



# TEXARKANA

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## Independent School District

**School Health Advisory Council (SHAC)**  
**February 4, 2026**

### **MINUTES**

The Student Health Advisory Council (SHAC) of Texarkana Independent School District met in official regular session on Wednesday, February 4, 2025, at 11am at Instructional Services Building located at 3413 Summerhill Road, Texarkana, Texas.

#### **Council Members Present**

James, Ashley  
Aubrey, Danielle  
Sirena, Bock  
Doss, Amy  
Fortenberry MD, Charles  
Hardy, David  
Harper, Brittney  
Kimbrow, Bill  
Lisko, Cami  
Luna, Liliana  
Magness, Amanda  
Murphy, Kimberly  
Payton, Kristen  
Spohn RN, Heather  
Sutton, Sharhonda  
Talley, Zanielle  
Vaughn, Shawn  
Colman, Karis  
Mayo, David  
White, Charles "Griffin"  
Wiley, Mackenzie  
Davis, Shawn  
Reynolds, Tracy  
Pennington, Catherine



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### **Meeting called to order**

Elodia Witterstaetter, Director of State and Federal Programs, called the meeting to order at 11:05 a.m. A quorum was established and the meeting began with the introduction of members of the council. Following introductions and welcome remarks by Elodia Witterstaetter. The committee was informed of the mission and purpose of the SHAC.

### **Consideration/Approval of Agenda**

It was MOVED by Karis Colman, SECONDED by Kristen Payton, "to approve the agenda as presented." MOTION CARRIED UNANIMOUSLY. Ayes 24 – Nays 0.

### **Health Services Update/Report**

Heather Spohn, Coordinator of School Health, discussed flu safety.

### **Child Nutrition Update/Report**

Shawn Davis, Director of Child Nutrition, provided upcoming events and updates.

### **Counseling Services/Mental Health Report**

Mrs. Sutton, Counseling Services, provided understanding on Texas Senate Bill 12.

### **Consideration/Approval of Next Meeting Date**

Elodia Witterstaetter, Director of State and Federal Programs, provided Texas ACE program updates.

Dates of upcoming meetings:

April 29, 2026



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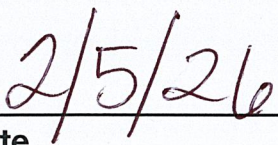
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### **Adjournment**

There being no other business to come before the School Health Advisory Council (SHAC), the meeting adjourned at 11:35 a.m.

  
District Committee Chair Signature

  
Date

**Purpose and Mission of the Council:** A local school health Advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or more classroom teachers, campus administrators, students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group may serve. See BDF (LEGAL) and EHAA(LEGAL). The council meets four times per year (twice per semester).