

# Rockford High School

March  
2026

## Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Cinnamon Cream Cheese Filled Bagel Cheerios Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>3</b> Egg & Cheese on English Muffin  Cinnamon Chex Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>4</b> Pancake on a Stick, WG  Cinnamon Toast Crunch Cereal, WG Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>5</b> Dutch Waffle Syrup  Cocoa Puffs Cereal Bowl Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>6</b> Chocolate Frosted Long John  Lucky Charms Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk
<b>9</b> Fluffy Pancakes  Cheerios Syrup Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>10</b> Bacon, Egg & Cheese on English Muffin  Cinnamon Chex Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>11</b> Breakfast Burrito  Cinnamon Toast Crunch Cereal, WG Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>12</b> Cinnamon Roll  Cocoa Puffs Cereal Bowl Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>13</b> Donut, WG  Lucky Charms Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk
<b>16</b> Brekkie, WG  Cheerios Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>17</b> Bacon, Egg & Cheese on English Muffin  Cinnamon Chex Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>18</b> Banana Chocolate Chip Snack Bread, WG  Cinnamon Toast Crunch Cereal, WG Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>19</b> Chef is Making Fresh Smoothies Fun with D&J Crackers  Cocoa Puffs Cereal Bowl Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>20</b> Chocolate Frosted Long John  Lucky Charms Cereal Graham Crackers  Fruit Selection Juice Selection Choice of Milk
<b>23</b> Mini Maple Waffles  Cheerios Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>24</b> Scrambled Egg Tri Tater Churro Cinnamon Chex Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>25</b> Mandi's Favorites  Cinnamon Toast Crunch Cereal, WG Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>26</b> Vanilla Frosted Long John  Cocoa Puffs Cereal Bowl Graham Crackers  Fruit Selection Juice Selection Choice of Milk	<b>27</b> Spring Break My Friends!!!
<b>30</b> No School	<b>31</b> Still No School	<b>1</b>		Free Student Breakfast served everyday From 730-8AM

PRICES

Student Breakfast	FREE
Adult Breakfast	\$2.50
Milk	\$.60
Ala Carte	Open

EXTRA INFO

Rockford's Spring Break is from March 27th-April 7th

HARVEST OF



OF THE MONTH

Menus and Nutrition  
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