



**Monomoy Regional School District - Monomoy Regional School Committee  
Meeting Agenda for Thursday, February 12, 2026 at 7:00 PM  
Monomoy Regional High School Library, 75 Oak Street, Harwich, MA 02645**

This meeting will be broadcast to Channel 22 as well as live-streamed/recorded to the [MRSC YOUTUBE CHANNEL](#)

**AGENDA**

- A. Call to Order**
- B. Approval of Meeting Minutes**
  - i. January 29, 2026
- C. MRHS Student Representative**
- D. Public Comment:** Speakers are limited to three minutes; additional time is at the discretion of the Chairperson
- E. Reports and Discussions**
  - i. MRHS Track Field Trip to Pennsylvania for Penn Relays **VOTE REQUIRED**
  - ii. MRHS Track to Nationals in NYC
  - iii. MRHS All State Music Festival Overnight Field Trip
  - iv. Updated Subcommittee Assignments
  - v. First Reading Policy Files: File CHCA: Approval of Handbooks and Directives, File DA: Fiscal Management Goals, File DB: Annual Budget, File DBC: Budget Deadlines and Schedules, File DBD: Budget Planning, File DKC: Expense Reimbursements
  - vi. FY27 Budget Update **POTENTIAL VOTE**
  - vii. Cable Access Fund (PEG) Town Meeting Articles **VOTE REQUIRED**
  - viii. Middle School Roof Project Town Meeting Article **VOTE REQUIRED**
- F. Subcommittee, Representative, Liaison Reports**
- G. Superintendent's Report**
  - i. Recognitions
- H. Action Items -Vote Required**
  - i. MRHS Track Field Trip to Pennsylvania for Penn Relays
  - ii. FY27 Budget Update (Potential Vote)
  - iii. Cable Access Fund (PEG) Town Meeting Articles
  - iv. Middle School Roof Project Town Meeting Article
- I. Presentation of the Warrants**
- J. Adjournment**

**Authorized Posting Officer**

Roberta Simmons  
February 10, 2026



**Monomoy Regional School District - Monomoy Regional School Committee  
Meeting Agenda for Thursday, January 29, 2026 at 6:30 PM  
Monomoy Regional High School Library, 75 Oak Street, Harwich, MA 02645**

This meeting will be broadcast to Channel 22 as well as live-streamed/recorded to the [MRSC YOUTUBE CHANNEL](#)

**Members present:** Meredith Hendersson, Brad Schiff, Stephen Davol, Ryan Clarke, Jackie Zibrat-Long, Ryan Edwards, Betty Gray

**Members not present:**

**Administrators present:** Dr. Scott Carpenter, Robin Millen, Michael MacMillan, Joy Jordan, Jen Police, Karen Guillemette

**AGENDA**

**A. Call to Order**

Meredith Henderson called the meeting to order at 6:30 PM

**B. Adjourn to Executive Session: Roll Call Vote to adjourn to Executive Session pursuant to M.G.L. c. 30A, sec. 21(a)(2) to conduct contract negotiations with nonunion personnel and review Central Office job descriptions. Regular Open Session to resume at approximately 6:45 PM.**

ROLL CALL VOTE: Meredith Henderson: aye; Brad Schiff: aye; Stephen Davol: aye; Ryan Clarke: aye; Jackie Zibrat-Long: aye; Ryan Edwards: aye; Betty Gray: aye. **UNANIMOUS**, the meeting adjourns to Executive Session.

The meeting resumed at 7:23 PM.

**C. Approval of Meeting Minutes**

- i. January 15, 2026

**MOTION:** Jackie Zibrat-Long motioned to approve the January 15, 2026 meeting minutes, seconded by Betty Gray.

**UNANIMOUS: the motion passes**

**D. Public Comment:** Speakers are limited to three minutes; additional time is at the discretion of the Chairperson

None

**E. Reports and Discussions**

- i. Superintendent's Award for Academic Excellence

Each year, the Massachusetts Association of School Superintendents Award for Academic Excellence honors a Monomoy Regional High School senior who exemplifies outstanding academic achievement, leadership, and community involvement. For 2026, Thomas Chase was selected for this honor. Ranked first in his class and a potential valedictorian, Thomas is recognized not only for his exceptional academics but also for his character, humility, and kindness.

A dedicated leader, Thomas is deeply involved in engineering, robotics, and Project Lead the Way, even stepping in to teach and support classes during a teacher's absence and mentoring middle school students through a robotics program he helped create. He serves as Class President, captain of the golf and robotics teams, a Student Council officer, and an Eagle Scout. His accomplishments include numerous academic honors, leadership programs, international STEM experiences, and extensive community service.

Beyond school, Thomas has gained significant hands-on experience working as an electrical apprentice alongside his father. Above all, he is admired for his maturity, respect for others, and strong character, making him a deserving recipient of the Award for Academic Excellence and a student poised to make a positive impact on the world.

After a successful Superintendent search, the contract was negotiated and agreed upon in executive session at the January 15, 2026 meeting. In tonight's executive session, the final contract was reviewed and approved by a unanimous roll call vote.

**MOTION:** Brad Schiff motioned to approve the contract for Dr. Robin Millen as the Superintendent of the Monomoy Regional School District, seconded by Jackie Zibrat-Long.

**UNANIMOUS: the motion passes**

iii. MRHS Track Field Trip to Pennsylvania for Penn Relays

MRSD Athletic Director Karen Guillemette and Track Coach Adam Syty presented the information to the committee regarding the proposed MRHS field trip to the Penn Relays.

- 58 student athletes participated in indoor track this season.
- The trip will include boys and girls 4x100 and 4x400 relay teams.
- Coach City shared his personal experience at the Penn Relays.
  - Emphasized the competitive environment and encouragement from the crowd.
  - Highlighted the growth opportunities for athletes participating in a high-caliber event.
- Participants will not miss school as the trip is scheduled during April break.
- Positive feedback from board members on the expansion of the track program.
  - Recognition of untapped talent within the district.
  - Encouragement for athletes to continue advocating for themselves and future athletes.

The vote for the trip proposal will be at the next school committee meeting, February 12, 2026.

iv. Digital Accessibility

## Overview of Accessibility Needs

- Joy Jordan, the Monomoy Community Engagement Coordinator, emphasized the importance of accessibility in digital spaces.
- New legal requirements from the Department of Justice mandate compliance with Web Content Accessibility Guidelines (WCAG).
  - Deadlines: April 2026 for larger entities, April 2027 for smaller ones.
  - Applies to all governmental entities, including schools, libraries, and recreation departments.

## Key Changes and Implementation Strategies

- Accessibility changes will benefit all users and include tools for those with disabilities.
  - Examples of changes: closed captioning, alt text for images, and proper document structure for navigation.
  - Focus on universal design principles to enhance overall user experience.
- Current digital platforms are well-prepared, but ongoing adjustments will be necessary.
  - Need to ensure all procurement processes validate vendor compliance with accessibility standards.

## Questions and Concerns Raised

- Discussion on compliance for existing curriculum and potential costs for new resources.
- Queries about workflow changes for school committee materials to ensure accessibility.
  - Need to transition from PDF documents to web-friendly formats for agendas and supporting documents.

## Next Steps and Action Items

- Continual learning and adaptation to new guidelines as they are clarified.
- Future meetings to focus on specific implementation challenges and solution strategies.

## Change of Legal Counsel Firm

- Marc Terry is shifting from Merrick to Stoneham, Chandler & Miller as the school district's general counsel.
- The school committee needs to vote to maintain continuity in legal representation.
  - The billing rates will remain unchanged.
  - This is primarily a procedural vote acknowledging the change of firms.

**MOTION:** Jackie Zibrat-Long motioned to continue to use Attorney Marc Terry for its legal services as he moves to the firm of Stoneman, Chandler & Miller effective February 1, 2026, seconded by Betty Gray.

**UNANIMOUS: the motion passes**

- vi. Second Reading Policy Files: File BDA: School Committee Organization, File BDB: School Committee Officers **VOTE REQUIRED**

**MOTION:** Ryan Edwards motioned to approve the policy files as presented in the packet, seconded by Betty Gray.

**UNANIMOUS: the motion passes**

- vii. FY26 Q2 Financial Report

Monomoy Business Manager, Michael Macmillan, presented the FY26 Q2 report to the committee.

## FY26 Quarter 2 Financial Report

- **Current Budget Status:** About 3.4% of the budget remains unspent, with a prediction of reaching 4.3% after moving certain salaries to grants.
- **Trends in Spending:** Spending is tighter than previous years, with increased costs in utilities and special education impacting budget requests for FY27.
- **Financial Monitoring:** Charts presented show expenditure trends, indicating potential adherence to budget forecasts for the year.

## Ongoing Projects and Initiatives

- **Middle School Construction:** Project plans are being finalized for a phased construction starting in April to minimize disruption during the school year.
- **Facilities Update:** New Facilities Director, Matt Kolva, has started and is managing immediate challenges like snow response and ongoing construction planning.
- **Food Service Feedback:** Survey has been conducted to gather feedback on cafeteria services, with plans to implement improvements based on responses.

- viii. FY27 Draft Budget Update

Monomoy Business Manager, Michael Macmillan, updated the committee on the FY27 draft budget.

## State Budget Overview

- The state's budget was released, showing a **\$40,000 decrease** in Chapter 70 funding compared to budget expectations.
- Minimum local contributions shifted slightly, favoring **Harwich** due to enrollment trends.
  - Further analysis of foundation enrollment numbers is ongoing.
  - Charter tuition and school choice figures are still pending finalization.

## Health Insurance Cost Projections

- Current projections indicate potential **cost increases of 10% to 17%** for health insurance based on GLP-1 drug coverage.
  - Consensus from the Cape Cod Municipal Health Group suggests **no coverage** for these drugs, likely resulting in a 10% increase.
  - Discussion around utilizing the group's fund balance to mitigate costs may help lower the increase to between 10% and 12%.

## Next Steps and Action Items

- Finalize analysis on charter tuition and school choice numbers in the coming days.
- Monitor the health insurance vote and discussions over the next few weeks to confirm cost projections.

### F. Subcommittee, Representative, Liaison Reports

### G. Superintendent's Report

#### i. Recognitions

Many thanks to our custodians and town DPW teams for their hard work earlier this week during the winter storm. This was a long-lasting storm, which made cleanup even more challenging, and they did a great job stepping up to the task. I also want to thank our staff, students, and families for their flexibility -- we recognize that decisions to close or delay can impact our families in a number of ways, and we are always trying to balance safety with those needs.

Next week is National School Counseling Week, so it's a great time to acknowledge the important work our counselors do, from supporting students and families to guiding academic and career planning, they are an integral part of our school community.

The College Board has announced that Monomoy Regional High School has been named to the 2025 Advanced Placement Program School Honor Roll, earning Gold distinction. The AP School Honor Roll recognizes schools whose AP programs are delivering results for students while broadening participation, and is based on criteria that reflect a commitment to increasing college-going culture, providing opportunities for students to earn college credit, and maximizing college readiness. For the Monomoy Regional High School 2025 graduating class, 72% of seniors took at least one AP Exam during high school, 43% of seniors scored a 3 or higher, and 29% of seniors took 5 or more AP exams during high school. You can read more about this honor on our website.

### H. Action Items -Vote Required

#### i. Vote on the Superintendent's Contract

**MOTION:** Brad Schiff motioned to approve the contract for Dr. Robin Millen as the Superintendent of the Monomoy Regional School District, seconded by Jackie Zibrat-Long.

