

MENTAL HEALTH SUPPORT THROUGH ART-BASED ACTIVITIES FOR AGES 8-12

CONNECTING THROUGH ART

A 12-session art-based mental health group designed to help kids ages 8-12 express emotions, build resilience, and connect with peers in a supportive, creative environment.

- Screening and registration are required.
- Maximum of 6 patients.
- Insurance will be billed, or self-pay is available.
- Financial aid may be available for those who qualify.

Call 775.782.1630 to schedule a screening or to register.



Every other Tuesday
4:30-5:30PM
Starts January 20, 2026



CVH Behavioral Health Clinic
1107 US Hwy 395 N, Gardnerville
2nd Floor of the Main Hospital



Facilitators
Shalini Malasingam
LMFT



Wendy Blackburn
LMFT



CARSON VALLEY  HEALTH

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