Red Oak ISD Student Health Advisory Committee
Meeting Minutes

Date: 2/10/26

SHAC Members Present

Maricela Torres- SHAC Coordinator
Victoria Ybarra- Director of Student Nutrition
Lori Rowe- ROISD, Director of Health Services
Melody Hawkins- ROISD, District Counseling Services
Dr. Rebeca Piatini- Community Member*
Shelsey Wood- Parent (Eastridge)- Chair*
Aareon Moore- Parent (Wooden & ROHS) & Community*
Cassie Street- Parent (Shaw) and Community- Secretary*
Audrey Taylor- Parent (ROHS & HS PTSA)*
Elizabeth Haugh- Curriculum Coordinator for Health Science, PE & Math
John Knight- ROISD School Board Trustee
Lynn Dockery- Director of Curriculum and Instruction, ROISD
Sacara Williams- Parent (ROMS)*
Sherry Holley- Parent (Schupmann)*
Kendra Morris- Parent (Shields)*
*=voting SHAC member

Call to Order

The meeting was called to order at 6:03 p.m.

Introductions

All members present introduced themselves. A quorum was not present.

Discussion/Action Items

Shelsey Wood opened the discussion of action items.

Integration of Health TEKS in Physical Education

Presented by Lynn Dockery

- Lynn Dockery presented on the integration of Physical Education and Health TEKS for Red Oak Middle School (ROMS) and Red Oak Junior High School (JSMS).
- Current implementation consists of separate PE and Health instruction.
- The need for change was discussed to increase access to instructional time and better meet academic intervention needs.
- Potential options discussed included:
    - Implementation of the CATCH curriculum
    - Reviewing all 6th–8th grade Health and PE TEKS and internally developing aligned resources
- Examples were shared demonstrating how CATCH integration with PE could look in practice.
- Sherry Holley, Cassie Street, Audrey Taylor, Sacara Williams, and Shelsey Wood asked questions related to implementation and potential barriers.

- Audrey Taylor and Shelsey Wood requested a poll of parent/community members present to determine whether additional discussion is needed prior to requesting a vote from SHAC members who were not present.
- The meeting recording, website link, and presentation slides will be shared with SHAC members along with a request to vote to approve or reject the recommendation to utilize CATCH for Health TEKS integration with PE for the 2026–2027 school year for grades 6–8.

Revision of SHAC By-Laws
- Recommended updates to the SHAC By-Laws were reviewed.
- Proposed changes included increasing the membership cap from 21 to 30 members. Discussion included whether to reword the cap or formally increase it.
- This item was tabled until the next meeting due to lack of quorum.

Selection of SHAC Co-Chair
- The previously selected Co-Chair stepped down.
- Cassie Street nominated Audrey Taylor for Co-Chair.
- The nomination was seconded by Victoria Ybarra.
- A vote will be requested via email.

Additional Agenda Items
All remaining agenda items were tabled until the next meeting due to lack of quorum.

Adjournment
The meeting adjourned at 7:17 p.m.