**UNANIMOUS: the motion passes**

#### ii. Change of Firms for the School District's Counsel

**MOTION:** Jackie Zibrat-Long motioned to continue to use Attorney Marc Terry for its legal services as he moves to the firm of Stoneman, Chandler & Miller effective February 1, 2026, seconded by Betty Gray.

**UNANIMOUS: the motion passes**

#### iii. Second Reading Policy Files: File BDA: School Committee Organization, File BDB: School Committee Officers

**MOTION:** Ryan Edwards motioned to approve the policy files as presented in the packet, seconded by Betty Gray.

**UNANIMOUS: the motion passes**

### I. Presentation of the Warrants

Presentation of the Warrants Accounts Payable and Payroll Warrants were presented for MRSC member signatures.

### J. Adjournment

**MOTION:** Betty Gray moved to adjourn the meeting, seconded by Stephen Davol.

The meeting was adjourned at 8:08 PM.

Respectfully Submitted,  
Roberta Simmons

## **Penn Relays 2026 Proposal**

I am proposing that the boys and girls 4x100 and 4x400 relays travel to Philadelphia Pennsylvania over the April 2026 Spring Break for the prestigious Penn Relays at Franklin Field on the UPenn Campus. This is the largest High School Track Meet in the world, and would give our top performing and national qualifying athletes an opportunity to compete with the best teams in the world. It would also provide our athletes who often sacrifice traveling over breaks an opportunity to gain a cultural experience as they will see and compete with teams from many other countries. Many of our athletes are also of Jamaican Heritage, and the Penn Relays specializes in a US vs. Jamaica theme, so it would give those athletes an opportunity to strengthen a connection with their culture.

Athletes would travel to the Residence Inn Willow Grove hotel on Wednesday the 22nd of April by school van driven by me. All athletes would then travel to the meet via SEPTA train on Thursday to watch the girls compete. Friday and Saturday would be the same process for the boys' competitions. Saturday afternoon we would return to the hotel and return to Monomoy by Saturday night.

Athletes would cover the hotel cost, personal, and food expenses. The track booster club would cover the cost of registration.

As a high school athlete in Buffalo, NY, my own high school team traveled to the Penn Relays and it was a defining experience for me and helped build my love and passion for the sport. Since I've been coaching, my high school teams have competed many times at the meet and I've seen that same passion grow in them. I hope to offer this same experience to our students at Monomoy this year.

# MONOMOY REGIONAL SCHOOL DISTRICT FIELD TRIP REQUEST FORM

Coordinating Teacher: Adam Syty Teacher Cellphone Number: 716-400-4267  
 Other Teacher(s): Sophie BRZEZINSKI (coach) Grade(s): 8-12  
 School: CES  HES  MRMS  MRHS  Date(s) of Trip: 4/22-25 / 2026  
 Time of Departure: 12pm Return Time to School: 8:30pm  
 Destination: The Penn Relays (Philadelphia, PA)

\*This request must be approved by your School Nurse, Principal and Superintendent at least four weeks prior to US trips and International trips.\*

**Purpose of Trip – Include Direct Connection to Curriculum Standards:**

Competition and cultural experience. Also connected to the ~~the~~ portents of a graduate tenants of engaged citizen and the challenges of being an independent and confident learner

School Nurse Needed on Trip: Yes  No

Other accommodations needed: \_\_\_\_\_

IF Airport Travel: \_\_\_\_\_  
Please provide Airline name, flight # and arrival time

**Type of vehicle requesting (School bus 45 – 2/seat (MS/HS) or 71 @ 3/seat. Coach Bus = 54 seats)**

Motor Coach/#: \_\_\_\_\_ School Bus/#: \_\_\_\_\_ Handicap Accessible Bus: \_\_\_\_\_

Walking-No Bus: \_\_\_\_\_ School Van X

Total Number students: 10 Total Number of Teachers: \_\_\_\_\_ Total Number of Chaperones\*\*:

**\*\*Please plan on at least one (1) chaperone per group of 10 students\*\***

**\*\*CHAPERONES MUST BE CORIED by MONOMOY REGIONAL SCHOOLS\*\***

Sources of Funds (must be indicated prior to approval): School Budget  Student Fee  Grant

<p><b>Budget For Day Trips:</b> <small>(See attached) I Am driving VAN</small>                  if using the bus company: Hourly rate \$42.47. Mileage Rate \$1 per mile. Please attach Google Map directions</p> <p>_____ hours x \$42.47 = _____                  _____ miles x 2 (Round Trip) x 1 = _____</p> <p># of Buses: _____</p> <p>Total Transportation Costs: \$ _____                  Admissions Cost: \$ _____                  Total Cost: \$ _____                  Total Cost per student: \$ _____</p> <p>Please email to Faith Rushnak@frushnak@monomov.edu</p>	<p><b>For out of state and overnight trips, please attach a budget and itinerary.</b></p> <p><b>APPROVALS</b></p> <p><u>AS</u> _____ 1/14/26                  Teacher Date</p> <p><u>Gen Roh</u> _____ 1/21/26                  School Nurse Date</p> <p><u>[Signature]</u> _____                  Principal Date</p> <p><u>[Signature]</u> _____ 1/27/26                  Superintendent Date</p> <p style="text-align: center;"> <input checked="" type="checkbox"/> APPROVED      <input type="checkbox"/> NOT APPROVED                 </p>
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**Dates:**

April 23 - 25 2026 (\*HS Spring Break)

**Travel Dates:**

Depart Wednesday April 22. Return Saturday April 25th

**Competition:**

Thursday April 23rd - Girls 4x100, 4x400

Friday April 24th - Boys 4x100

Saturday April 25th - Boys 4x400

**Costs:**

Hotel Stay: \$214 per athlete

Marriot: Residence Inn - Willow Grove, PA

Meet Entry Fee: \$300 Total (Paid from Track Booster Club)

