



Matawan Regional High School  
*"Home of the Huskies"*  
Weekly Newsletter 2025-2026

## MRHS Weekly Updates

February 9, 2026

Greetings Huskies,

I hope everyone had a great weekend. Thank you to everyone that braved the frigid conditions and came out to the annual Mr. Matawan Contest on Friday night. A special thanks to all of our participants. It was another great night here at The Reg!!! Thank you for making this annual tradition a success. And the winners are....

- 2nd Runner up Lucas Rizzuto- Canero
- 1st Runner up Jeffrey Glover

and your 2026 Mr. Matawan is.....

- Noah Robinson

Congratulations once again to all!!!!

Reminder... Grades for the 2nd marking period/1st semester are currently being finalized and will be released to the Parent/Student Portal on Friday, February 12th.

Don't forget to check out our [MRHS Husky TV YouTube Channel](#) for the latest edition of **The Scoop** and **The Spork**, our daily announcements, produced from our TV Studio Production and Broadcasting Classes.

Let's Make it a Great Week!!!

Sincerely,

**Michael C. Wells**

*Principal*

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**Student Attendance Alert!!!**

## Attendance Matters!!!

Students that exceed **18 absences** in a full year course or **9 absences** in a semester class are placed in **Loss of Credit Status** and may be removed from the class. Please be sure to check the Parent Portal and reach out to your school counselor or case manager to see if you are eligible for our [Credit Recovery Program](#).



Give from the heart  
February is American Heart Month.  
DONATIONS SAVE LIVES  
Chase depended on blood during heart surgery and in recovery.

**BLOOD DRIVE**

### Ma tawan Regional High School

Sponsored by Women's Empowerment

**Friday, February 20<sup>th</sup>**

**8:30am to 1:00pm | GYM**

**Appointments Required.**

To make an appointment, scan the QR Code



**ALL students require a Parental Consent Form to donate.**

If you have additional questions or need a Parental Consent Form, please see Mrs. Longo

Seniors donate blood and receive a **Red Cord** to wear at graduation!

Please bring a photo ID and proof of age. Eat well and hydrate before donating.

Please remember to eat, drink, and bring your ID with your name and photo. Appointments are preferred however walk-ins will be welcomed if space permits. Visit [nybc.org/coronavirus](https://nybc.org/coronavirus) for COVID-19 safety protocols.



800.933.BLOOD • [nybc.org](https://nybc.org) #njbloodservices

## Spring Sports Registration

The **Spring Sports and Intramural Registration** period is now open for the **Matawan Regional High School (MRHS)** and **Matawan Aberdeen Middle School (MAMS)** Athletic Department.

All registrations must be completed through the **Genesis Parent Portal**.

Please review the attached **Updated Sports Letter for 2025–2026**, which includes full details of athletic offerings, schedules, and registration instructions. You may also access it directly at the following link: [Sports Information Document](#)

**Medical Eligibility Form Submission Instructions: All must be submitted by March 2, 2026.**

- **High School students** may submit their *Medical Eligibility Form* directly to **Nurse Godowski** during their lunch periods.
- **Middle School students** should submit their *Medical Eligibility Form* to **Nurse Saul** during their advisory periods.

Please note: Physicals dropped off after this date may not be cleared immediately and could delay your child's participation in winter sports.

### Physical Packet Requirements:

- Only the [Medical Eligibility Form](#) from the attached physical packet (effective July 1, 2024) will be accepted for clearance.

### Genesis Forms to Complete:

- Spring Sports History Update Form 2025-26
- Spring Sports Participation Form 2025-26

### Start Dates:

- **High School Spring Sports/Intramurals:** March 9, 2026  
(Baseball, Softball, Girls Flag Football, Intramural Volleyball, Boys Tennis, Outdoor Track, Weight Training, Unified/Special Olympics)
  - **Middle School Spring Sports/Intramurals:** March 9, 2026  
(Baseball, Outdoor Track, Intramural Volleyball, Softball, Unified Special Olympics)
- Tryouts will be held for MAMS Baseball and Softball teams.**

### Special Announcement – Girls Flag Football

This season will be the final year that Girls Flag Football is offered as a non-sanctioned sport. Beginning in the 2027 school year, the NJSIAA will officially sanction Girls Flag Football. Matawan Regional High School will continue to offer the Girls Flag Football program once it becomes a sanctioned sport. At that time, student-athletes will be required to choose one sport per season and will not be permitted to participate in both, in accordance with the NJSIAA strenuous sport policy. We are excited for this opportunity for our student-athletes to compete at the state level.

### Frequently Asked Questions

- **Q: My child's registration says "ineligible." What does that mean?**
- **A:** If the status says "Completed" but shows "Ineligible," it likely means the academic eligibility check has not yet been finalized. All athletes must have earned 15 credits in the previous school year to be eligible for the fall (except incoming freshmen), per NJSIAA guidelines.
- **Q: My physical appointment is after March 2nd. What should I do?**
- **A:** Please email [athletics@marsd.org](mailto:athletics@marsd.org).

### Participation Requirements

To participate in Winter Sports or Intramural, students must:

- Be registered through the Genesis Parent Portal
- Submit a Medical Eligibility Form to the school nurse
- Be cleared by the school physician

Please ensure your child has an updated physical on file. You can verify through the **Genesis Parent Portal** or by contacting the school nurse.

If you have questions, please contact the Athletic Office at 732-705-5346 or email [athletics@marsd.org](mailto:athletics@marsd.org).

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# Pre K- Kindergarten Registration



## PRESCHOOL & KINDERGARTEN REGISTRATION 2026/2027



### OUR PROGRAM

#### Locations



Preschool classrooms are offered at Cambridge Park, Lightbridge Academy, and district elementary schools.

#### Eligibility



Students must be 3 years old on or before October 1, 2026 to enter preschool and are accepted through a lottery.

#### Classes



Classes are mixed aged with 3 and 4-year olds. All classrooms use Tools of the Mind curriculum.



Preschool is free to all eligible residence of the Matawan Aberdeen Regional School District.



Busing is available for eligible students.

REGISTRATION BEGINS  
JANUARY 15TH



Students must be enrolled by March 20<sup>th</sup> to be included in the lottery.

*scan here!*

For questions or additional information, please call (732) 705-4079 or visit <https://www.marsd.org/parents-students/central-registration>



# INSCRIPCIÓN PARA PREESCOLAR Y KINDER 2026/2027



## NUESTRO PROGRAMA

### Ubicaciones



Se ofrecen clases de preescolar en Cambridge Park, Lightbridge Academy y en las escuelas primarias del distrito.



### Elegibilidad

Los estudiantes deben tener 3 años cumplidos el 1 de octubre de 2026 o antes para poder ingresar al preescolar, y la admisión se realiza mediante sorteo.



El preescolar es gratuito para todos los residentes elegibles del Distrito Escolar Regional de Matawan Aberdeen.



El transporte en autobús está disponible para los estudiantes elegibles.



### Clases

Las clases son mixtas con niños de 3 y 4 años. Todas las aulas utilizan el plan de estudios Herramientas de la Mente.

LA INSCRIPCIÓN COMIENZA  
EL 15 DE ENERO.



Los estudiantes deben estar matriculados antes del 20 de marzo para poder participar en el sorteo.

escanea  
aquí!

Para preguntas o información adicional, llame al (732) 705-4079 o visite <https://www.marsd.org/parents-students/central-registration>

## SafeNJ App

We are proud to announce our partnership with [STOPit Solutions](#), a nationally recognized leader in school safety and wellness.

Through this partnership, everyone in our school community has access to the STOPit anonymous reporting app – a powerful tool designed to deter and promptly address instances of bullying, school violence, self-harm, and inappropriate behaviors.

With the STOPit app, users can anonymously submit tips, attach photo or video evidence, and privately message school leaders with the necessary information to help everyone involved. In addition, when a student or anyone in our school community needs immediate support, the STOPit app provides direct access to Crisis Text Line. Users can anonymously text with counselors (day or night) until they feel safe and calm.

We encourage everyone in our school community to download the STOPit app.

If you haven't already done so, we kindly urge parents and guardians to download the STOPit app and become familiar with its features. This will not only enable you to guide your children in using the app but will also demonstrate our collective commitment to the safety and wellbeing of our whole school community. The STOPit app is available on the Apple App Store and Google Play Store.



Need support but not sure where to turn? SafeNJ can help without anyone knowing it's you. Keep yourself and your school safe & happy.



### HOW TO USE THE SafeNJ APP:

- 1. ASK FOR HELP**  
Get help or anonymously report concerns for others.
- 2. CRISIS TEXT LINE**  
Chat for free with a mental health counselor 24/7, privately and safely.
- 3. GET RESOURCES**  
Find clothing, shelter, food, and self-help support for homework, substance abuse, dating, sexuality, and disordered eating.

Download the **SafeNJ** App Today!

Available on the App Store | GET IT ON Google Play

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## Student Volunteer Opportunities

The Community Volunteer Opportunity Google Classroom has been set up for students looking for volunteer opportunities within the MARSD community. Whether you're looking to fulfill service hours, help our elementary schools, or simply give back, you'll find a variety of listings to sign up to give of your time. Stay connected, stay involved, and together we can make a difference!

- <https://classroom.google.com/c/NzI0MzgyMDU4NDAw>
  - Classroom code: **fcmj6wo**

## Matawan-Aberdeen Fire Departments - Volunteers Needed!!!

The Matawan & Aberdeen Fire Departments are looking for volunteers. If you are interested in becoming a career firefighter or a volunteer please [Click Here](#) to complete the interest survey and a member of the department will reach out to you with additional information.

Any Questions can be directed to Tim Clifton, Department Chief - Borough of Matawan Fire Department

201 Broad Street Matawan, NJ 07747

C 732-522-2291 F 732-231-5300

timcliftonfirechief@gmail.com

## Aberdeen Township Office of Emergency Management - Volunteers Needed!!!

The Aberdeen Township [Office of Emergency Management \(OEM\)](#) is looking for student volunteers. If you are learning more about opportunities please [Click Here](#) and a member from the OEM Team will reach out to you with more information.

## **ABERDEEN OEM VOLUNTEERS STUDENT VOLUNTEERS WANTED**

**ARE YOU READY TO STEP UP AND SUPPORT  
ABERDEEN WHEN IT MATTERS MOST—  
WHILE EARNING VOLUNTEER HOURS?**

**JOIN THE OFFICE OF EMERGENCY  
MANAGEMENT (OEM) STUDENT  
VOLUNTEER PROGRAM!**

### **WHAT YOU'LL DO:**

✓ **SUPPORT COMMUNITY EVENTS**

✓ **ASSIST DURING EMERGENCIES**

✓ **PARTICIPATE IN  
PREPAREDNESS EFFORTS**

✓ **LEND A HAND WHEREVER IT'S  
NEEDED MOST**

**NO PRIOR EXPERIENCE REQUIRED!  
TRAINING WILL BE PROVIDED.**

**YOUR TIME AND TALENTS CAN HELP MAKE A REAL DIFFERENCE IN OUR COMMUNITY**

★ **EARN VOLUNTEER HOURS FOR SCHOOL REQUIREMENTS**

★ **LETTERS OF RECOMMENDATION FOR COLLEGE & SCHOLARSHIPS.**



**IF YOU'RE INTERESTED IN MAKING A DIFFERENCE CONTACT OEM COORDINATOR**

-  Captain Craig Hausmann
-  732-583-4200 ext. 220
-  [Craig.hausmann@aberdeennj.org](mailto:Craig.hausmann@aberdeennj.org)



## **MRHS PTO - Pocketbook Bingo**

**Save the Date!!!!**

**Then there was 1!!!!** There is only 1 tables remaining for the 2nd Annual [MRHS PTO Pocketbook Bingo](#) on Saturday, February 28th. All proceeds from the event will go to support the students and staff of Matawan Regional High School. Hope to see you there!!!

- [Click here to Register](#)

*Pocketbook Bingo*

APPROVED FOR DISTRIBUTION  
Matawan Regional High School District  
*Alyssa...*  
Authorized Signature

**MRHS PTO**

MATAWAN REGIONAL H.S. CAFETERIA  
DOORS OPEN AT 5:30 WITH CALLING  
STARTING AT 7PM

**SATURDAY,  
FEBRUARY 28, 2026**

\$35 INCLUDES 10 BINGO GAMES,  
DESSERT, COFFEE, AND TEA

PRIZE FOR BEST DECORATED TABLE

\*Tables of 10\*

Registrations will be taken until capacity is met or  
2/15.

