

Student Nutrition Local Wellness Policy Review Meeting Agenda

10/31/2025 1:00-2:00 PM
DAO- PD Training Room

Agenda Items	Submitted by
<p>Introduction to committee & committee members</p> <p>Committee review proposed mission statement:</p> <p>Mission Statement: The Yuma Union High School District Wellness Program is committed to promoting the health, well-being, and academic success of all students and staff. Through balanced nutrition, physical activity, mental health support, and community partnerships, we aim to create a supportive environment where every student is college, career, and community prepared.</p>	
<p>Review current YUHSD#70 Local Wellness Initiative</p> <ul style="list-style-type: none">● YUHSD Wellness Initiative: YUHSD Wellness Initiative<ul style="list-style-type: none">○ Review sections<ul style="list-style-type: none">■ additions/subtractions○ Updated with new district policies & procedures○ Ingredient Ban - Arizona Healthy Schools Act: HB2164<ul style="list-style-type: none">■ School operated vending machines■ Fundraisers during school day<ul style="list-style-type: none">● Dye ban Goes affect into 26/27● Closed snack bar due dye restrictions● Pop tarts and manufacturers have changed their recipes to change and to add things back in.● Competitive foods – all guidelines need to be followed according to the ars 15-242<ul style="list-style-type: none">○ If we have a campus Monday schedule on a Wednesday does that count for the	

time frame. 30 min after school As long as you submit your form and its document your form though ADE.

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○ What else ?

- “Are we on the right path?”
- Suggested “Through balanced nutrition, physical activity, mental health support, and community partnerships” Why is this in our initiative if this is in our initiative we change our wording on the mission statement to match the assessments?

○ Committee Goals-

- Other varieties of fruit in morning and at lunch
- Salad bar? Cost, portion control,
- Nutrition wellness, involved in classroom- health in classroom? Partner with the Yuma county health department. Reaching out to the county to see if there is anything. Has the district ever done a wellness fair or a health fair?
- Do you have contact with other contacts with other districts in the region?
- Go through activity office use students at schools to promote new items at schools to get pictures and videos
- Maybe give out samples of new recipes
- Have committee come in and sample new recipes
- Have presamples the day before to give hype to get students in “pozole” to give it out on the line.

○

- Triennial review- current assessments 24-25, 25-26 & 26-27
 - Update current assessments

<ul style="list-style-type: none"> ● Next Steps <ul style="list-style-type: none"> ○ Meeting frequency- ADE & USDA requires 1 meeting per school year ○ Meeting agenda & minutes uploaded to Student Nutrition webpage, along with committee members ○ School assessments for SY25-26 COMPLETED BY DECEMBER 1, 2025 <ul style="list-style-type: none"> ■ Emailed to Elena ■ Wellness tools do have an effect on us for audit ■ Community transparency everything will be on our website the state will check the website 	
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Action Request	Assigned To	Follow-Up/Due Date
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