Transportation to Hotel and Back: School Van (354 Miles x 2) = 708 Miles Round Trip

Transportation to and from Penn Relays: SEPTA (Regional Rail)

Additional Food and Expenses: \$175 per Athlete

Noncompetition Day Entry Fee: \$25 / athlete

**Total Athletes Attending:**

5 Boys / 5 Girls

**Coaches Attending:**

Adam Syty

Sophie Brzezinski

**Itinerary:****Wednesday:**

Depart Monomoy on Wednesday - 12PM

Travel to Residence Inn Willow Grove, PA (~6:30 hours) - Arrive 6:30pm

Team Dinner and Trip to the Supermarket

**Thursday:**

Depart for Glenside Train Station - 6am

SEPTA Train to University City (Penn Medicine Station) - 6:30 (arrive 7:15am)

Walk to Franklin Field Team Entry area

Girls 4x100 Races (morning)

Girls 4x400 Races (afternoon)

Return to Glenside Station and Hotel  
Team Dinner

**Friday:**

Depart for Glenside Train Station - 6am  
SEPTA Train to University City (Penn Medicine Station) - 6:30 (arrive 7:15am)  
Walk to Franklin Field Team Entry area  
Boys 4x100 Races (morning)  
Watch Professional and World Races  
Return to Glenside Station and Hotel  
Team Dinner

**Saturday:**

Depart for Glenside Train Station - 7am  
SEPTA Train to University City (Penn Medicine Station) - 7:30 (arrive 8:15am)  
Walk to Franklin Field Team Entry area  
Boys 4x400 Races (morning)  
Watch Professional and World Races  
Return to Glenside Station and depart for Monomoy HS - 2pm  
Return to Monomoy HS (8:30pm)



Kathryn Francesconi <kfrancesconi@monomoy.edu>

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## Athletes for Penn Relays Trip

1 message

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Adam Syty <asyty@monomoy.edu>

Tue, Jan 20, 2026 at 12:01 PM

To: Kathryn "Katie" Francesconi <kfrancesconi@monomoy.edu>

Boys:

Nirvens Pierre  
Jon Sagesse  
Sean Needham  
Alique Brown  
Quinn Muldoon

Girls:

Alexa Ford  
Zay-Dah Thomas  
Lucy Cortese  
Varvara Conley  
Erin Guerard  
Blessing Parrent

## **Nike Nationals - Indoor Track**

The Monomoy indoor track team has had an athlete and relays qualify for the Nike Nationals in March at the Armory Track and Field Center in Washington Heights, NY. This is an elite event with high standards to qualify and will feature the top athletes in the country. Lucy Cortese, an 8th grader has qualified for the MS 400m and our boys and girls 4x200 relays have qualified as well. Our athletes, who have earned this qualification, would like to attend the meet and represent Monomoy on the national stage.

We will use a combination of Track Booster club money to pay for meet entry and student fees for the hotel stay and meals.

The trip would require us to leave Thursday March 12 in the morning and return Friday March 13th.

### **Travel Itinerary:**

#### **Thursday March 12th**

Depart School Thursday March 12th at 10:00am

The Girls will travel via parent transportation and the boys will travel with Coach Syty

Arrive at the Hyatt Place Fort Lee - 3pm

Travel to the Armory Track and Field Center - 3:30pm

Workout and Lucy competes in the 400m - 6:18pm

Return to Hyatt Place Fort Lee

Team Dinner

#### **Friday March 13th**

Depart Hotel for the Armory at 10am

Compete in the boys and girls 4x200 at 2:20pm

Depart for Monomoy HS and return by 8pm

### **Athletes Attending:**

Lucy Cortese - 400m

Boys 4x200 - Nirvens Pierre, Jon Sagesse, Sean Needham, Alique Brown

Girls 4x200 - Alexa Ford, Zay-Dah Thomas, Lucy Cortese, Varvara Conley

### **Cost:**

Hotel: \$40 per athlete

Entry Fee: \$60 per athlete

# MONOMOY REGIONAL SCHOOL DISTRICT FIELD TRIP REQUEST FORM

Coordinating Teacher: Adam Syty Teacher Cellphone Number: 716-400-4267

Other Teacher(s): \_\_\_\_\_ Grade(s): 8-12

School: CES  HES  MRMS  MRHS  Date(s) of Trip: 3/12-13 2024

Time of Departure: 10AM on 3/12 Return Time to School: 8pm on 3/13

Destination: The Armory Track and field Centre 216 Fort Washington Ave NY, NY 10032

\*This request must be approved by your School Nurse, Principal and Superintendent at least four weeks prior to US trips and international trips.\*

**Purpose of Trip – Include Direct Connection to Curriculum Standards:**

To compete at the Nike Nationals Track meet due to athlete and relay qualification.

School Nurse Needed on Trip: Yes  No

Other accommodations needed: \_\_\_\_\_

IF Airport Travel: \_\_\_\_\_

*Please provide Airline name, flight # and arrival time*

**Type of vehicle requesting (School bus 45 – 2/seat (MS/HS) or 71 @ 3/seat. Coach Bus = 54 seats)**

Motor Coach/#: \_\_\_\_\_ School Bus/#: \_\_\_\_\_ Handicap Accessible Bus: \_\_\_\_\_

Walking-No Bus: \_\_\_\_\_ School Van \_\_\_\_\_

*\*Parent transport and Coach Syty*

Total Number students: 8 Total Number of Teachers: 1 Total Number of Chaperones\*\*: \_\_\_\_\_

**\*\*Please plan on at least one (1) chaperone per group of 10 students\*\***

**\*\*CHAPERONES MUST BE CORIED BY MONOMOY REGIONAL SCHOOLS\*\***

*and Track Booster Club*

Sources of Funds (must be indicated prior to approval): School Budget  Student Fee  Grant