[Click to register](#)

Please send check made out to MRHS PTO, or use  
the QR code to Zelle.

QUESTIONS? REACH OUT TO  
MATAWANREGIONALHSPTO@GMAIL.COM

46 9 58

## Attendance Matters!!!

### Student Attendance Guidelines

Daily attendance is essential for the academic success and personal development of high school students. Consistent participation enhances understanding of the curriculum, fosters a sense of community, and develops important skills such as punctuality and responsibility.

Students who attend classes regularly are more likely to complete assignments, perform better academically, and build positive relationships with educators. These connections provide valuable support as students navigate their high school experience. Prioritizing daily attendance is crucial for ensuring that every student has the opportunity to thrive and succeed in their educational journey.

### MRHS Attendance Policy

To receive full credit for a high school course, a student is limited to **18 total absences** for full year courses and **9 total absences** for half year/semester based courses.

### Excused Absences Include...

- Religious observance ([N.J.A.C. 6A:32-8.3\(h\)](#))
- College visits (up to 3 days per school year for students in grades 11 and 12)
- "Take Our Children to Work Day"

- Participation in observance of Veterans Day (N.J.S.A. 18A: 36-13.2)
- The closure of a busing district that prevents a student from having transportation to the school
- Participation in district board of election membership activities.

## When to Keep your Child Home From School...

- A child with heavy cold symptoms, deep or uncontrollable coughing or significant lack of energy.
- If your child has a fever, keep them home for at least 24 hours after the fever is gone without the use of fever-reducing medicines.
- If your child has pain in their ears, throat, head or chest and can not comfortably participate in school activities.
- If your child is vomiting or has diarrhea, they must have neither for 24 hours before they can return to school.

## To Report an Absence

Complete the [Attendance Reporting Form](#) or Contact our Attendance Office:  
[mrhsattendance@marsd.org](mailto:mrhsattendance@marsd.org) 732-705-5200

## Not sure how many days your child has missed this year?

1. Login to the Genesis Parent Portal using your username and password
2. Click Attendance

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## 2025-2026 Yearbooks on Sale Now!!!

Yearbooks can be purchased through this link ([Jostens.com](#)). The same link can be used to purchase Student Recognition Ads. **The final deadline for ads is 2/8/26.**

## Candid Photos for Yearbook

If you would like to send photos taken of activities you do with your students, trips, club activities, etc, to be included in the yearbook, please [use this form](#) to submit photos. Please, no hand gestures in the pics, otherwise they will not be used (even peace signs).

# SHOW THEM HOW PROUD YOU ARE

The deadline to purchase ads is 2/8/26.

CREATE A YEARBOOK AD TODAY



## MRHS Athletics

The Winter Athletic Season is underway!!! Come on out to support your Huskies!!! Please check the [Athletics Schedule](#) for up to date information on the fall sports season. We are looking forward to a great fall season.

### Hudl TV – Fan Page

All MRHS Upper Gym athletic events will now be live-streamed – **no subscription needed** – on our Hudl TV fan page:

- <https://fan.hudl.com/usa/nj/aberdeen/organization/1837/matawan-regional-high-school>

In order to provide a safe and orderly environment at all athletic events, we ask that you review and adhere to the [Spectator Code of Conduct](#). As a reminder, all guests are expected to:

- Be Respectful & Have Fun
- Signs/ Flags are not permitted in the stands, unless approved by administration
- Artificial noise makers are not permitted - (air horns, cow bells, whistles, etc.)
- Baby powder is NOT permitted as it causes significant health concerns
- Bags & Backpacks are not permitted and are subject to being searched
- There will be no admission after the third quarter. Re-entry will not be permitted.
- Students under the age of 13 should be accompanied by an adult.
- Please keep all the cheers positive, As always, profanity is NOT permitted
  - **No Names, No Numbers, No Negativity!!!!**

# Attendance Matters.



**I am here.**

BUILDING STRONG CONNECTIONS



**Michael Wells**

Michael is using Smore to create beautiful newsletters

