Jade
YOGA & WELLNESS

Jade Yoga and Wellness offers yoga and nutrition counseling. Located inside The Shops at Worthington Place, our expertly taught yoga classes offer clear instructions for all levels, ranging from beginner to advance. Our Registered Dietitian is available for one-on-one and group counseling, educating individuals based on their nutritional needs.

DISCOUNTS FOR SCHOOOL STAFF

Mention this flyer and enjoy your first yoga class **FREE***

Receive **20%** off our 10-class pass**

* Offer valid for new clients only.

** Must be purchased in store with valid employee ID.

LOCATION

Shops at Worthington Place
7227 N High St.
Worthington, OH 43085

Located inside the mall near the entrance by pies and pints

614-845-0770

Visit website for class schedule, prenatal, beginners and nutrition workshops.

www.JadeYogaandWellness.com