



Good morning Thunderbirds, this is *(insert name here)*. Please stand for the pledge of allegiance. Salute, pledge. (Pledge is on second shelf below the phone) And now for some announcements:

- **Thunderbirds! Good morning from the cafeteria! For breakfast today, we're serving up a bacon grilled cheese sandwich. Lunch will be a loaded mashed potato bowl and garlic bread or a Ranch chicken wrap and salad!**
- **Are you interested in being on the track and field team this spring? The track team is currently having early season workouts and the first day of mandatory practice will be Monday February 23rd. If you are interested please see coach Younger in room 1202 for more details.**
- **Cheer Tryouts for the 2026/2027 school year will be March 24th-28th, you must have a Current physical & a cheer packet filled out to participate, cheer packets are available in the attendance office.**
- **Congratulations to Adalyna Medrano for being named Taco Bell Athlete of the Week! Adalyna is the sweeper and a captain for the varsity girls soccer team. She has led a strong LP defense three straight years. With her in the back they have allowed less than a goal a game against average (a school record) over that time. She is the ultimate competitor and always pushes her teammates and herself to be better. She also works hard in the classroom and has a 4.0 GPA.**
- **February is Teen Dating Violence Awareness Month, and tomorrow during lunch we're teaming up with Catalyst for a special event called 'Chalk About Love.' Come by the quad during lunch to write positive messages about healthy relationships, self-love, and what real respect looks like. Everyone is welcome, and all supplies will be provided!**
- **Dress up days for Homecoming for the remainder of the week:  
Today will be 2016 Tumblr Outfits.  
Thursday is going to be football jerseys.  
Friday will be class colors as well as the Homecoming Dance Battles will be taking place during lunch on Friday in the quad.**

**RECURRING LUNCH MEETINGS:**

MONDAY: BSU Club Rm 622; Monday: Gaming Club meeting tomorrow @ lunch in Room 103.

TUESDAY: Gaming Club Rm 103; The Movement Youth Christian Club in room 622.

WEDNESDAY:

THURSDAY: Asian Club Rm 1017; Art Club Meeting in Room 1505. Action Now meeting in room 631.

FRIDAY: Anime Club Rm 1500;

**Weekly Tutoring:**

Monday: Tutoring: Math in rm. 610 & 620 from 3:30-5PM; English in Rm 631 from 3:30-4:30; Science in Rm 215 3:30-4:30.

Tuesday Tutoring: Math in rm. 619 from 3:30-5; English in Rm 632 from 3:30-4:30; Science in Rm 215 from 3:30-4:30.

Wednesday: Tutoring: English in Rm 631 from 3:30-4:30;

Thursday: Math tutoring in rm. 619 from 3:30-5 and English in Rm. 632 from 3:30-4:30

Friday: