



# Golden West

*Home of the Trailblazers!*

1717 North McAuliff Street • Visalia, CA 93292 • 559-730-7801 • Fax: 559-730-7408

**Principal**  
Michel Lambert  
**Assistant Principals**  
Jennifer Carlson  
Jose Cortez  
Colleen Duerksen  
David Pasquini  
Kimberlie Tyler  
**Athletic Director**  
John DeLong  
**Activities Director**  
Curtis Landry

January 2026

Dear Parents and Guardians:

Registration will soon take place on Golden West campus for your eighth-grade student for high school classes for the 2026-2027 school year.

Please read the attached packet carefully. Review the information contained in the materials with your student. Your student will receive a GREEN registration form at their 8<sup>th</sup> grade visit on **February 5<sup>th</sup>**. Please indicate **six** selections in the order of preference for **electives**. We will try to place the student in the course of his or her choice according to the order of preference on the registration form.

**For registration questions, Golden West counselors will be available March 17 & March 19 from 8:15 am to 3:30 pm by appointment, especially for our out of district incoming freshmen. Please contact your student’s counselor by email or call 730-7801 x 71126**

Last Name of Student	Counselor	Phone Extension	Email
A – Car	Natalie Rendon	x 71120	nrendon@vusd.org
Cas - Fue	Joy Rubio	X 71119	jrubio01@vusd.org
Fuf - Jim	Bianca Bishop	X 71121	bbishop@vusd.org
Jin - Mer	Brenda Sartuche	X 71706	bsartuche@vusd.org
Mes - Ram	Trini Hooks	X 71117	thooks@vusd.org
Ran - Shd	Lisa Costa	X 71114	lcosta@vusd.org
She – Z	Tiana Waters	X 71116	twaters@vusd.org

**For students new to Visalia Unified, New Enrollment Registration for Golden West High School can now be done on-line. Please visit the VUSD website at [www.vusd.org/goldenwest](http://www.vusd.org/goldenwest)**

**Along with a completed on-line enrollment registration packet, you must include the following:**

- **Proof of Residence** – mortgage statement, lease agreement, or a gas, electric, or water bill.
- **Immunization Record**
- **Birth Certificate**

If you have any questions regarding your student’s course of study for next year, please call Golden West High School’s Student Services at 559-730-7801 x 71126

Sincerely,

Colleen Duerksen  
Golden West High School  
Assistant Principal Student Services

Enclosures:  
8<sup>th</sup> Grade Parent Night Flyer  
Registration Dates Flyer  
Freshman Registration Form  
9<sup>th</sup> Grade Elective Course Description  
Athletics Information  
Letter from School Nurse



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Febrero 2026

Estimados Padres y Guardianes:

Registración para los estudiantes del 8vo grado para las clases del 2026-2027 año escolar grado serán pronto en la escuela Golden West.

Por favor de revisar el paquete de información con su estudiante. Su estudiante recibirá un paquete VERDE de registración para la visita del 8 grado el día 5 de febrero. Por favor indiquen las **6** opciones de preferencia para las **clases electivas**. Trataremos de colocar a su estudiante en las selecciones que el/ella escogió de acuerdo a la forma de registración.

**Para preguntas sobre inscripción, los consejeros de Golden West estarán disponibles del 17 y 19 de marzo de 8:15 am a 3:30 pm con cita previa, especialmente para nuestros estudiantes de primer año entrando fuera del distrito.**

**Comuníquese con el consejero de su estudiante por correo electrónico o llame al 730-7801 x 71126**

<b>Apellido del Estudiante</b>	<b>Consejero</b>	<b>Extensión telefónica</b>	<b>Correo electrónico</b>
A – Car	Natalie Rendon	x 71120	nrendon@vusd.org
Cas - Fue	Joy Rubio	X 71119	jrubio01@vusd.org
Fuf - Jim	Bianca Bishop	X 71121	bbishop@vusd.org
Jin - Mer	Brenda Sartuche	X 71706	bsartuche@vusd.org
Mes - Ram	Trini Hooks	X 71117	thooks@vusd.org
Ran - Shd	Lisa Costa	X 71114	lcosta@vusd.org
She – Z	Tiana Waters	X 71116	twaters@vusd.org