**Budget For Day Trips:**

*See proposal*  
If using the bus company: Hourly rate \$42.47. Mileage Rate \$1 per mile. Please attach Google Map directions

\_\_\_\_\_ hours x \$42.47 = \_\_\_\_\_

\_\_\_\_\_ miles x 2 (Round Trip) x 1 = \_\_\_\_\_

# of Buses: \_\_\_\_\_

Total Transportation Costs: \$ \_\_\_\_\_

Admissions Cost: \$ \_\_\_\_\_

Total Cost: \$ \_\_\_\_\_

Total Cost per student: \$ \_\_\_\_\_

Please email to Faith Rushnak@ frushnak@monomoy.edu

**For out of state and overnight trips, please attach a budget and itinerary.**

**APPROVALS**

Teacher *(Signature)* Date 2/9/24

School Nurse \_\_\_\_\_ Date \_\_\_\_\_

Principal \_\_\_\_\_ Date \_\_\_\_\_

Superintendent \_\_\_\_\_ Date \_\_\_\_\_

APPROVED

NOT APPROVED

Thursday Schedule ▾

## THURSDAY SCHEDULE

As of February 5, 2026

### THURSDAY TRACK

March 12

Time	Gender	Division	Event	Round
1:30 PM	Girls	Middle School	60m Dash	Semi (8 to final)
1:57 PM	Boys	Middle School	60m Dash	Semi (8 to final)
2:25 PM	Girls	Freshman	60m Dash	Semi (8 to final)
2:52 PM	Boys	Freshman	60m Dash	Semi (8 to final)
3:20 PM	Girls	Middle School	1 Mile Run	Final on Time
3:48 PM	Boys	Middle School	1 Mile Run	Final on Time
4:16 PM	Girls	Freshman	1 Mile Run	Final on Time
4:44 PM	Boys	Freshman	1 Mile Run	Final on Time
5:12 PM	Girls	Middle School	60m Dash	Finals
5:17 PM	Boys	Middle School	60m Dash	Finals
5:22 PM	Girls	Freshman	60m Dash	Finals
5:27 PM	Boys	Freshman	60m Dash	Finals
5:32 PM	Girls	Championship	5000m Run	Final on Time
5:56 PM	Boys	Championship	5000m Run	Final on Time
6:18 PM	Girls <i>Lucy</i>	Middle School	400m Dash	Final on Time
6:45 PM	Boys	Middle School	400m Dash	Final on Time
7:12 PM	Girls	Freshman	400m Dash	Final on Time
7:39 PM	Boys	Freshman	400m Dash	Final on Time
8:06 PM	B & G	Championship	Mixed 4x400m Relay	Final on Time
8:36 PM	Girls	Emerging Elite	5000m Run	Final on Time
8:56 PM	Boys	Emerging Elite	5000m Run	Final on Time
9:13 PM	<b>DONE</b>			

### THURSDAY FIELD

12:30 PM	Girls	Middle School	Shot Put	Final
3:00 PM	Girls	Championship	Weight Throw	Final
6:00 PM	Girls	Emerging Elite	Weight Throw	Final
12:30 PM	Girls	Freshman	Long Jump (2 Pits)	Final
3:00 PM	Boys	Championship	Triple Jump	Final
4:00 PM	Boys	Emerging Elite	Triple Jump (2 Pits)	Final



Natio al 4 10:00 AM 10:00 AM 10:00 AM

HIGHLIGHTS

COVERAGE

LIVE BROADCASTS

Get RS+

Friday Schedule ▾

## FRIDAY SCHEDULE

As of November 17, 2025

### FRIDAY TRACK

March 13

Time	Gender	Division	Event	Round
9:00 AM	Girls	Championship	60m Hurdles	Pentathlon
9:08 AM	Boys	Championship	60m Hurdles	Pentathlon
9:22 AM	Girls	Emerging Elite	2 Mile Run	Final on Time
10:01 AM	Girls	Championship	4x55 Shuttle Hurdles	Finals
10:26 AM	Boys	Championship	4x55 Shuttle Hurdles	Finals
10:51 AM	Boys	Emerging Elite	2 Mile Run	Final on Time
11:24 AM	Girls	Emerging Elite	400m Dash	Final on Time
11:54 AM	Boys	Emerging Elite	400m Dash	Final on Time
12:24 PM	Girls	Championship	400m Dash	Final on Time
12:54 PM	Boys	Championship	400m Dash	Final on Time
1:24 PM	Girls	Championship	2 Mile Run	Final on Time
1:53 PM	Boys	Championship	2 Mile Run	Final on Time
2:23 PM	Girls	Emerging Elite	4x200m Relay	Final on Time
2:58 PM	Boys	Emerging Elite	4x200m Relay	Final on Time
3:33 PM	Girls	Club	4x200m Relay	Final on Time
3:56 PM	Boys	Club	4x200m Relay	Final on Time
4:19 PM	Girls	Championship	4x200m Relay	Final on Time
4:47 PM	Boys	Championship	4x200m Relay	Final on Time
5:18 PM	Girls	Championship	4xMile Relay	Final on Time
5:43 PM	Boys	Championship	4xMile Relay	Final on Time
6:05 PM	Girls	Championship	SMR (2-2-4-8)	Final on Time
6:51 PM	Boys	Championship	SMR (2-2-4-8)	Final on Time
7:35 PM	Girls	Emerging Elite	SMR (2-2-4-8)	Final on Time
8:13 PM	Boys	Emerging Elite	SMR (2-2-4-8)	Final on Time
TBD	Boys	Championship	1000m Run	Pentathlon
TBD	Girls	Championship	800m	Pentathlon
9:10 PM	<b>DONE</b>			

