



BURY
GRAMMAR SCHOOL

Relationships and Sex Education Policy

Date Approved: September 2022
Last reviewed: August 2025
Review Date: September 2026
Author: Senior Teacher Inclusion
This policy is for Bury Grammar School

This policy is a working document which provides guidance and information on aspects of RSE within BGS for staff, parents / carers and governors. Other related policies and documents include: PSHEE Policy, Anti-Bullying Policy, Online Safety Policy, Behaviour Policy, Equal Opportunities Policy, Equality, Diversity and Inclusion Policy and Safeguarding Policy.

It has been produced with reference to the DfE Guidance on Relationships and Sex Education and Health Education (2020 and 2025), QCA Guidelines and the PSHE Association. It has been written by the Head of PSHEE with consultation by the Senior Leadership Team.

This policy is available to parents / carers on the school website.

1) Introduction

Relationships and Sex Education (RSE) is lifelong learning about physical, moral and emotional development.

Relationships Education teaches the fundamental building blocks of positive relationships, focusing on friendships, family relationships and relationships with other peers and adults.

Sex Education is high quality teaching and learning about a broad variety of topics related to sex and sexuality, exploring values and beliefs about those topics and gaining the skills that are needed to navigate relationships and manage one's own sexual health.

Relationships and Sex Education has three main elements:

a) Attitudes and values

- Learning the importance of values and individual conscience and moral considerations.
- Learning the value of stable and loving relationships for the nurture of children.
- Learning the value of respect, love, and care.
- Exploring, considering, and understanding moral dilemmas.
- Developing critical thinking as part of decision-making.

b) Personal and social skills

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on an understanding of difference and with an absence of prejudice.
- Developing an appreciation of the consequences of choices made.
- Managing conflict.
- Learning how to recognise and avoid exploitation and abuse.

c) Knowledge and understanding

- Learning and understanding physical development at appropriate stages.
- Understanding human sexuality, reproduction, sexual health, gender identity, emotions and relationships.

- Learning about contraception and the range of local and national sexual health advice, contraception and support services.
- Learning the reasons for delaying sexual activity, and the benefits to be gained from such delay.
- The avoidance of unplanned pregnancy and pregnancy options.
- The avoidance of unnecessary risk.
- Recognising how to take responsibility for your own, safety, health and well-being.

2) Aims and objectives of RSE

Our aim at BGS is to:

- Help and support young people through their physical, emotional and moral development.
- Help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.
- Provide an effective RSE programme, which meets the needs of all our pupils and responds to the range of cultural and sexual diversity.
- Provide opportunities for all children to understand themselves within the wider context of physical and emotional changes.
- Equip pupils with the skills and understanding to enable them to make informed choices about their relationships.

3) Confidentiality

Staff cannot offer unconditional confidentiality. If a member of staff believes that a pupil is at risk or in danger, a referral will be made to a Designated Safeguarding Lead (DSL) who will take action as set out in the Safeguarding Policy. Pupils are made aware of this.

4) Delivery of the curriculum

Teachers will develop a supportive climate in their classroom, with clearly defined ways of working and the appropriate language to use.

Teachers are aware that views around RSE are varied. While personal views are respected, all RSE issues will be taught without bias. Topics will be presented using a variety of opinions in order to allow pupils to form their own, informed opinions but also respect others who may hold a different opinion. If a pupil displays homophobic, misogynistic, racist or extremist views, teachers will challenge the views in an age-appropriate way and record concerns on CPOMS for follow up by the Pastoral Team.

Clear ground rules will be established in PSHEE lessons. Pupils must feel confident asking questions both in lessons and around school. In most cases, pupils' questions will be answered openly and honestly. However, on occasion, pupils may ask questions that are not appropriate – e.g. questions about a teacher's personal life. Advice on using distancing strategies to depersonalise sensitive and controversial issues can be sought from the Head of PSHEE.

Both formal and informal RSE questions arising from lessons are answered according to the age and maturity of the pupil concerned. Questions do not have to be answered

directly and can be addressed individually later. Teachers must use their skill and discretion in this area and refer to the pupil's Head of Year or the DSL if they are concerned.

BGS believes that RSE should meet the needs of all pupils regardless of their developing sexuality and gender identity and be able to deal honestly and sensitively with matters of sexuality, answer questions and offer guidance and support where necessary. Bullying on grounds of gender or sexuality will not be tolerated.

5) Working with Parents and Pupils

The School seeks to work closely with parents and pupils in its delivery of RSE. This policy is available to parents / carers on the school website. This policy has been written following consultation with parents in November 2021. The School seeks the views of pupils on RSE through self-evaluation forms and focus group meetings.

Relationships Education is statutory in Primary and Senior Schools from September 2020. Parents do not have the right to withdraw their children from any part of Relationships Education.

Parents have the right to withdraw their children from all or part of Sex Education offered other than those elements contained within the National Curriculum (outlined in section 6 below). Parents will be informed of the subject content of Sex Education beyond the National Curriculum at a relevant point in the academic year. Should parents wish to exercise this right to withdraw, they should submit a request to the Head of PSHEE in writing, using the Parent Form in Appendix 1, stating the reason for choosing to withdraw their child(ren). Parents who are considering the right of withdrawal may wish to discuss the matter with the Head of PSHEE before making their decision. A record of withdrawal will be held by the Head of PSHEE and will be shared with the relevant teaching staff and members of the SLT.

A pupil who has been withdrawn from any part of Sex Education may opt back into Sex Education three terms before their 16th birthday. The Head of PSHEE will discuss this with any pupil who has been withdrawn and allow them to make their own decision. Where a pupil chooses to opt back into Sex Education, the School has a duty to provide this during a minimum of the three remaining terms. The School does not have to inform parents of a pupil's decision to opt back into Sex Education and this will be discussed with the pupil at the time of making the decision.

Where a pupil is withdrawn from Sex Education by parents, arrangements will be made by the Head of PSHEE for the pupil to work separately on a different PSHEE-related topic.

Parents may request to see RSE curriculum materials from Class Teachers or the Head of PSHEE. This can be shared via email or as printed copies. When making documents available to parents, they should acknowledge the provider's authorship and must include a statement that as a condition of access, the content should not be copied or shared further except as authorised under copyright law.

6) RSE within the Curriculum

RSE is covered in a number of subjects in the School and is mainly taught as part of the school's PSHEE programme. It is also covered in assemblies and form time.

a) Relationships Education

The topics covered are:

Years 1 & 2

- Friendships
- Families and special people
- Developing positive relationships and valuing difference

Years 3 - 6

- Developing positive relationships
- Bullying
- Loving relationships, marriage and partnerships
- Appropriate contact

Years 7-8

- Friendships
- Peer pressure
- Bullying and bystander behaviour
- Family relationships
- Marriage & partnership
- Healthy and unhealthy relationships (including online)
- Romantic relationships
- Identity
- Stereotypes
- Consent
- Positive masculinity and misogyny

Years 9-11

- Marriage and romantic relationships
- Relationship breakdown and resolving conflict
- Consent
- Bereavement
- Healthy and unhealthy relationships (including abuse in relationships)
- Stereotypes
- Prejudice-based bullying (including racist, homophobic, biphobic, transphobic, sexist, and disablist bullying)
- Family life and being a parent
- Preventing gender-based violence
- Misogyny, incel culture and masculinity
- Laws relating to domestic abuse, stalking, sexual harassment, including public sexual harassment and online sexual harassment.

Years 12 & 13

- Consent
- Healthy and unhealthy relationships

- Bullying & peer pressure
- Preparation for life after Sixth Form

b) Sex Education

Years 1-6

There is no Sex Education taught beyond the National Curriculum in the Bury Grammar School Primary Division. Pupils will learn about bodily similarities and differences between boys and girls and the names of main parts of the body in Years 1 and 2 and puberty in Year 5 as part of Health Education, and about reproduction in Years 5 and 6 in Science.

Years 7-8

Pupils in Year 7 learn about Female Genital Mutilation (FGM). In Year 8, the pupils learn about consent, the principles of a healthy sexual experience (including respect, consent and honesty), the consequences of entering into a sexual relationship and the benefits of delaying sex.

Years 9-11

- Sharing sexual and indecent images
- Contraception
- Sexually transmitted infections (STIs)
- Child Sexual Exploitation (CSE)
- Intimate relationships
- The portrayal of sex in the media, including pornography
- Fertility & routes to pregnancy
- Pregnancy options & miscarriage
- Laws relating to FGM, 'virginity testing' and hymenoplasty, rape, sexual offences, sexual abuse and exploitation, including harmful sexual behaviour

Years 12 & 13

- Making safe decisions (including contraception)
- STIs

c) RSE in the BGS curriculum

Science:

In Years 7 and 8 pupils learn about human reproduction, the menstrual cycle, pregnancy, foetal development, and puberty.

In Years 9-11 pupils learn about the human reproductive system, fertilisation, the menstrual cycle, contraception, IVF, and sexually transmitted infections (STIs). Pupils also learn about how sex is determined through inheritance.

Religious Studies:

In Year 8 pupils explore the issues surrounding abortion and apply different religious beliefs to the debate.

At GCSE level, those who opt to study Religious Studies explore several topics that deal specifically with issues connected to relationships and sex: heterosexuality, homosexuality, chastity, sex outside marriage, contraception, love, marriage, divorce and re-marriage, the sanctity of life, abortion. The pupils examine these issues in relation to Christian and Islamic notions of spirituality and ethical behaviour. Throughout, pupils are encouraged to consider their personal responses to some of the major ethical concerns that arise and to make comparisons with a variety of Christian responses.

In Sixth Form students consider pre-marital sex, extra-marital sex and homosexuality. Students examine these issues in relation to religious notions of spirituality and ethical behaviour and they apply both secular and religious ethical theories. Throughout, students are encouraged to consider their personal responses to some of the major ethical concerns that arise and to make comparisons with a variety of religious and ethical responses.

Modern Foreign Languages:

In Years 7 and 8 pupils learn to give basic information about family members and friends and give information about themselves.

In Years 9-11, pupils discuss attitudes to relationships, including marriage, divorce and separation. Pupils also discuss different types of bullying, including cyberbullying and prejudice-based bullying.

In Sixth Form, students explore different types of family structure (single-parenting, same sex marriage, etc.). They discuss generational conflicts and the influence of society on family relationships. They also learn about the influence of technology on self-worth and friendships in French speaking countries, making comparison with issues existing in the UK.

English:

In Years 7-11, pupils discuss and explore issues relating to positive relationships, family life, romantic relationships, and parenting. Pupils also discuss bullying in different forms and challenging this behaviour.

Art:

In Years 9-11, pupils explore issues related to relationships through their independent research projects, which is based on a topic of their choice.

Drama:

In Drama in Years 7-11, pupils may cover play texts or engage in devised work which explore issues relating to bullying, friendship, healthy and unhealthy relationships, the portrayal of relationships and sex in the media and types of relationships (family and romantic relationships). The GCSE exam text is based on a teenage relationship and covers issues including family and cultural pressures, sex and teen pregnancy, all of which are discussed and explore sensitively in class.

In Sixth Form, students cover two exam play texts that explore marriage, family and the position of women at key points in the 19th-20th Century. Students will also encounter further texts and live productions which focus on sex and relationships, as

well as having the option to create devised performance work on any issue they wish to explore.

Parents have no right to withdraw pupils from any part of the subject content in the subjects mentioned above.

d) Parents' right to withdraw

All pupils study and are formally assessed in Science, English and MFL. Pupils are able to opt to study Religious Studies, Art and Drama at GCSE. Parents do not have the right to withdraw their child from any part of Relationships and Sex Education that are part of the curriculum in these subjects as they are part of the formal assessment.

7) Organisation

RSE is mainly taught by the class teacher in the Primary Division in PSHEE lessons. In the Senior School and Sixth Form, RSE is mainly delivered in PSHEE lessons by Senior School teachers and the Pastoral Team. There is an on-going programme of staff development and training for all areas of PSHEE to ensure that teachers are confident and skilled in effective delivery of RSE.

The delivery of RSE is set out in the PSHEE curriculum overview (available upon request). The timing of the delivery of topics may be subject to change within an academic year to suit the needs of the pupils.

Outside speakers may also be used for RSE lessons and they will be made aware of the school's policies. The content of any work they are to deliver is also checked by the Head of PSHEE prior to delivery.