**Para los nuevos estudiantes del distrito escolar de Visalia, Nueva inscripciones de registración para Golden West se puede hacer ahora en línea. Por favor visite la página escolar de VUSD [www.vusd.org/goldenwest](http://www.vusd.org/goldenwest)**

**Junto con el paquete de inscripción en línea, por favor incluyan los documentos listados:**

- Prueba de residencia – estado de cuenta de casa, contrato de arrendamiento, bill de gas, electricidad, or de agua.
- Comprobante de vacuna
- Certificado de nacimiento

Si tiene preguntas sobre el curso de estudio de su estudiante para el próximo año, por favor de llamar a la escuela de servicios de Golden West al 559-730-7801 x 71126

Sinceramente,  
Colleen Duerksen  
Golden West High School  
Vice Principal de servicios estudiantiles

# Golden West H.S.

All 8th grade parents & guardians are invited to attend  
**FUTURE TRAILBLAZER NIGHT.**  
An informational evening to meet and hear from Golden West staff.



**Wednesday, Feb. 4, 2026**

7:00 PM  
GOLDEN WEST GYM

## **OUR NIGHT WILL INCLUDE INFORMATION REGARDING:**

- Registration for 9th grade
- Elective offerings and access to core course teachers
- Co-curricular opportunities such as band, choir, drama, academies, yearbook, FFA, dance, ASB, Link Crew
- Extra-curricular opportunities including clubs, XL After School Programs, Athletics

## **IMPORTANT DATES TO REMEMBER:**

***8<sup>th</sup> grade preview day 2/5/2026 9:00 – approximately 12:00 @ GWHS gym***

Business and First Responder Linked Learning Academy Applications Due **1/31/26**  
for questions, contact: Colleen Duerksen [cduerksen@vusd.org](mailto:cduerksen@vusd.org)

Choir level placement tryouts will be coming soon  
for more information contact: Paul Raheb [praheb@vusd.org](mailto:praheb@vusd.org)

Dance Team tryouts & dance program auditions will be coming soon. For more information  
contact: Somer Cullum at [scullum@vusd.org](mailto:scullum@vusd.org) & Kaitlyn Henry at [khenry01@vusd.org](mailto:khenry01@vusd.org)

Sports Parent Night tentatively **5/11** at 6:00 PM  
for more information contact Athletic Director: John Delong 730-7813 [idelong@vusd.org](mailto:idelong@vusd.org)

# Golden West H.S.

Todos los padres de 8 grado estan invitados a asistir  
FUTORA NOCHE DE TRAILBLAZER.

Es una noche informativa para conocer y escuchar al personal de Golden West.



**miercoles, Feb. 4 del 2026**

7:00 PM

En el gimnasio

## **NUESTRA NOCHE INCLUIRA INFORMACION RELATIVA A:**

- Registramiento del noveno grado
- Clases electivas y acceso a los maestros de cursos basicos
- Oportunidades cocurriculares como las clases de banda, coro, teatro, academias, anuario, FFA, danza, DECA (clubes, ASB, Link Crew, XL programas despues de escuela, deportes y mas)

## **FECHAS IMPORTANTES DE RECORDAR:**

***Previa de 8th grado 5/2/2026 9:00-12:00 en el gimnasio de GWHS***

Ultimo dia para entregar aplicaciones de academias de aprendizaje vinculadas es **31 de enero** si tienen preguntas, contacte a: Colleen Duerksen [cduerksen@vusd.org](mailto:cduerksen@vusd.org)

Audiciones para Choir- audiciones seran pronto.

contacte a: Paul Raheb [praheb@vusd.org](mailto:praheb@vusd.org)

Illusions Dance Team- audiciones para clase seran pronto

contacte: Somer Cullum at [scullum@vusd.org](mailto:scullum@vusd.org) y Kaitlyn Henry at [khenry01@vusd.org](mailto:khenry01@vusd.org)

Noche deportivos para padres tentetivamente **11 de mayo** a las 6:00 PM

Par mas informacion contacte Director Deportivo: John Delong 730-7813 [jdelong@vusd.org](mailto:jdelong@vusd.org)

# Freshman Registration Sheet

students will receive a copy of this at their 8<sup>th</sup> grade visit as well.