### FRIDAY FIELD

9:40 AM	Girls	Championship	Shot Put	Pentathlon
11:00 AM	Boys	Championship	Shot Put	Pentathlon
12:30 PM	Girls	Emerging Elite	Shot Put	Final
4:00 PM	Girls	Championship	Shot Put	Final
7:00 PM	Boys	Middle School	Shot Put	Final
9:50 AM	Boys	Championship	Long Jump	Pentathlon
11:00 AM	Girls	Championship	Long Jump	Pentathlon
1:00 PM	Boys	Middle School	Long Jump	Final
1:00 PM	Boys	Emerging Elite	Long Jump	Final
4:00 PM	Girls	Middle School	Long Jump	Final
4:00 PM	Boys	Championship	Long Jump	Final
7:00 PM	Boys	Freshman	Long Jump	Final

# MONOMOY REGIONAL SCHOOL DISTRICT FIELD TRIP REQUEST FORM

Coordinating Teacher: Rose Richard Teacher Cellphone Number: 774-212-0467  
 Other Teacher(s): \_\_\_\_\_ Grade(s): 9 & 12  
 School: CES  HES  MRMS  MRHS  Date(s) of Trip: MARCH 19-21, 2026  
 Time of Departure: 1:00 PM Return Time to School: N/A  
 Destination: Worcester, MA 65 Prescott St (HOTEL)

\*This request must be approved by your School Nurse, Principal and Superintendent at least four weeks prior to US trips and International trips.\*

\*Mechanics Hall

Purpose of Trip - Include Direct Connection to Curriculum Standards:

MA MUSIC EDUCATORS ALL-STATE  
MUSIC FESTIVAL

School Nurse Needed on Trip: Yes  No

Other accommodations needed: \_\_\_\_\_

IF Airport Travel: \_\_\_\_\_

*Please provide Airline name, flight # and arrival time*

Type of vehicle requesting (School bus 45 - 2/seat (MS/HS) or 71 @ 3/seat. Coach Bus = 54 seats)

Motor Coach/#: \_\_\_\_\_ School Bus/#: \_\_\_\_\_ Handicap Accessible Bus: \_\_\_\_\_

Walking-No Bus: \_\_\_\_\_ School Van \_\_\_\_\_ Ms Richard's

Total Number students: 2 Total Number of Teachers: 1 Total Number of Chaperones\*\*:

**\*\*Please plan on at least one (1) chaperone per group of 10 students\*\***

**\*\*CHAPERONES MUST BE CORIED by MONOMOY REGIONAL SCHOOLS\*\***

Sources of Funds (must be indicated prior to approval): School Budget  Student Fee  Grant

**Budget For Day Trips:**

If using the bus company: Hourly rate \$42.47. Mileage Rate \$1 per mile. Please attach Google Map directions

\_\_\_\_\_ hours x \$42.47 = \_\_\_\_\_

\_\_\_\_\_ miles x 2 (Round Trip) x 1 = \_\_\_\_\_

# of Buses: \_\_\_\_\_

Total Transportation Costs: \$ \_\_\_\_\_

Admissions Cost: \$ \_\_\_\_\_

Total Cost: \$ \_\_\_\_\_

Total Cost per student: \$ \_\_\_\_\_

Please email to Faith Rushnak @ frushnak@monomoy.edu

**For out of state and overnight trips, please attach a budget and itinerary.**

**APPROVALS**

Rose Richard 4 FEB 2026  
Teacher Date

[Signature] 2/5/26  
School Nurse Date

[Signature] 2/5/26  
Principal Date

[Signature] 2/15/26  
Superintendent Date

APPROVED

NOT APPROVED

Zoey MacBride

Emory Hines



**Monomoy Regional School Committee  
2025-2026  
Subcommittee, Representative and Liaison Assignments**

<p align="center"><b>Subcommittees</b></p> <p>Small group of the school committee (less than a quorum) tasked with bringing recommendations for committee action (* Chair)</p>	<p align="center"><b>Representatives</b></p> <p>A school committee member who is a member of a larger committee requiring school committee representation (i.e. Cape Cod Collaborative; Wellness Committee; etc.)</p>	<p align="center"><b>Liaisons</b></p> <p>A school committee member who is responsible for being the communication link between the MRSC and another group or committee</p>
<p align="center"><b>Superintendent Evaluation</b></p> <ol style="list-style-type: none"> <li>1. Jackie Zibrat-Long</li> <li>2. Betty Gray</li> <li>3. Ryan Edwards</li> <li>4. <b>Brett Fortin</b></li> </ol>	<p align="center"><b>Westgate Foundation</b></p> <ol style="list-style-type: none"> <li>1. Stephen Davol</li> </ol>	<p align="center"><b>Special Education PAC</b></p> <ol style="list-style-type: none"> <li>1. Meredith Henderson</li> </ol>
<p align="center"><b>Finance</b></p> <ol style="list-style-type: none"> <li>1. Jackie Zibrat-Long</li> <li>2. Brad Schiff</li> <li>3. Ryan Edwards</li> <li>4. Meredith Henderson</li> </ol>	<p align="center"><b>Sick Bank</b></p> <ol style="list-style-type: none"> <li>1. Betty Gray</li> </ol>	<p align="center"><b>Select Board &amp; Finance Committees</b></p> <p align="center"><b>(2) Chatham:</b></p> <ol style="list-style-type: none"> <li>1. Jackie Zibrat-Long</li> <li>2. Brad Schiff</li> </ol> <p align="center"><b>(2) Harwich:</b></p> <ol style="list-style-type: none"> <li>1. Meredith Henderson</li> <li>2. Ryan Clarke</li> </ol>
<p align="center"><b>Superintendent Search</b></p> <ol style="list-style-type: none"> <li>1. Betty Gray</li> <li>2. Brad Schiff</li> <li>3. Meredith Henderson</li> <li>4. Ryan Edwards</li> </ol>	<p align="center"><b>Cape Cod Collaborative</b></p> <ol style="list-style-type: none"> <li>1. Brad Schiff</li> </ol>	<p align="center"><b>Regional Agreement Working Group</b></p> <ol style="list-style-type: none"> <li>1. Brad Schiff</li> <li>2. Stephen Davol</li> <li>3. Ryan Edwards</li> <li>4. Ryan Clarke</li> </ol>
<p align="center"><b>Warrant and Payroll</b></p> <ol style="list-style-type: none"> <li>1. Jackie Zibrat-Long</li> <li>2. Brad Schiff</li> </ol>	<p align="center"><b>District Wellness Committee</b></p> <ol style="list-style-type: none"> <li>1. <b>Brett Fortin</b></li> </ol>	<p align="center"><b>Legislation</b></p> <ol style="list-style-type: none"> <li>1. Meredith Henderson</li> </ol>
<p align="center"><b>Policy Subcommittee</b></p> <ol style="list-style-type: none"> <li>1. Betty Gray</li> <li>2. Stephen Davol</li> <li>5. Ryan Edwards</li> <li>4. <b>Brett Fortin</b></li> </ol>		

