

# 2026-27 Registration

*For Rising 11th Graders*  
**Class of 2028**



EASTSIDE CATHOLIC

# Registration Overview

- Registration events for 2026-27 classes:
  - February 25: Registration Fair
  - March 11: Registration on PlusPortals
- Student Resources
  - [Student Services - Eastside Catholic School](#)
  - 2026-27 Curriculum Guide
  - Planning Worksheet (in the Curriculum Guide)
  - Course selection worksheet
  - 2026-27 registration presentation
  - College Planning Day 4-Year Academic Planning video



# EC Graduation Requirements

| Subject             | EC Grad Requirement | Credits |
|---------------------|---------------------|---------|
| English             | 4 years             | 8       |
| Religion            | 4 years             | 8       |
| History             | 3 years             | 6       |
| Math                | 3 years             | 6       |
| Science             | 3 years             | 6       |
| World Language      | 2 years             | 4       |
| Visual & Perf. Arts | 2 years             | 4       |
| PE                  | 1.5 years           | 3       |
| Health              | .5 year             | 1       |

**48 total  
credits  
required**



# Credit Check

- A credit check is a valuable tool
- Review your department credit check report using your transcript
- Department credit listing is available in PlusPortals



EASTSIDE CATHOLIC

High School CREDIT CHECK

Name \_\_\_\_\_ Transfer Student Y N Grade \_\_\_\_\_

| English                                           | S1   | S2   | Science                                             | S1 | S2 |
|---------------------------------------------------|------|------|-----------------------------------------------------|----|----|
| English 9, English 9 Honors or English 9 Fund.    |      |      | Conceptual Physics or Conceptual Physics Honors     |    |    |
| English 10 or English 10 Honors                   |      |      | Biology or Biology Honors                           |    |    |
| English 11                                        |      |      | Chemistry or Chemistry Honors                       |    |    |
| English 12                                        |      |      | Human Anatomy & Physiology                          |    |    |
| AP English Language and Composition               |      |      | AP Biology                                          |    |    |
| AP English Literature and Composition             |      |      | AP Chemistry                                        |    |    |
| Other _____                                       |      |      | AP Environmental Science                            |    |    |
| Total English credits - 8 required                |      |      | AP Physics I                                        |    |    |
| Math                                              | S1   | S2   | AP Physics 2                                        |    |    |
| Algebra 1 or Algebra 1 Fundamentals               |      |      | AP Physics C: Mechanics                             |    |    |
| Geometry, Geometry Honors or Geometry Fund.       |      |      | UWHS ESRM150: Wildlife in Modern World              |    |    |
| Alg 2, Alg 2 Honors, Alg 2 Fundamentals           |      |      | Other _____                                         |    |    |
| Financial Algebra                                 |      |      | Total Science credits - 6 required                  |    |    |
| Pre Calc or UWHS Math120                          |      |      | Social Studies                                      | S1 | S2 |
| Calculus                                          |      |      | AP Human Geography                                  |    |    |
| AP Statistics                                     |      |      | World History or AP World History                   |    |    |
| AP Calculus AB                                    |      |      | US History or AP US History                         |    |    |
| AP Calculus BC                                    |      |      | American Government <sup>1</sup> and/or Law Society |    |    |
| Other _____                                       |      |      | AP Government                                       |    |    |
| Total Math credits - 6 required                   |      |      | Block: Int. SS/Humanities                           |    |    |
| Physical Education                                | S1   | S2   | AP Psychology                                       |    |    |
| PE 9                                              |      |      | Other _____                                         |    |    |
| Health (and Wellness)                             |      |      | Total Social Studies credits - 6 required           |    |    |
| Contemporary Health Studies                       |      |      | World Language                                      | S1 | S2 |
| PE Elective                                       |      |      | ASL I                                               |    |    |
| Applied Ath. Training / Intro Sports Medicine     |      |      | ASL II                                              |    |    |
| Strength & Agility / Adv Strength & Cond          |      |      | Spanish I or French I or Mandarin I/Chinese I       |    |    |
| Yoga                                              |      |      | Spanish II or French II or Chinese II               |    |    |
| PE Waiver (does NOT count as credit)              | ---- | ---- | UWHS Sp103 or UWHS Fr103                            |    |    |
| Total PE/Health credits - 4 required <sup>2</sup> |      |      | Spanish III or Chinese III                          |    |    |
| Religious Studies                                 | S1   | S2   | UWHS Sp201                                          |    |    |
| Religion 9 or World Cultures                      |      |      | French IV or Chinese IV                             |    |    |

# Planning Worksheet

## PLANNING WORKSHEET

| 9 <sup>th</sup> Grade                                                                  | 10 <sup>th</sup> Grade                                          | 11 <sup>th</sup> Grade                                                           | 12 <sup>th</sup> Grade                                                                                                        |
|----------------------------------------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| English (1 year)<br>Eng 9 or Hon Eng 9                                                 | English (1 year)<br>Eng 10 or Hon Eng 10                        | English (1 year)<br>Eng 11 or AP Eng Lang<br>or<br>AP Eng Lit                    | English (1 year)<br>AP Eng Lit or<br>AP Eng Lang<br>or Eng 12                                                                 |
| Math (1 year)<br>-----                                                                 | Math (1 year)<br>-----                                          | Math (1 year)<br>-----                                                           | Math (1 year)<br>-----                                                                                                        |
| Science (1 year)<br>Conceptual Physics or<br>Hon Conceptual Physics or<br>AP Physics 1 | Science (1 year)                                                | Science (1 year)                                                                 | Science (1 year)<br>or<br>Elective (1 year)                                                                                   |
| Religion 9 (1 year)<br>World Cultures:<br>Humanity, Revelations<br>and the World       | Religion 10 (1 year)<br>The Mission of Jesus                    | Religion 11 (1 year)<br>Life in Christ<br>or<br>Life in Christ - CML<br>emphasis | Religion 12 (1 year)<br>Int Soc Sci Hum or<br>Intro to Catholic Social<br>Teaching and<br>Religious Studies elective<br>----- |
| PE/Health (1 year)<br>PE 9 and Health                                                  | Elective<br>-----<br>-----                                      | Elective<br>-----<br>-----                                                       | Elective<br>-----<br>-----                                                                                                    |
| World Language<br>or<br>Elective<br>-----<br>-----                                     | Social Studies (1 year)<br>World History or<br>AP World History | Social Studies (1 year)<br>US History or<br>AP US History                        | Social Studies (1 year)<br>AP Amer Gov or<br>Int Soc Sci Hum or<br>Amer Gov and elective<br>-----                             |
| Elective<br>-----<br>-----                                                             | Elective<br>-----<br>-----                                      | Elective<br>-----<br>-----                                                       | Elective<br>-----<br>-----                                                                                                    |

In addition to the subject areas shown in the grid, students are required to take the following courses:

- 2 semesters of PE elective taken any time in grades 10, 11 or 12; (may waive up to 2 semesters upon completion of the PE waiver)
- 2 years of world language (must be earned in the same language)
- 2 years of art (minimum of 1 year of visual and/or performing arts) taken any time during high school



# Course Selection Worksheet



EASTSIDE  
CATHOLIC  
HIGH SCHOOL

## JUNIORS

### Course Selection Worksheet

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Current Mentor Teacher:

Student signature \_\_\_\_\_

After registering in PlusPortals, please turn-in this sheet to Student Services.

Parent/Guardian signature \_\_\_\_\_

Date \_\_\_\_\_

Please note: Your academic work during the remainder of this school year may affect your placement in courses. In addition, class size may also affect course selection and availability. Seniors generally receive priority over underclassmen.

Please refer to the 2025-26 Curriculum Guide on our school website for course descriptions, prerequisites for each course and the graduation requirements. Please review the courses you are selecting, as schedule change requests cannot be guaranteed.

#### REQUIRED COURSES:

ENGLISH – Choose ONE (1)

- \_\_\_ English 11
- \_\_\_ AP English Language
- \_\_\_ AP English Literature
- \_\_\_ UWHS ENG131

RELIGION

X Religion 11

SOCIAL STUDIES – Choose ONE (1)

- \_\_\_ US History
- \_\_\_ AP US History

#### MATH

- \_\_\_ Geometry
- \_\_\_ ~~Geometry~~ Honors
- \_\_\_ Algebra 2 Fundamentals
- \_\_\_ Algebra 2

- \_\_\_ Algebra 2 Honors
- \_\_\_ Precalculus
- \_\_\_ UWHS Math 120
- \_\_\_ Calculus
- \_\_\_ Math 107- Math in ~~Society~~

- \_\_\_ ~~Financial~~ Algebra
- \_\_\_ AP Calculus AB
- \_\_\_ AP Calculus BC
- \_\_\_ AP Statistics

#### SCIENCES

- \_\_\_ Biology
- \_\_\_ Biology Honors
- \_\_\_ Chemistry
- \_\_\_ Chemistry Honors

- \_\_\_ AP Biology
- \_\_\_ AP Chemistry
- \_\_\_ Physics
- \_\_\_ AP Physics 1
- \_\_\_ AP Physics 2

- \_\_\_ AP Physics C
- \_\_\_ Environmental Science
- \_\_\_ AP Environmental Science
- \_\_\_ Human Anatomy & Physiology



# 11th Grade Courses

|   |                |                                                                                                            |                          |
|---|----------------|------------------------------------------------------------------------------------------------------------|--------------------------|
| 1 | English        | English 11, AP English Language and Composition, AP English Literature and Composition or UWHS English 131 | Year-long                |
| 2 | History        | U.S. History or AP U.S. History                                                                            | Year-long                |
| 3 | Religion       | Religion 11                                                                                                | Year-long                |
| 4 | Math           | Next math level                                                                                            | Year-long                |
| 5 | Science        | Science Elective                                                                                           | Year-long                |
| 6 | World Language | Spanish, French, Chinese, ASL (take the next level)                                                        | Year-long                |
| 7 | Elective       | Depends                                                                                                    | 2 semesters or year-long |



# English (4 years required)

|           |                                                                           |
|-----------|---------------------------------------------------------------------------|
| 9         | English 9 or English 9 Honors                                             |
| 10        | English 10 or English 10 Honors                                           |
| <b>11</b> | <b>English 11, AP Literature, AP English Language or UWHS English 131</b> |
| 12        | English 12, AP Literature, AP English Language or UWHS English 131        |



# Social Studies (3 years required)

|    |                                                            |
|----|------------------------------------------------------------|
| 10 | World History or AP World History                          |
| 11 | <b>U.S. History or AP U.S. History</b>                     |
| 12 | AP Government or<br>Government and Social Studies Elective |

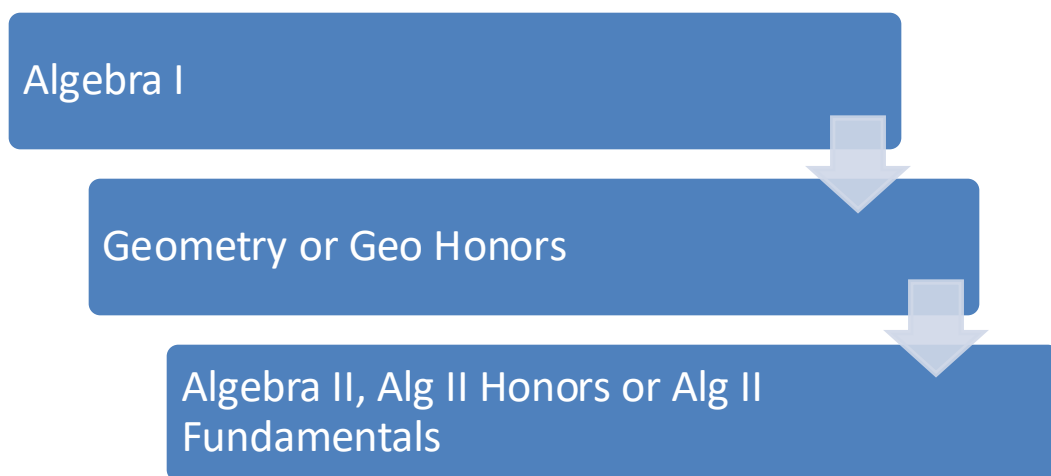


# Religion (4 years required)

|           |                                    |
|-----------|------------------------------------|
| 9         | World Cultures                     |
| 10        | Religion 10                        |
| <b>11</b> | <b>Religion 11</b>                 |
| 12        | ICST and another Religion elective |



# Math (3 years required)



## Additional Math Courses

- Financial Algebra
- Precalculus
- UWHS 120
- Math 107- Math in Society
- Calculus
- AP Calculus AB
- AP Calculus BC
- AP Statistics



