



Daily Bulletin

Tuesday, February 10th, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45

Today is Day Two of Kindness Week. Did you know that no act of kindness is ever wasted? Kindness can make the world a better place. In fact, today, **"CMS Does Not Hide From Kindness."** We hope that all of you are wearing your camouflage, black, brown, or green! First period teachers, please be sure to fill out the form that Mrs. Wells emailed to you this morning. Yesterday, it was Ms. Moreno's first period class that had the most students wearing PJs. We hope you enjoy your treats. **Today's Kindness Challenge: In each of your classes, greet your seat partners with a friendly, "Hello." Also, be sure to stop by the front office to say, "Happy Last Tuesday" to Ms. Elaine!**

Tomorrow – We are going "Crazy for Kindness" - Wear Mismatched Clothing and have Crazy Hair.

Thursday - "Kindness Makes the Heart Grow" - Wear Pink, Red, or Hearts.

Friday - "Show the Spirit of KINDNESS" - Wear CMS Spirit Gear or LOTS of Red

Today's African American History Month quote comes from Dr. Mae Jemison who was the first African American woman in space in 1992 aboard the Space Shuttle Endeavour, a physician and scientist who conducted experiments in orbit, and later became an educator, entrepreneur, and advocate for science and technology, even appearing on Star Trek. The engineer and former Nasa astronaut once said, **"Never be limited by other people's limited imaginations."**

Attention 8th Graders: Today begins your 1 on 1 meetings with your CHS Counselor. There will be a pink reminder sheet delivered to you prior to your appointment that will be held in the office. Please be on time for your appointment.

Basketball News: The playoffs are here, and our teams are ready to give their all to make it to the Championships!

Best of luck to our 6th Grade Girls Team when they travel to All Saints Day School for their 5pm game!

Our 7th Grade Girls will hit the road to take on San Benancio Middle School while the **7th Grade Boys** will play Los Arboles Middle School in Pacific Grove. Finally, the **8th Grade Boys Basketball Team** will travel to San Benancio Middle School to challenge Monte Vista in their playoff contest. **Go Cougars!**

~In other Basketball News: Morning Open Gym is cancelled this week. Mr. Nakamura will catch up with you after February Break!

Spring Sports Registration Is Now Open! If you are interested in trying out for Wrestling, Golf, Track & Field, or Tennis, you must first be registered on SportsNet. Head to our website and click on **ATHLETICS** and follow the SportsNet link. Registration will close on February 22nd, so please be sure to complete all required forms in SportsNet before the deadline. If you have any questions or need assistance with registration, please contact Ms. Bump in the office. Don't miss out—sign up today!

Kon'nichiwa! What do the bullet train, Cup o Noodles museum, an electric island, and an 8th century village all have in common? They are all places we will visit during our trip to Japan in 2027. Chat with Ms. Mayer to find out more about this non-school-sponsored trip. The meeting will be held soon. Spots are limited,

Get Ready CMS! This Friday, Mr. Loosley will be hosting Love Songs Karaoke in the Main Quad during lunch. If you have a favorite ballad that you have been hoping to sing to the entire school, be sure to sign up with Mr. Loosley during break in C9.

Film Fans: Will Ponyo & Sosuke survive the flood? Come find out in D7 today at lunch.

Today's Menus: Breakfast: Breakfast Burrito, a Pancake Bowl, and Reduced Sugar Trix

Lunch: Orange Chicken over Fried Rice, a Deluxe Cheeseburger, Turkey Club Sandwich, or a Yogurt Parfait with Granola.

Happy Birthday to: