

# News From the Nurse



## WELCOME

**to Doniphan Elementary. Congratulations to you and your child starting kindergarten. We are excited to have you join our Doniphan Dolphins Family.**

**The Liberty School District believes that a healthy child is a better learner. The District, therefore, has staffed each building with a School Nurse. The nurse is here to provide a Health Services Program that enhances the learning of all students. During the school year, your child may have their vision and hearing screened. Referral will be sent home only if there are abnormal findings. Emergency care is provided for illness and injuries that may occur during the school day. Please make sure that you notify the school office if your home, work, or emergency phone numbers change so that we can contact you as necessary. The School Nurse should be aware of any health concerns or chronic health issues that your child may have. The information is confidential and will only be shared with staff as necessary.**

**Dress your child appropriately for the weather. Please plan to keep a change of clothes at school for bladder or bowel accidents. Help your child start the day well-nourished and well rested. Provide well balanced and nutritious meals. Help your child to learn their first and last name, parent/guardians names, and one parent/guardian phone number. This information helps me take care of them when they come to the health office.**



# Frequently Asked Questions



## ***Do immunizations need to be completed before Summer Adventure?***

No, but immunizations must be complete/compliant prior to the first day of the school year. In order to avoid delays, please turn in the completed immunization record as early as possible and preferably before **August 1st**. If there is a problem with the shot record, you will be notified so that corrections can be made. See Immunization requirements slide.

## ***What if my child needs to take medication at school?***

A Medication Authorization Form is required for ALL medications - even over the counter medications such as cough drops, Tylenol, Benadryl, or other creams, etc. This form can be downloaded and printed off from the LS Website. I will also gladly fax or email you the form upon request. Medications at school should be kept at a minimum whenever possible. If a medication must be administered daily, please contact me to make arrangements. Health Room staff will not administer the first dose of any medication unless it is an emergency.

## ***What happens to the information I provided on the Health Enrollment Form?***

All student health information is confidential, however, with certain health concerns, information must be shared with staff on a need-to-know basis. If information changes from the time your student was enrolled and the beginning of school, please contact the nurse.

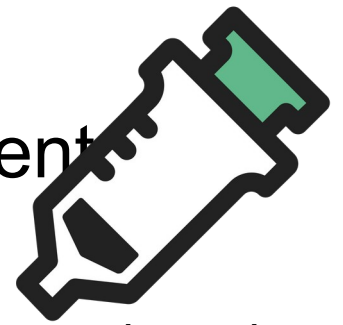
## ***What should I keep my child home for illness? Who do I notify?***

Please keep your student home if they exhibit any signs of illness (temperature of 100.0 degrees or higher, nausea, vomiting, diarrhea, significant coughing, or other signs of contagious illness). A student must be free of symptoms for 24 hours without the help of medication before returning to school. Please be sure to notify the office when your child will be absent for any reason. It is also helpful to share a basic comment (fever, strep throat, pink eye, etc.) so that trends or patterns can be identified within our Schumacher community. This information is confidential and only utilized to keep our school as healthy as possible.

## ***I need to change my emergency contact information. Who do I contact?***

Please contact the front office to make changes and update contact information. If you email any changes to your teacher, please cc the secretary [Shawn.Persell@lps53.org](mailto:Shawn.Persell@lps53.org). The office personnel are the only staff authorized to change this information in our computer system.

# Kindergarten Immunization Requirement



**All required Kindergarten vaccines may be given at the age of 4 years (on or after their 4<sup>th</sup> birthday). Students must be up to date on their immunizations before being permitted to start school.**

**If your child has had Chickenpox disease, a licensed doctor (MD or DO) must sign a written statement documenting the month and year of disease. Parental statements of disease are not acceptable documentation of disease per state law.**

**Documentation of vaccines received and immunization compliance is required in order for students to start the first day of school. We strongly encourage you to provide documentation of immunizations by **August 1<sup>st</sup>** to allow the school nurse adequate time to verify dates and compliance and prevent any delays to your student starting school on the first day.**

**Please contact your child's doctor early as the appointments for immunizations fill up quickly. The Clay County Public Health center is able to help with vaccines and offer a low cost alternative if your child's vaccines are not covered by insurance. Their phone number is (816) 595-4256.**

**Here is the link the 2024-2025 school immunization requirements.**

[\*\*2024-2025 School Immunization Requirements\*\*](#)

# Food Allergies in School

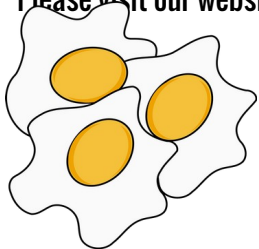
It's hard to believe that the foods most of us love to eat such as peanuts, tree nuts, milk, wheat, soy, fish, eggs, and even chocolate, fresh fruits, cinnamon-containing products and others can be deadly to other students. It is very important that all of us take food allergies seriously.

Students with severe food allergies can experience mild skin reactions to stomach upset to anaphylaxis that can be life threatening.

Prevention of a student having an accidental exposure to an allergen is our primary goal. Each school has a specific plan in place for each student with food allergies to keep them safe at school which may include emergency medications. These plans may also include an allergy controlled table/zone in the cafeteria and/or allergy controlled classrooms. Classrooms that have a student or students with life-threatening food allergies in attendance at some point during the school day will be considered an "Allergy Controlled Classroom" and will have a sign posted outside of the classroom indicating that it is allergy controlled. This means that the specific food (allergen) is not permitted in the classroom at any point during the school day.

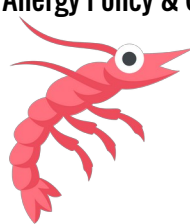
If your child has a food allergy, please contact the nurse to discuss the allergy and to obtain forms and plans which are essential in caring for your child's allergy while at school. If your child is placed in a classroom that has students with food allergies, please respect the severity of these allergies and adhere to the classroom exclusions. Your student's teacher will inform you at the beginning of the school year.

Please visit our website for more information regarding Liberty Public Schools Life Threatening Allergy Policy & Guidelines and Forms.



[Severe Allergy Policy and Procedure Handbook](#)

[Health Services / Health Forms](#)



# Medications at School

Please try to give any medications at home. There may be times, however, when your child may need to take medication at school.

You can find the District Medication Administration Policy with the link below.

## Medication Administration Policy

All medications, including cough drops, ointments, etc., must be kept with the School Nurse in the Health Room.

The nurse must have the signed district permission form for the school nurse to administer any medications.

You can find this form using the link below. The nurse cannot accept a note from you, the parent/guardian, as permission.

Please note that cough drops are considered a medication and are discouraged from being brought to school. Not only do they are a choking hazard, but they require the student to remain in the nurse's office until they have finished the cough drop which causes them to miss valuable instructional time.

The health office does have dissolvable peppermints available if needed for a cough or scratchy throat.

If your child is on a medication that needs to be taken at school, please talk to the School Nurse.

## Medication Administration Form



# Health Office Contact Information

Bridget Lester, BSN RN

Office phone: 816-736-5404

Fax: 816-736-5403

Email: [bridget.lester@lps53.org](mailto:bridget.lester@lps53.org)

Hours: Regular School Days 8:30-3:45

Check out my webpage on the LS Website: [Alexander Doniphan Health page](#)