**Monomoy Regional School District  
Approval of Handbooks and Directives - DRAFT**

The Principal, in consultation with the school council, shall prepare and distribute to each student a handbook setting forth the rules pertaining to conduct of students. The school council shall review the handbook each spring to consider changes in the disciplinary policy to take effect at the beginning of the next school year.

It is essential that the contents of all handbooks conform to School Committee policies. It is also important that all handbooks bearing the name of the school district or one of its schools be of a quality that reflects credit on the school department. ~~Therefore, the Committee expects handbooks requiring approval to be approved prior to publication by the Committee and/or the Superintendent.~~

~~Committee approval will be necessary for any handbooks that pertain to required standards of conduct for employees or students so that their contents may be accorded the status of Committee-approved policy or regulation.~~ The Superintendent will use their judgment as to whether other specific handbooks need Committee approval; however, all handbooks published will be made available to the Committee for informational purposes.

SOURCE: MASC - Updated 2022

LEGAL REFS.: M.G.L. 71:37H

CROSS REF.: BGD, School Committee Review of Procedures

Adopted  
Revised

Monomoy Regional School District  
Fiscal Management Goals

The quantity and quality of learning programs are directly dependent on the effective, efficient management of allocated funds. It follows that achievement of the school system's purposes can best be achieved through excellent fiscal management.

As trustee of local, state, and federal funds allocated for use in public education, the Committee will fulfill its responsibility to see that these funds are used wisely for achievement of the purposes to which they are allocated.

Because of resource limitations, there is sometimes a temptation to operate so that fiscal concerns overshadow the educational program. Recognizing this, it is essential that the District take specific action to make sure education remains central and that fiscal matters are ancillary and contribute to the educational program. This concept will be incorporated into Committee operations and into all aspects of school system management and operation.

In the District's fiscal management, it is the Committee's intent:

1. To engage in thorough advance planning, with staff and community involvement, in order to develop budgets and to guide expenditures so as to achieve the greatest educational returns and the greatest contributions to the educational program in relation to dollars expended.
2. To establish levels of funding that will provide high quality education for the students.
3. To use the best available techniques for budget development and management.
4. To provide timely and appropriate information to all staff with fiscal management responsibilities.
5. To establish maximum efficiency procedures for accounting, reporting, business, purchasing and delivery, payroll, payment of vendors and contractors, and all other areas of fiscal management.

*Adopted: March 27, 2013*

*Revised:*

## Monomoy Regional School District Annual Budget

The Committee shall prepare an annual operating and maintenance budget using accounts itemized in conformance with the chart of accounts utilized and required by the Massachusetts Department of Elementary and Secondary Education or its successor.

The Regional School District's budgetary process, and the timing of and method of appropriation of funds in regard thereto, shall be governed by the provisions of G. L. c. 71 §16(m) and c. 71 §16B and other applicable provisions of G. L. c. 71 and any special laws or regulations relating thereto.

### **Legal references:**

M.G.L. 71:16(m); 71:16B

Regional Agreement Section VII, Paragraph A and B

*Adopted: March 27, 2013*

*Revised:*

## Monomoy Regional School District Budget Deadlines and Schedules

The Committee shall prepare a budget on a fiscal year basis for the District in the following manner:

1. The District budget process shall be initiated annually on or about October 1 and shall provide opportunity for the Selectmen and Finance Committee of each member town to have input into its preparation. On or about January 15th, the Committee shall complete its proposed budget for the ensuing year. Said proposed budget shall be approved by majority vote, with at least one Committee member from each member town voting in the affirmative. Said proposed budget shall be posted in the Town Hall of each member town, shall be provided to each member town's public library, and shall be submitted to the Selectmen and Finance Committee members of each member town.
2. Said proposed budget shall contain a notice stating when and where a public hearing will be held. The public hearing shall be held in any District school building. The notice of the public hearing shall be posted in all member towns and published consistent with G.L. chapter 71, section 38N in a newspaper having general circulation in the region. Upon request of the Finance Committee and/or the Board of Selectmen of any member town, the Committee shall arrange to meet with such Finance Committee and/or Board of Selectmen for the purpose of discussing the proposed budget. Said proposed budget shall be in reasonable detail, itemized at least as follows: central administration, expenses of instruction, transportation, operation of school plant, maintenance of school plant, capital outlay, and debt and interest charges. All non-recurring expenditures shall be itemized. Enrollment, staffing, total expenditures and assessments for the past five (5) years shall be included. The Finance Committee or the Board of Selectmen of a member town may request further information.
3. Consistent with G.L. chapter 71, section 16B the Committee shall adopt by a two-thirds (2/3) vote of all its members a budget with such changes as may have resulted from conferences and/or the public hearing. Within thirty (30) days from the date on which the budget is adopted, the treasurer of the District shall certify to the treasurer of each member town that town's assessed share of such budget.
4. The budget and assessments shall be so constructed as to show debt service, transportation, operating, and capital costs. It shall also list all sources of revenue used to reduce operating costs as described in ~~Section IX~~ **the Regional Agreement**.
5. The process and the requirements for the approval or disapproval of the budget by the member towns will be consistent with the terms and conditions of chapter 71, section 16B, as well as 603 CMR section 41, et seq, as those terms and conditions may be amended.

