

# PISD

## School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, February 10, 2026 @ 6:00 - 7:00

Debra	Nash
Kayla	Walling
Amber	Evans
Hallie	Mendez
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain
Sara	Trammell
Billiejo	Adams
Allison	Gonzalez
Katie	Aldridge
Cindy	Smith

## Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 2/3/2026	5 min
WAC	Old Business - <ol style="list-style-type: none"><li>Lori Tashler from BasePoint Academy shared information about their services and how they partner with PISD.</li><li>Elementary Counseling Curriculum<ol style="list-style-type: none"><li>Currently campuses are using Character Strong, which has been in place for the last 5 years</li><li>Counselors are seeking SHAC Recommendation, which can then be taken to the Board</li></ol></li></ol>	10 min

	<ul style="list-style-type: none"> <li>c. Requested change is to move to Changemakers (Momentous Institute) <ul style="list-style-type: none"> <li>i. First look at curriculum outline</li> </ul> </li> <li>d. Reasons for change were discussed <ul style="list-style-type: none"> <li>i. As the needs of students are changing, counselors need more tools to work with students that need support for Executive Functioning Skills</li> <li>ii. Proposed program is also more cost effective for the district in that it is a one time cost for each campus rather than an on-going yearly subscription</li> </ul> </li> </ul> <p>3. District Updates</p> <ul style="list-style-type: none"> <li>a. Health Services - Vision and hearing screenings continue / Flu cases appear to be lessening</li> <li>b. Nutrition Services - Introduction of entree salads at all secondary campuses, which has been very successful / Introduction of share carts that decrease the amount of food waste</li> <li>c. Counseling Services - Counselor Appreciation Week was last week and Counselors were celebrated across the district / Still in the Course Request process for some secondary grade levels for the 26-27 school year</li> </ul>	
All	<p>New Business -</p> <ul style="list-style-type: none"> <li>1. Elementary Counseling Curriculum <ul style="list-style-type: none"> <li>a. Second Look at curriculum</li> <li>b. Curriculum documents were sent both hard copy and electronically to group so that they might review prior to 2nd public meeting</li> <li>c. Any questions?</li> </ul> </li> <li>2. SHAC Calendar for the 2026-27 school year <ul style="list-style-type: none"> <li>a. Any suggestions or alternatives that need to be considered?</li> </ul> </li> <li>3. District Updates <ul style="list-style-type: none"> <li>a. Health Services</li> <li>b. Nutrition Services</li> <li>c. Counseling Services</li> </ul> </li> </ul>	32 min
WAC	<p>Announcements -</p> <ul style="list-style-type: none"> <li>• Next Meeting - TBD for the 2026-27 school year</li> </ul>	2 min
WAC	<p>Adjournment</p> <ul style="list-style-type: none"> <li>• Time Started - pm</li> <li>• Time Stopped - pm</li> </ul>	1 min

## Action / Future Items

Owner	Description	Date Due
All	Research on other topics for Parent Information Nights	TBD

## Minutes

<p>Call to Order at: 6:00 pm Recording Started at: 6:00 pm</p>
<p>Roll Call /Introduction of any new attendees</p> <ul style="list-style-type: none"> <li>● Debra Nash</li> <li>● Maria Stiney</li> <li>● Amber Evans</li> <li>● Allison Gonzalez</li> <li>● Kayla Walling</li> <li>● Billie Joe Adams</li> <li>● Cindy Smith</li> <li>● Raquel Pastrana</li> <li>● Wendy Cain</li> </ul>
<p>Approval of Previous Minutes of 2/13/2026 meeting Previous Meeting Minutes: Read by Wendy Cain Motion made by: Kayla Walling , Seconded by: Allison Gonzalez</p>
<p>Old Business -</p> <ol style="list-style-type: none"> <li>1) Old business was discussed               <ol style="list-style-type: none"> <li>a) BasePoint</li> <li>b) New Curriculum for Elementary called Changemakers for SEL</li> <li>c) Health / Nutrition / Counseling updates shared</li> </ol> </li> </ol> <p>District Updates:</p> <ol style="list-style-type: none"> <li>A) Health Services</li> <li>B) Nutrition Services</li> <li>C) Counseling Services</li> </ol>

New Business:

- A) Second review of proposed Elementary School Counseling Curriculum - Changemakers from the Momentous Institute - One time fee / small cost if anything is needed to be updated - Our younger students are needing more trauma focused help / de-escalation & coping with big emotions - Executive functioning skill development - Based more on Maslow's hierarchy of needs - Safe Relationships -> Self Regulation -> Awareness of Self -> Understanding Others -> Changemaker
  - a) Example of lesson - what families will see - both English & Spanish
  - b) One concern - DEI is no longer allowed to be discussed / taught - they have an equity lens for this program - They will take out this component - will be rewriting curriculum to address this state law change
  - c) This program will help with fidelity / consistency across the district for character ed / SEL - This program will also come and train our counselors
  - d) Cindy & Billie Joe shared what they liked about the program.
  - e) Formal Approval of SHAC Recommendation to take this program to the board
- B) SHAC Calendar for 26-27
  - a) We will need to do the Tri-annual assessment for nutrition next year
  - b) Keep the same schedule for next school year
- B) District Updates:
  - a) Health Services - still in middle of vision / hearing / scoliosis screenings - more fevers are being seen in clinics
  - b) Nutrition Services - no changes from last week
  - c) Counseling Services - looking forward to bullying prevention tool kit - common language - "Bullying Prevention" not "Anti-Bullying"; not calling a person a "Bully" but identifying a person as a person who is engaging in bullying behavior;
    - i) Coat Drive ended & Trusted World is coming to pick up tomorrow

Announcements - Next meeting TBD for the 2026-27 school year

- Hybrid format

Adjournment at: 6:34 pm