# Science(3 years required)

- Pathway 1:
  - Conceptual Physics
  - Biology or Honors Biology
  - Chemistry or Honors Chemistry
- Pathway 2:
  - Honors Biology
  - Honors Chemistry
  - AP Physics 1 or Physics
- Science Elective Options:
  - AP Biology
  - AP Chemistry
  - Environmental Science
  - AP Environmental Science
  - AP Physics 1
  - AP Physics 2
  - AP Physics C
  - Human Anatomy & Physiology



# World Language

(2 years required, 3 recommended)

- French:
  - French I, II, UWHS French 103 or AP French
- Chinese
  - Chinese I, II, III, IV or AP Chinese
- Spanish
  - Spanish I, II, III, UWHS Spanish 103 or 201, AP Spanish or Spanish V
- ASL
  - ASL I, II, UWHS ASL 103, UWHS ASL 201



# High School Courses Taken in Middle School

High school courses taken in grades 7 and 8 can be removed prior to the end of the 3rd quarter of junior year.

Middle school credits that remain on the high school transcript may be transcribed with a nonnumerical grade (“P” for Pass). The non-numerical grade is not included in the GPA calculation, but the credit will apply to fulfilling graduation requirements. However, if the course is removed it will not count towards graduation requirements.

**\*\* Note:** NCAA may value “P” grade as a “D” (1.0 grade point) for scholarship eligibility.

See your high school counselor if you have any questions!



# PE Graduation Requirement

- Two semesters of PE electives are required for graduation other than PE 9 and Health taken during Freshman year.

## PE Alternate Pathway

- **By participating in EC Athletics:** Up to two semesters of PE may be fulfilled based on participation in EC sports for a full season. All sports meet this requirement (JVC, JV and Varsity) if students participate the full season.
- **By participating in instructor-supervised, off-campus physical activities or sports:** Up to two semesters of PE may be fulfilled.  
75 hours = one semester



# Visual & Performing Arts

- Two years\* (4 credits)

\*While two years of art are highly recommended, students may substitute coursework for one year of art if other courses better help them in their educational/career goals or if needed to fulfill other graduation requirements.

- One year of Visual or Performing Arts is required to meet four-year college admission requirement.
  - Note: University of California/California State schools require two one-semester courses or one year-long from the same discipline. Example: Ceramics/Advanced Ceramics or Concert Choir.



# Elective Options

- Performing Arts
  - Visual Arts
  - Academic Support
  - Business & Communication
  - Computer Science
  - General Electives
  - World Language
  - Physical Education
- See Curriculum Guide or course selection worksheet for more information!



# Reminder: Courses and Electives

- Courses run based on course requests (not all electives will have enough students to run the course)
- Schedule is built based on ***your*** requests so take time to consider course choices now
- Student must select elective "alternates" if requested electives are not going to run
- Choose elective alternatives **carefully**



# Rigor and Balance

- Appropriate academic load
- Strength of schedule
- Give yourself time to try out school clubs and extracurricular activities
- Support class is about organization and time management
- AP courses can be 4+ hours of homework per week



# Post High School Considerations

- College implications
- Course placement is important
- University of California visual/performing arts requirement
- Senior year quantitative math requirement for four-year colleges
- NCAA core GPA requirements for D1 athletes



# Registration Tips

- When choosing courses, pay close attention to:
  - If the course is a **year-long** course or a **semester** course
  - If the course has a **prerequisite**
  - Pay attention to teacher recommendations for core courses
- Taking a Zero Period class is optional and is in addition to a full course load.
- Electives are based on sign-ups . Carefully choose backup courses!
- See Curriculum Guide for more information!



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February 25 - March 12
- Student Resources
  - 2026-27 Curriculum Guide
  - Planning Worksheet (in Curriculum Guide)
  - Course selection worksheet
  - 2026-27 registration presentation
  - College Planning Day 4-Year Academic Planning video



# Questions?

- High School Counselor John Ward (A-Go)  
[jward@eastsidecatholic.org](mailto:jward@eastsidecatholic.org)
- High School Counselor Kirsi Varsa (Gr-M)  
[kvarsa@eastsidecatholic.org](mailto:kvarsa@eastsidecatholic.org)
- High School Counselor Lindsey Johnson (N-Z)  
[ljohnson@eastsidecatholic.org](mailto:ljohnson@eastsidecatholic.org)
- Registrar Lakshmi Palaniappan  
[lpalaniappan@eastsidecatholic.org](mailto:lpalaniappan@eastsidecatholic.org)