Pre-First _____		First Responders Academy (AOFR) _____
Summer School _____		Business Finance Academy(BF) _____
		Showing an Animal for FFA _____
<b>GOLDEN WEST HIGH SCHOOL</b>		
<b>2026-2027 FRESHMEN COURSE SELECTIONS</b>		
Last Name: _____	First Name: _____	Student ID: _____
Every effort is made to satisfy student course requests. Please be mindful that there is no guarantee of enrollment into all selected courses. Placements in core academic classes and/or academic support classes are based on multiple measures.		
<b>REQUIRED CLASSES: English, Math, Physical Education, and Freshmen Studies are required.</b>		
<b>Physical Education is mandatory for all freshmen, there are no athletic waivers.</b>		
<b>ENGLISH (Required)</b>	<b>PHYSICAL EDUCATION (Required)</b>	<b>ENGLISH LANGUAGE DEVELOPMENT</b>
1002/1003 English 1 (P)	0602/0603 Core PE	1430/1431 ELD 1 Newcomer
1006/1007 English 1 H (P)*	0641/0642 Integrated Core PE (weights)	8475/8476 ELD 1
		8483/8484 AVID ELD 2
		8477/8478 AVID ALD 1
<b>MATHEMATICS (Required)</b>	<b>FRESHMEN STUDIES (Required)</b>	<b>SPECIAL EDUCATION COURSES</b>
3267/3268 Math 1 (P)	5446/4302 Success 101/Health (P)	1002/1003 English 1 (P)* CO-TEACH
3270/3271 Math 2 (P)		3267/3268 Math 1 (P)* CO-TEACH
3272/3273 Math 2H (P)*		
<b>ELECTIVE CLASSES: Pick SIX (6) classes in order of preference (1-6)</b>		
<b>AGRICULTURE</b>	<b>VISUAL ARTS</b>	<b>Audition/Application Required (Deadline 3/20/26)</b>
0052/0053 Ag Mechanics 1 (P)	6001/6002 3D Art 1 (P)	6406/6407 Advanced Band (P)
0009/0010 Ag Science 1 (P)	6352/6353 Photography (P)	6406/6407 Advanced Band - Percussion (P)*
	6102/6103 Studio Art 1 (P)	6456/6457 Advanced Orchestra (P)*
<b>INDUSTRIAL TECHNOLOGY</b>	<b>PERFORMING ARTS</b>	8300/8301 ASB - Student Government (P)*
0406/0407 Intro Auto Tech (P)	6506/6507 Bass Clef Chorus (P)	6422/6423 Color Guard (P)*
0486/0487 Intro to Wood (P)	6202/6203 Drama 1 (P)	6616/6617 Hip Hop Dance (P)*
0446/0447 Metal Manufacturing Tech 1 (P)	6510/6511 Int Sop./Alto Chorus (P)	6414/6415 Jazz Band (P)*
	6614/6615 International Dance (P)	6418/6419 Wind Ensemble (P)*
<b>BUSINESS</b>	6601/6602 Intro Dance (P)	6302/6303 Yearbook (P)*
0165/0166 Intro to Video Production (P)	6452/6453 Orchestra (P)	
	9810/9811 Stage Design & Tech (P)	<b>ACADEMY ONLY COURSES</b>
<b>SCIENCE</b>		0149/0150 Integrated Business BF (P)*
4406/4407 Physical/ Earth Science (P)	<b>FOREIGN LANGUAGE</b>	8316/AOFR/8317/AOFR Criminal Justice AOFR(P)*
	2002/2003 French 1 (P)	<b>LEGEND</b>
Must be in Math 2H or higher to request Chemistry	2202/2203 Spanish 1 (P)	H Honors Class
4106/4107 Chemistry (P)*	2206/2207 Spanish 2 (P)	SS Spanish Speakers
	2302/2303 Spanish 1 SS* (P)	P College Prep (A-G approved)
<b>OTHER</b>		* Teacher Recommendation Required
8412/8413 AVID 1 (P)		BFA Business Finance Academy
5029/5030 Ethnic Studies (P)		AOFR First Responder Academy
<b>Summer School (Optional)</b>		
4302SUM Health		
<b>Students must have at least 6 classes</b>		
Valley Oak Ridgeview Green Acres	IEP	504
Post Grad Plans (Circle at least One):	4 year University	Community College (CO S)
	Trade School	Military
		Workforce
Other: _____	Parent Signature _____	Date _____



# Golden West High School



## Freshman CTE & Elective Courses for 2026-2027

### California Technical Education (CTE) Pathway Course

#### Offerings:

**Academy of Business Finance (P)(g) \*\*:** A 4-year program designed to integrate the core curriculum (English, math, science, and social science), with a focus on business/finance careers. Career speakers, job shadowing, college visits, industry tours and project-based learning reinforce academic instruction. Ultimately, internship opportunities will be provided to students.