### **Legal references:**

M.G.L. 71:16B

Regional Agreement Section VII, paragraph C

*Adopted: March 27, 2013*

*Revised:*

## Monomoy Regional School District Budget Planning

The budget for the operation of the District's schools, including payments of principal and interest on bonds and other evidence of indebtedness issued by the District, shall be apportioned to the member towns via the method set out in ~~Section IX~~ of the Regional Agreement and subject to the following definitions:

1. Budget

As defined by this document, the budget is the amount of money voted by the Committee to finance the District schools and which will be assessed to the member towns.

2. The budget shall be comprised of various costs, each as herein defined as follows:

1. "Operating costs" include all costs not included in capital costs, transportation costs, or debt service, as defined below, but operating costs include interest and principal on revenue anticipation notes. Operating costs include the net costs of evening, graduate and extension courses or any other types of courses, including vocational education programs, which are offered by the District to persons other than pupils attending a regular district school program in any of the grades K-12, inclusive.
2. "Capital costs" will include all capital outlay appearing in the 7000 DESE function codes.
3. "Transportation costs" include all costs associated with transporting the District's students to and from school.
4. "Debt service" includes all costs that are used for payment of principal and interest on bonds or other obligations issued by the District except revenue anticipation notes.

*Adopted: March 27, 2013*

*Revised:*

## Monomoy Regional School District Expense Reimbursements

~~Personnel and school department officials who incur expenses in carrying out their authorized duties will be reimbursed by the school department upon submission of a properly completed and approved voucher and any supporting receipts required by the Superintendent.~~

~~The School Committee will reimburse mandatory school travel as per contract language. In the absence of contract language, reimbursement will be at the approved Internal Revenue Service rate.~~

Wherever possible, Monomoy Regional School District staff should avoid incurring expenses on behalf of the school, the school district's preferred process is to pay for goods and supplies through the purchase order and invoice system or by using the district's procurement card.

Staff who incur expenses in carrying out their authorized duties will be reimbursed by the school district upon submission of a properly completed and approved form with required supporting receipts.

Such expenses may include meeting refreshments, postage, copying, auto mileage, conference registration fees, airplane tickets, food and beverages while at professional meetings, parking charges, tolls, taxi charges, rental cars, internet connection fees or similar incidental expenses.

Reimbursements should be made only for charges reasonably needed for the conduct of School business and not for the purpose of personal convenience.

Liquor is not a reimbursable expense under any circumstances.

### **Submission of Reimbursement Requests**

Conference and seminar attendees are strongly encouraged to pay their fees in advance in order to obtain any early registration discounts and to allow time to have the cost paid directly via the School district's regular accounts payable process.

Any expense must be approved in advance by the Superintendent or designee by submitting a Requisition and, in the case of professional development, by completing the Professional Development Leave Request Form including an estimate of the total amount of expenses.

All expenses should be submitted within 30 days of the expense being incurred.

### **Acceptable Supporting Evidence**

An original itemized receipt is required.

The receipt must state a minimum of the following:

- The provider of the service or goods
- Dates of service and / or invoice date
- Itemized list of what was purchased
- Itemized amount of what is owed

It is recognized that in rare circumstances it may not always be possible to obtain such a receipt, e.g., a "fastlane" toll. Reimbursements which are not validated with a receipt will be paid only if deemed reasonable by the Superintendent, as

per M.G.L. Ch. 41 Sec. 56. In this event, the employee would be required to complete and sign the District's Missing Receipt Affidavit.

Digital documents (e.g., PDF invoices, email confirmations) are acceptable *in lieu* of a physical original, provided they contain all the required itemized information (provider, date, itemized list, amount).

If receipt documentation is not available or it is not clear from the receipt / invoice documentation who actually paid the bill, then additional documentation, such as a charge card statement, will be required.

Monomoy Regional School District can only reimburse the individual that can be proven to have actually incurred the expense, i.e., the individual associated with the charge card used.

Monomoy Regional School District cannot legally, and will not, reimburse or pay sales tax. It can, however, pay meals and hotel/motel excise taxes.

### **Guidelines**

Mileage reimbursement for use of private vehicles will be made at the rate stipulated in the employee's contract or, if the contract does not include a rate, then at the IRS rate at the time of travel.

Mileage shall be calculated from the employee's primary work location to the destination points. Mileage to or from an employee's place of residence to work is not reimbursable. Expenses for tolls and parking shall not be included in this mileage rate, but may be submitted for reimbursement according to the provisions of this policy. Where the employee's starting point is not the employee's work location then the shorter of the two distances (the actual journey or from the primary work location to the destination) should be used for reimbursement.

A completed Expense Voucher shall be submitted as supporting documentation for the miles being reimbursed for. This form can be found on the District website.

Food and accommodation reimbursements, including tips, will not exceed the United States General Services Administration (GSA) daily per diem guidelines (M&IE Rate) for the selected (nearest) county or city in which the expense was incurred. A link to the GSA per diem rates can be found on the District website on the School Business Office webpage. Please note the lower reimbursement allowances for the first and last days of travel as well as individual meal allowances. Exceptions may be made to this policy with the express prior approval of the Superintendent in order to reduce the overall cost of the trip (e.g. paying higher accommodation costs to secure lower travel costs).

If charges for meals exceed this guideline it will be reimbursed in full, only if the meals charges were required as part of a professional meeting.

Legal references:

M.G.L. 40:5; 44:58

Adopted: March 27, 2013

Revised: