

TOILET TRAINING AND DIAPERING

In the absence of developmental delay or a physical or mental disability, it is the expectation that students entering preschool, kindergarten, or other grades in the Nashua District schools be toilet trained before attending school. Trained implies that a student has bowel and bladder control, is rarely, if ever incontinent, recognizes and can indicate the need to void, and can manage self-care with little to no assistance in the bathroom.

In the event a child needs assistance with toileting or changing, every attempt will be made to maintain a discreet environment. One adult may be available to assist the student as needed with a second adult nearby. Universal precautions shall be maintained at all times when handling bodily fluids. A parent/guardian who has concerns regarding toilet training should contact their school principal or family pediatrician.

If at any time a staff member feels that the situation warrants parent/guardian attention or student dismissal, a parent/guardian contact shall be made.

Legal References:

***Legal References Disclaimer:** These references are not intended to be considered part of this policy, nor should they be taken as a comprehensive statement of the legal basis for the Board to enact this policy, nor as a complete recitation of related legal authority. Instead, they are provided as additional resources for those interested in the subject matter of the policy.*

Board Approved: 02/09/2026