lo Mein
Vegetable Eggroll
Fortune Cookie
Pineapple Chunks
Milk Variety

Wednesday, March 18

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

*Bowtie Pasta
with *Meat Sauce
WW Garlic Bread
Green Beans
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, March 19

Superintendent's Conference Day

No Lunch

School Closed

Friday, March 20

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
Seasoned Broccoli
Assorted Canned/Fresh Fruit
Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Free School Meals Are
Here For Brewster!!!

Free & Reduced
Applications Are No
Longer Needed.

ALL Brewster Students are
eligible for school breakfast
& lunch each day at no cost
to families!

A La Carte & Snacks Will Still Be
Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125

Monday, March 23

Breakfast

Cinnamon Bun OR
*Bacon, Egg, Cheese on a Roll

Lunch

BBQ Chicken Pieces
Cornbread
Baked Beans, Cole Slaw
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, March 24

Breakfast

French Toast Sticks OR
*Bacon, Egg, Cheese on a Roll

Lunch

Chili Cheese Fries
Chili & Cheese Sauce
Served over Tater Tots
Broccoli
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, March 25

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

Baked Potato Bar
Chili/ Bacon Bits/Cheddar
Cheese/Sour Cream
Dinner Roll OR
NY Double Dog/Sauerkraut
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, March 26

Breakfast

*Smoothie or Parfait OR
*Bacon, Egg, Cheese on a Roll

Lunch

NEW YORK THURSDAY
New York Beef Meatball
Parmesan Wedge
Caesar Salad
Assorted Canned/Fresh Fruit
Milk Variety

Friday, March 27

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
Seasoned Broccoli
Assorted Canned/Fresh Fruit
Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Monday, March 30

SPRING BREAK

School Closed

Tuesday, March 31

SPRING BREAK

School Closed

**START FRESH
WITH FRUIT!**

Everyone, young and
old, should begin
their morning
with fresh fruit.
It's the head
start you can
hold in your hand!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**