The Health Support Workers and outside agencies may also be involved with the delivery of RSE.

As in all areas of the curriculum, teachers will use a variety of teaching methods and approaches including discussion, project learning, film, video, group work, drama, and role play.

8) Assessment

There is no formal assessment in RSE, although learning and progress is assessed in various ways. Progress is determined in a single lesson or across a series of lessons through a baseline assessment and an end point assessment. There are also opportunities for pupils to assess their own learning, and peer-assess the learning of others. Teachers will also review and mark pupil work, where appropriate and provide feedback for pupils. Pupils will also have the opportunity for self-evaluation of a series of lessons to provide feedback about progress and the delivery of the lessons. Pupil feedback is used to further develop the curriculum and respond to concerns or questions. Pupils are given verbal feedback in lessons by the teacher about their work and participation.

9) Accessibility and SEND

a) Pupils with SEND

The teaching of RSE is accessible to all pupils and lessons avoid large amounts of written work, instead concentrating on discussion and the development of skills and attitudes. All pupils and their contributions are valued. Teachers should ensure that work is differentiated to support the needs of individual pupils where required. Advice about providing differentiated work can be sought from the Head of PSHEE or the SENCO.

b) Pupils requiring pastoral support

The Head of PSHEE liaises with the Pastoral Leadership Team to ensure that appropriate support is in place for individual pupils when topics covered in lessons relate to a known pastoral issue. Class teachers are informed of the support plan by the Head of PSHEE or a member of the Pastoral Leadership Team.

10) Equality

Bury Grammar School is an inclusive school where we focus on the well-being and progress of every child and where all members of our community are valued. Our curriculum takes into account and teaching the pupils about the Protected Characteristics as set out in The Equality Act (2010):

- Age
- Disability
- Gender reassignment
- Marriage and Civil Partnership
- Pregnancy and maternity
- Race
- Religion or belief
- Sex
- Sexual Orientation

The Equality Act (2010) provides a framework to support our commitment to valuing diversity, tackling discrimination, promoting equality and fostering good relationships between people. The teaching of RSE supports the School's ethos of eliminating unlawful discrimination on grounds of any of the protected characteristics and promoting equality of opportunity for all members of the School community.

It also ensures that we continue to tackle issues of disadvantage and underachievement of different groups. We recognise that these duties reflect international human rights standards as expressed in the UN Convention on the Rights of the Child, the UN Convention on the Rights of People with Disabilities, and the Human Rights Act 1998. Our approach to equality is based on the following key principles:

- All learners are of equal value.
- We recognise, respect and value difference and understand that diversity is a strength.
- We foster positive attitudes and relationships.
- We foster a shared sense of cohesion and belonging.
- We have the highest expectations of all our children.

We prepare our pupils for life in a diverse society and ensure that there are activities across the curriculum that promotes the spiritual, moral, social, and cultural development of our pupils. We teach about difference and diversity and the impact of stereotyping, prejudice and discrimination through PSHEE and RSE across the curriculum. We use materials and resources that reflect the diversity of the school, population, and local community in terms of race, gender, sexuality, gender identity and disability, avoiding stereotyping. We promote the whole school ethos and core values.

11) Dissemination, Monitoring and Evaluation

The Deputy Principal is responsible for the dissemination of the RSE policy. The Deputy Principal will also monitor the implementation of this policy.

Indicators of success of this policy are:

- Feedback from pupils about the effectiveness and usefulness of RSE in lessons using evaluation forms and pupil focus groups.
- Feedback and evaluation from staff delivering RSE in PSHEE and other subjects mentioned.

RSE Policy Issues and Updates

Date	Policy version	Summary of key change(s)
3.9.23	2	Updated RSE topics for Years 9-11
3.9.23	2	Updated to include timetabled lessons for Years 9-11
15.8.24	3	Section 6 - Updated RSE topics for Years 7-8 to include online relationships, Section 7 – Updated to reflect changes in organisation of teaching.
19.8.25	4	Section 5 – Updated to include information about parent access to RSE teaching materials. Section 6 – Updated topics for all year groups based on the new PSHEE curriculum and 2025 statutory guidance. Section 7 – Updated to reflect changes in organisation of teaching.