**Academy of First Responders (P)(g) \*\*:** A 4-year program designed to provide students a four-year opportunity to experience public safety careers, learning and sharing experiences with community and business partners.

**Agriculture Mechanics 1 (P)(g):** Basic course in farm shop skills and mechanics that includes woodworking, metals, rope work, cutting and welding, etc.

**Agriculture Science (P)(g) :** The course focuses on beginning animal and plant science; public speaking, parliamentary procedure-debate, judging teams, Supervised Occupational Experience Projects, and career opportunities in the field of agriculture.

**Intro to Plant Science (P)(g):** This course covers the fundamentals of plant science and provides a working knowledge of plant structures and processes. The content includes structures, heredity, environmental relationship to growth, adaptation and management of crops, the factors that influence crop production, integrated pest management, laboratory skills, basic research and the role of plants in the ecosystem. FFA instruction and participation, and projects are an integral part of the class.

**Intro to Video Production (P)(f):** This course introduces students to the art and language of film.

**Intro to Wood (P):** Basic course designed to cover many facets of wood product manufacturing, including the correct use of tools and machines, abrasives, adhesives, fasteners, finishes, and related information.

**Intro to Auto Tech (P)(g):** Basic course in automotive service, maintenance, and repair. It is also a pre-vocational class for those interested in a career in the automotive technology field.

**Metal Manufacturing Tech 1:** Basic course will teach students the technology used in the metal fabricating industry by welders and sheet-metal manufacturing.

#### Elective Course Offerings:

**Yearbook \*\*** The class centers on the production of the school yearbook. The staff develops a production schedule and then writing stories and headlines and designing layouts under the deadline schedule. Students use the PageMaker and Photoshop software programs in the production process.

**French 1 (P)(e):** Student receives intensive instruction in the four major aspects of communication: listening, reading, writing, and speaking.

**Spanish 1 (P)(e):** Beginning course designed for the student with no prior experience with the Spanish Language.

**Spanish 2 (P)(e):** This course is designed for students who are currently taking Spanish 1 in 8<sup>th</sup> grade. This course expands on the sentence structure, vocabulary, culture and heritage presented in Spanish 1.

**Spanish 1 SS \*\* (P)(e):** Designed as a basic course for students fluent in everyday conversational Spanish but how are deficient in Spanish reading and writing skill

#### Legend

\*Pre-requisite

\*\*Staff Approval/Audition/Application

H Honors

(P) UC a-g list/college prep

(e) Language other than English

(f) Visual and Performing Art

(g) College-preparatory elective

## Freshman Elective Course Offerings for 2026 – 2027 *continued*

### Science

**Biology (P)(d):** A study of biology is basic to all students regardless of their educational goals. The course is designed around the State of California’s academic standards for biology. Major areas of study include cell biology, genetics, ecology, evolution and structure and function of living things.

**Chemistry\* (P)(d):** This is a rigorous course designed for the student who has strong mathematical and English skills. Mathematical abilities are utilized to solve complex and challenging scientific problems. Students must have successfully passed Pre-AP integrated Math during their 8<sup>th</sup> grade year.

**Physical/Earth Science (P)(d):** This course introduces the history and structure of the Earth. Described by NASA as “Earth System Science,” this course will explore tectonics, geologic history, water cycle and climate, radiation, ocean currents, biogeochemical cycles, and ecosystems/biomes.

### Visual and Performing Arts

**Drama 1 (P) (f):** Drama 1 is an introduction to the dramatic arts. Includes a study of acting and technical theater terminology, theater history, the structure of the play, and play criticism.

**Intro Sopr/Alto Chorus (P)(f):** This course is open by permission of the director to beginning treble singers. This is a year-long course in beginning vocal techniques, music theory, sight reading, and choral literature for the beginning treble ensemble.

**Bass Clef Chorus (P)(f):** Bass Clef Chorus is open by permission of the director to beginning bass and treble singers. This is a year-long course in beginning vocal techniques, music theory, sight reading, and choral literature.

**3D Art 1 (P)(f):** Introduction and exploration of 3-dimensional art forms. Units of study may include sculpture, clay, fiber, paper, mixed media, jewelry, color theory, and printmaking.

**Photography (P)(f):** Designed as a one period lab-oriented course centered on the principles of photography.

**Studio Art 1 (P)(f):** Introduction and exploration of 2-dimensional art forms. Units of study include painting and drawing techniques, color theory, graphics, perspective, and relative thinking.

**Introduction to Dance (P)(f):** This course focuses on learning and using correct dance terminology and technical execution in modern dance, tap, jazz, and ballet.

**Wind Ensemble (P)(f):** Designed to expose the student to the various styles of band literature and musical genre. Skills and concepts are developed by using a wide range of musical/physical ideas, including terminology, advanced instrumental and marching styles.

### Enrollment in the following courses is by audition only:

**Adv. Band (P)(f):** This course is designed to expose the student to the various styles of band literature and marching styles.

**Jazz Band\*\* (P)(f):** This course is designed to expose the student to the 20th century American music called jazz. Student will study advanced instrumental techniques, improvisation, performance practices and styles, form and the physical/mental attitude required to perform jazz appropriately.

**Orchestra (P)(f):** This course uses a wide range of orchestral music to develop artistic awareness and technical performance skills.

**Advanced Dance\*\* (P)(f):** This course is an advanced level dance class where students will demonstrate mastery in numerous styles of dance and technique.

**Dance Performance\*\* (P)(f):** This is an advanced level course for students with several years of prior dance experiences in ballet, jazz, modern and contemporary dance style.

### Legend

\*Pre-requisite

\*\*Staff Approval/Audition/Application

(P) UC a-g list/college prep

(d) Laboratory Science

H Honors

(f) Visual and Performing Art



# Golden West Athletics

Home of the Trailblazers

The Golden West High School Athletic Department coaching staff invites you to take part in its competitive, interscholastic program. Each athletic team is listed below under the season it is available. A 2.0 Grade Point Average (GPA) and completion of all athletic clearance paperwork, which includes a sports physical\*, are necessary for you to be able to participate in Golden West athletics.

**Please visit the Golden West athletics website at [trailblazerathletics.com](http://trailblazerathletics.com) and find the Student Athletic Clearance information under the More tab on the home page. Here you will find information on Student Athlete Clearance. More information on this will be shared at the sports meeting in May - date and time to be announced. Student Athlete Clearance should not be completed until after the completion of the current '26 -'27 school year.**

El Departamento Atletismo de Golden West lo invita a participar en su programa competitivo. Cada equipo presentado debajo está disponible a participar. Los requisitos para participar incluyen un 2.0 de calificaciones (GPA), y un físico del doctor autorizado por el Departamento Atletismo\*\*.

**Por favor visite la página de Golden West Athletics [trailblazerathletics.com](http://trailblazerathletics.com) y ahí pueden encontrar la forma llamada "Student Athletic Clearance" debajo la etiqueta "More". Aquí también pueden encontrar más información sobre autorizaciones de deportes. Mas información por venir el mes de mayo- fechas y horarios por venir. Favor de NO llenar el "Student Athletic Clearance" hasta que se acaben el año escolar de 26-27**

<b>Fall Season</b> <b>temporada de otoño</b>	<b>Winter Season</b> <b>temporada de invierno</b>	<b>Spring Season</b> <b>temporada de primavera</b>
Boys Cross Country	Boys Basketball	Baseball
Girls Cross Country	Girls Basketball	Boys Golf
Football	Boys Soccer	Softball
Boys Water Polo	Girls Soccer	Swimming
Girls Water Polo	Boys Wrestling	Girls Swimming
Girls Tennis	Girls Wrestling	Track
Girls Golf	Cheer	Boys Tennis
Volleyball		
Cheer		

\*Sports physical are only valid for 1 year from date of the physical so it is recommended you get the physical in late May or early June.

\*\*Los exámenes físicos deportivos solo son válidos por 1 año a partir de la fecha del exame físicos, por lo que se reomienda que se haga el examane físicos a fines de mayo or principios de junio.

If you have any questions, please contact:

Si tiene alguna pregunta, comuníquese cont:

John DeLong, Athletic Director at Golden West High School

Office: 559-730-7813 Fax: 559-735-3550 Email: [jdelong@vusd.org](mailto:jdelong@vusd.org)





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Curtis Landry

Welcome to Golden West High School!

Your student is about to make a very important transition to ninth grade, so it is a good time to review requirements regarding their health. High school involves more strenuous physical education (PE), as well as the opportunity for competitive contact sports. If your student has any physical limitations that may affect his/her ability to participate in PE, a physician must document this every school year.

Additionally, it is recommended that your child have a physical examination, for assessment of general health, immunization status, and growth and development. All students involved in athletics are required to have a physical examination each year, **which states that the students is cleared to participate in competitive sports** – this documentation must be completed prior to starting practice sessions.

If your student needs to take medication (including inhalers) during the school day or while participating in extra-curricular activities, we must have written permission from the guardian and Health Care Provider on file. The physical examination form and Medication in School form are available online at the district website or in the Golden West Health Office.

Please complete the school emergency card either online (preferred) or hard copy. Updating the emergency contacts and any number changes is essential for us to be able to reach someone in the event of an emergency. On the emergency card you will also find additional areas to address, such as giving permission for Over the Counter medication, this is explained on the card and may be of assistance for your student.

Good health is necessary for academic success and nutrition is a vital part of feeling good and peak performance. Students who skim meals or regularly eat meals with poor nutritional content will not feel their best or be able to attend and learn as well. It is our pleasure to inform you that in addition to lunch, we offer grab and go breakfast. I look forward to seeing your student on campus and hope that they have a healthy and happy experience while at Golden West High School. Please feel free to contact me if you have any questions.

Sincerely,  
Gina De La Fuente  
Credentialed School Nurse

gdelafuente@vusd.org  
559-730-7820



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Curtis Landry

Bienvenidos a la escuela secundaria de Golden West!

Su estudiante esta a punto de hacer una transicion muy importante al noveno grado, este seria un buen tiempo de revisar los requisitos de salud de su estudiante. La escuela secundaria involucra mas movimientos fisicos (PE), y tendran la oportunidad de deportes de contacto competitivos. Si su estudiante tiene limites fisicos que podrian affecter la habilidad de ella/el para participar en la clase de educacion fisica, porfavor de obtener un documento de el doctor para excusar la/el cada año.

Adicionalmente, es recomendado que su hijo/a tenga un examen fisico, para la evaluacion de salud general, estado de imunizacion, y el crecimiento y desarrollo. Todos los estudiantes involucrados en deportes son requeridos de obtener un examen fisico cada año, **que indica que su estudiante esta autoratizado en participar en deportes competitivos**- este document tiene que estar complete antes de comenzar las practicas.

Si su estudiante necesita una forma de medicamiento (incluyendo inhalador) durante el dia de escuela o mientas participe en actividades extracurriculares, tenemos que tener permiso escrito del guardian/padre o del proveedor de atencion medica en el archivo. La forma de examen fisico y la forma de medicamiento en la escuela estan disponibles en linea en la pagina del distrito o en la pagina de Golden West.

Porfavor de completar la forma de emergencia en linea (preferida) o una copia. Actualizar los contactos de emergencia y cualquier cambio de numero es esencial para que nosotros contactemos a alguin en caso de una emergencia. En la tarjeta de emergencia tambien encontraran informacion adicional, como dar permiso para medicacion, todo se explica atras de la tarjeta y tambien para asistir a su estudiante.

La salud es necesario para exito academico y la nutricion es vital para sentirse bien y para alcanzar el maximo rendimiento. Los estudiantes que no comen o los que tienen mala nutricion no se sentiran lo mejor posible y no aprenderan tambien. Es nuestro placer de informarle que en adicon de lonche, ofrecemos el desayuno tambien. Espero en ver a su estudiante y que tengan una experencia fenomenal aqui en la escuela de Golden West. Si tiene preguntas porfavor de comunicarse conmigo.

Sinceramente,  
Gina De la fuenteRN  
Credentialed School Nurse

gedelafuente@vusd.org  
559-730-7820