



Gestion Activités Extra-scolaires

2025-2026



# AFTER SCHOOL ACTIVITIES

Program  
Registration fees



INTERNATIONAL  
FRENCH SCHOOL  
AMSTERDAM



**aefe**  
Agence pour  
l'enseignement français  
à l'étranger



**globeducate**  
Shaping the world

# WHY AN AFTER SCHOOL ACTIVITY?

## THRIVE

Fosters self-esteem in children and contributes to the development of their personality.

Has a positive effect on children's physical and mental development.

## LEARN

Helps to reinforce the lessons learned in class in a playful manner.

Helps children develop a variety of new skills.



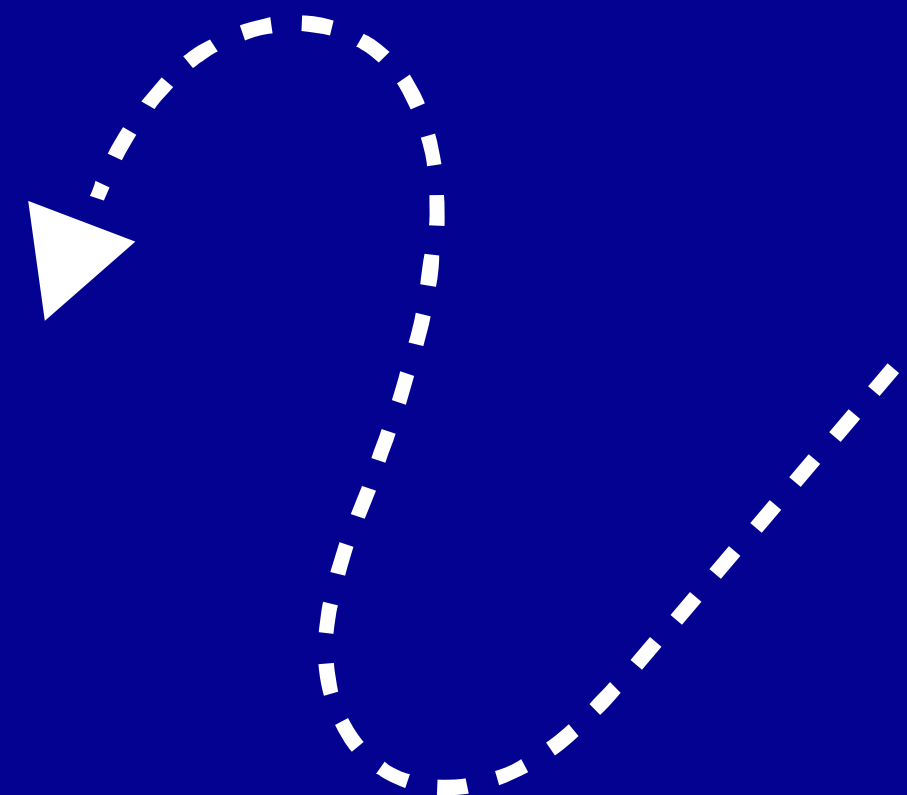
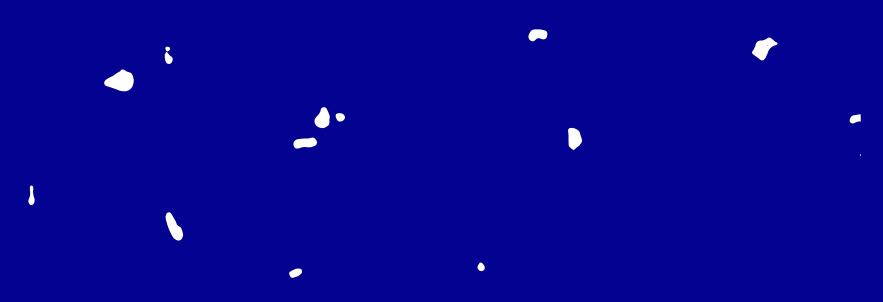
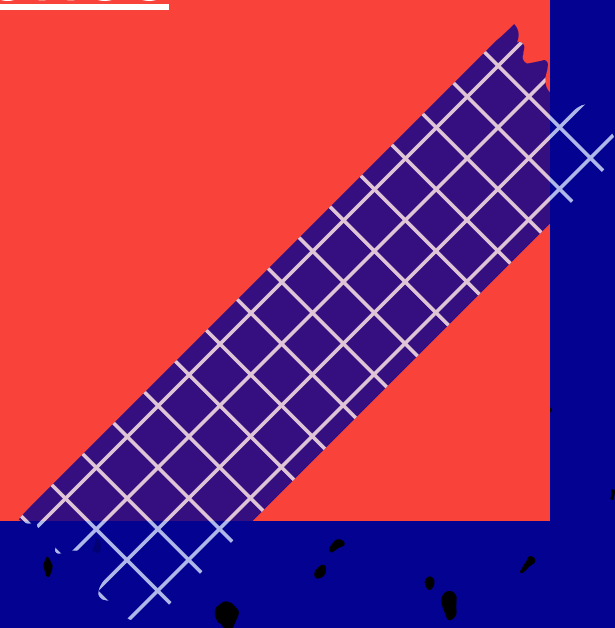
# GENERAL SUMMARY

I- Key information

II- Weekly schedule overview by level

III- Summary by type of activity

- Sports
- Living arts
- Nature & Environment
- Creative activities
- Emotional Learning & Stories
- Science & Gaming
- Digital Skills
- Language
- Academic Support





# KEY INFORMATIONS

## **Registration Opening**

Registration opens on Thursday, June 19 at 10:00 am, via Eduka (section AES).

## **Activity Period**

Activities will run from September 8, 2025, to June 26, 2026.

## **Student Supervision**

IFS staff will supervise students from the end of the school day until the start of their activities.

## **Registration Terms**

Registration is valid for the full school year (no refunds in case of cancellation).

Each activity will be confirmed if the minimum number of participants is reached.

**A spot is only confirmed once the payment is received, following the administration's information by email in few days :**

Account owner: International French School B.V

Bank name : BNP Paribas – IBAN NL91BNPA0227733851 – Swift code BNPANL2A

## **Participation Policy**

In the event of repeated disciplinary issues, the school administration reserves the right to cancel a student's registration without financial compensation.

In case of illness or absence of the activity leader, the school will do its best to arrange alternative supervision. If no solution can be found, the session may be cancelled.

## **Contact**

For any questions, please contact:

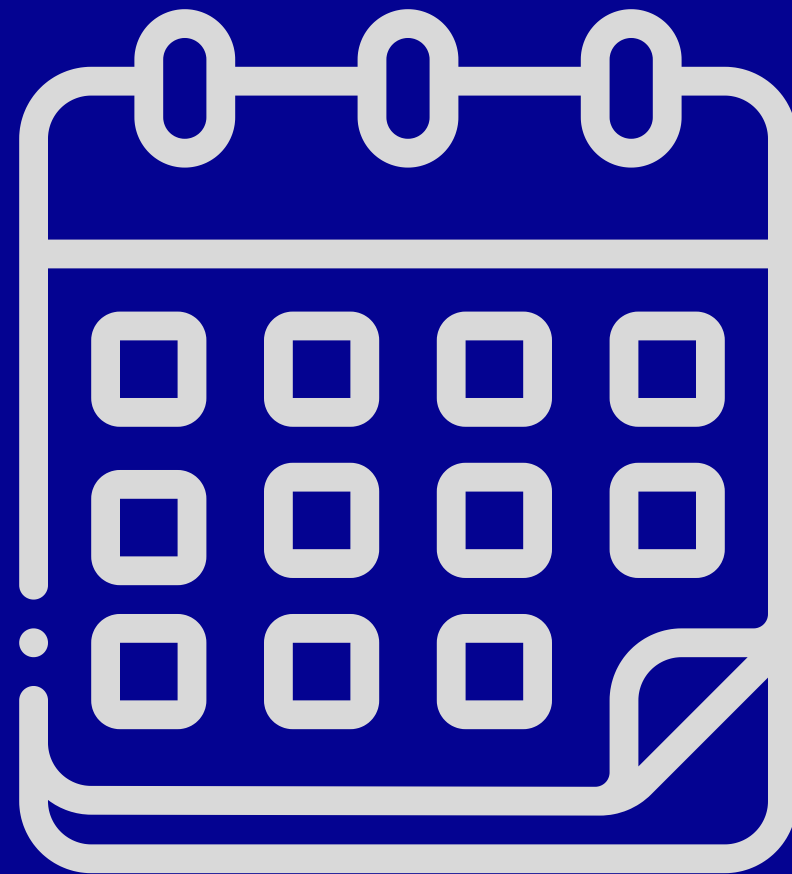
Noémie Hasson

 [admin@internationalfrenchschool.com](mailto:admin@internationalfrenchschool.com)

  +31 6 27 21 53 13



# SCHEDULE



# MATERNELLE



**LUNDI**

**MARDI**

**MERCREDI**

**JEUDI**

**VENDREDI**

**16h00-17h00**

**PS-GS**

FitNut Program  
I create - I play

**17h00-18h30**

**TPS**

Freeplay Language & motor skills

**16h00-17h00**

**MS-GS**

Mindfulness & Yoga

**17h00-18h30**

**TPS**

Freeplay Language & motor skills

**12h00-13h00**

**PS-GS**

I create - I play

**MS-GS**

Volume Architecture for the little ones

**16h00-17h00**

**PS-MS**

Around the World for Little Ones

**17h00-18h30**

**TPS**

Freeplay Language & motor skills

**16h00-17h00**

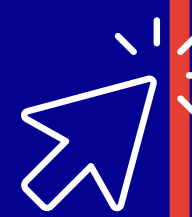
**PS-GS**

Around the Stories

**17h00-18h30**

**TPS**

Freeplay Language & motor skills



# PRIMAIRE



## LUNDI

16h00-17h00

### CE2-CM2

Board Games  
Science Club  
Coding Club

### CM1-CM2

DIY Activities

### CP-CE2

French homework

### CP-CE1

Dutch Fluency

## MARDI

16h00-17h00

### CE2-CM2

Design & Couture  
Robotics Advanced  
My Zen bubble  
Dutch Fluency  
Objects, graphics...  
Little Einsteins

### CM1-CM2

French homework & support

### CP-CE2

French homework  
Story Explorer /  
English reinforcement

### CP-CE1

FitNut Program

### CP

Mindfulness & Yoga

## MERCREDI

12h00-13h00

### CE2-CM2

Drama

### CP-CE2

Nature Mission  
Aspiring artists

### CP-CM2

Soccer club

## JEUDI

16h00-17h00

### CE2-CM2

2D-3D & digital  
Artistic creation  
Chess club  
Online Safety &  
Computer skills  
Dutch IF diploma

### CP-CE2

English: language &  
culture

### CE1-CM2

Dutch IF Diploma

### CP-CE1

Science Club

## VENDREDI

16h00-17h00

### CE1-CM2

My 1st comics book

### CE2-CM2

Basic course AI +  
Robotics

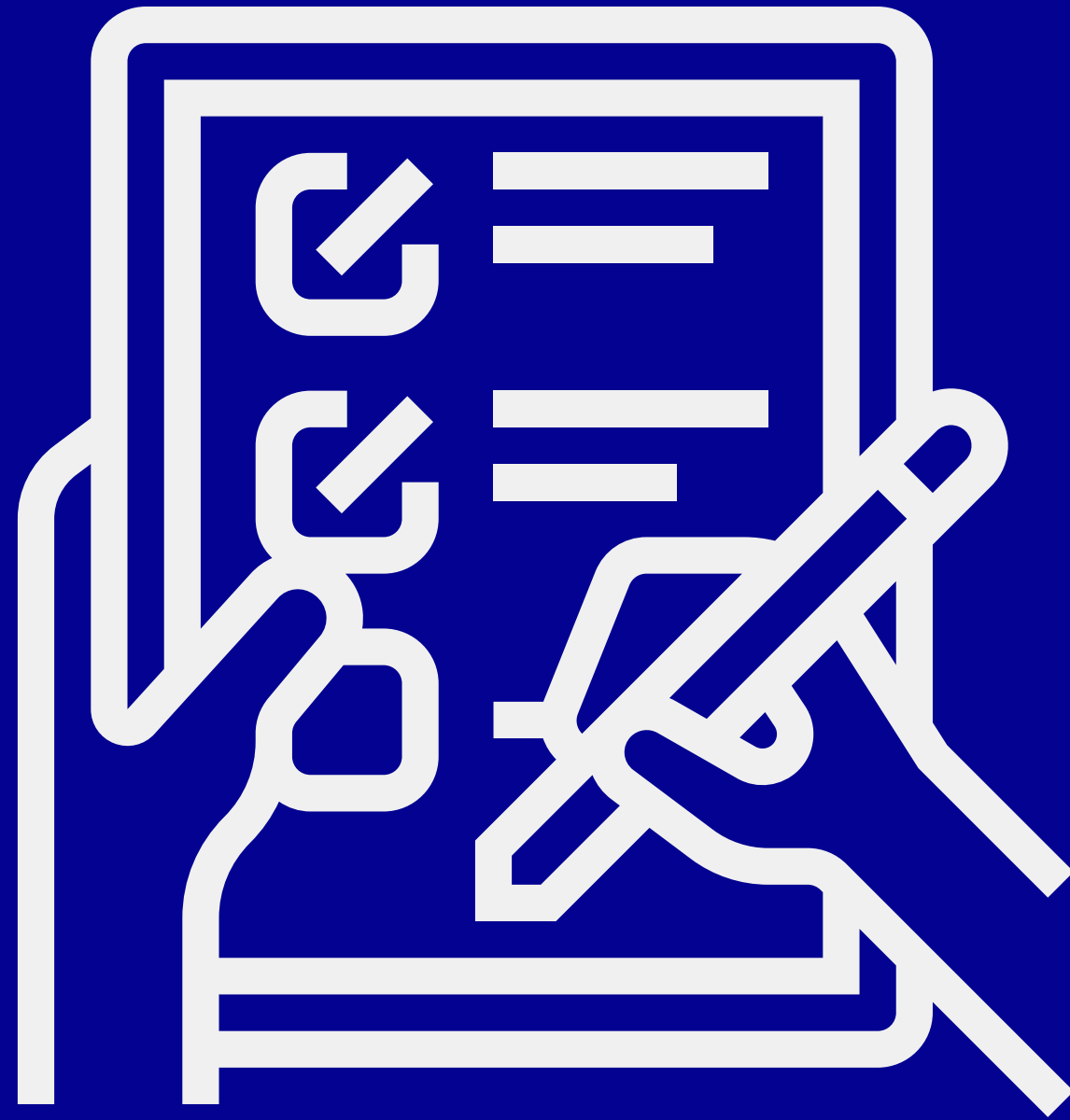
### CM1-CM2

French homework  
Touch Rugby

### CP-CM1

Capoeira

# ACTIVITIES



# Capoeira



During capoeira classes, children will develop multiple skills such as coordination, strength, flexibility, rhythm and reflexes.

Capoeira helps children develop self-confidence and acceptance of themselves and others.

Price: 405€

Classes: Friday CP-CM1

Teacher: Tigresa

Language: FR

Capacity: 9 students maximum

# FitNut



The FitNut programme consists of fun and engaging hands-on fitness and nutrition sessions designed to promote healthy habits in pupils. Throughout the FitNut programme, children experience circuit training and practical nutrition education and will have their own smoothie to drink at the end of the session.

Price: 560€

Classes: Monday PS-GS / Tuesday CP-CE2

Company: Little start fitness

Language: UK-FR

Capacity: 14 students maximum

## Mindfulness & Yoga



Fun, Movement & Relaxation! Join us for a playful and engaging yoga session designed just for kids! Through gentle movements, breathing exercises, and imaginative poses, children will explore flexibility, balance, and mindfulness in a fun and supportive environment. Perfect for fostering confidence, relaxation, and joy.

Open to all young yogis, no experience needed!

Price: 455€

Classes: Tuesday MS-CP

Teacher: Isabela Arndt

Language: UK

Capacity: 8 students maximum

## Touch Rugby



This workshop builds key skills such as passing, running technique, and teamwork through fun, game-based activities. Touch Rugby is a low-impact, non-contact sport that's fast-paced and aerobically challenging – perfect for developing fitness and game sense in a safe, supportive environment.

Price: 405€

Classes: Friday CM1-CM2

Teacher: Paul Juppet

Language: FR

Capacity: 12 students maximum

## Soccer Club



Kick off an exciting football session with SWIFT, where kids play, learn, and have fun in English and Dutch! Led by a dynamic coach, this activity builds teamwork, language skills, and sportsmanship.

The children will be picked-up from the school the the AVV Swift field.

Price: 560€

Classes: Wednesday CP-CM2

Teacher: Raymond Haloni

Language: UK-NL

Capacity: 14 students maximum

# Drama Workshop



In this course, the children will discover the art of voice, stage presence and drama through improvisation and engaging drama games.

The fun approach is designed to enhance their confidence and their imagination.

By the end of the course, a short performance will allow the children to show what they will have learned, in front of their parents.

Price: 455€

Classes: Wednesday CE2-CM2

Teacher: Camille Jauffret

Language: UK

Capacity: 12 students maximum

# Nature Mission



With Mission Nature, children become true explorers of the environment! Gardening, recycling, observing small creatures and crafting with recycled objects are all part of this fun and educational adventure. Over the course of the sessions, they discover the secrets of nature, learn to respect it and adopt eco-friendly habits... all while having fun. An enriching activity that cultivates curiosity, creativity and a desire to protect the planet, with hands in the soil and heads full of ideas!

## **Learning goals :**

- Teach children the basics of gardening
- Raise children's awareness of nature, recycling and ecology
- Understand the life cycle of plants and the roles of insects
- Learn everyday eco-friendly habits
- Develop team spirit, creativity and independence
- Encourage observation, patience and respect for living things.
- Foster an emotional and responsible connection to the environment

Price: 455€

Classes: Wednesday CP-CE2

Teacher: Audrey Vichard

Language: FR

Capacity: 13 students maximum

## 2D-3D & Digital Artistic Creation



The objective of this course is for children to be able to give shape to their imagination in a varied and fun way. Children will be encouraged to explore various fields (painting, sculpture, modeling, photography, video) and will be guided through the different stages of production. They will learn to combine materials and techniques that will allow them to enhance and personalize their artistic creations. They will thus experience the visual effects obtained by combining shapes, colors, and textures. The use of digital tools will finally allow them to animate their personal creations in the form of a story.

Price: 455€

Classes: Thursday CE2-CM2

Teacher: Magalie Tracqui

Language: FR

Capacity: 12 students maximum

## Design & Couture



In this workshop, children will learn the basics of sewing, crochet, and embroidery. Children will be able to design and create while developing their fine motor skills and logic.

Price: 455€

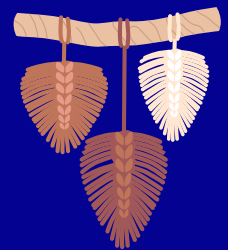
Classes: Tuesday CE2-CM2

Teacher: Margot Viemont

Language: FR

Capacity: 12 students maximum

## DIY Activities



A moment of creativity and relaxation thanks to creative leisure workshops, designed to awaken children's imagination while having fun. They will discover different artistic techniques. A great opportunity for them to develop their fine motor skills, their self-confidence and their sense of aesthetics. Making seasonal decorations (Christmas, Halloween, spring, etc.), learning knitting and crochet with the creation of adapted projects, introduction to macramé (bracelets, key rings), creating notebooks or personalized cards, bookmarks (scrapbooking, collage), modeling characters or animals in FIMO paste, painting, drawing, etc.

Price: 455€

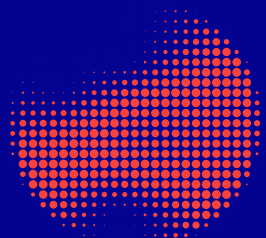
Classes: Monday CE2-CM2

Teacher: Marie Menin

Language: FR

Capacity: 12 students maximum

## Objects, graphics & space



Each session begins with the discovery of a great name in design, architecture or painting – a source of inspiration for the children. Drawing on the museum's rich collections (furniture, lighting, objects, books, etc.) and current

Price: 455€

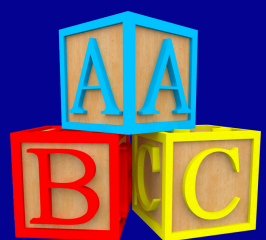
Classes: Tuesday CE2-CM2

Teacher: Camille Rousseau

Language: FR

Capacity: 8 students maximum

## Volume Architecture for the little ones



Creating volumes and spaces on their own scale.

Toddlers are invited to reinvent the world in a poetic way, exploring simple, sensitive forms. Guided step by step, they first imagine a space in drawing, then bring it to life in volume, through the creation of a model or even a life-size sculpture. By manipulating color, modeling and a variety of – sometimes unexpected – materials, they develop their imagination, sense of space and creativity, all while having fun.

Price: 455€

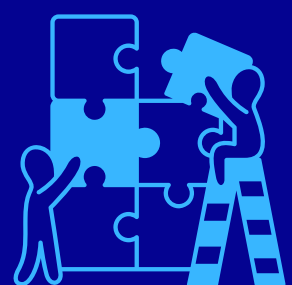
Classes: Wednesday MS-GS

Teacher: Camille Rousseau

Language: FR

Capacity: 8 students maximum

## I create I play



After-school time put to good use! In this workshop, children enjoy a variety of age-appropriate activities. It's through play that children the world around them: they experiment, discover their environment, learn to interact with their peers and develop their language skills. with their peers and develop their language skills.

We'll be doing a range of activities that will delight your children: painting, drawing, plastic arts, games, theatre...anything to have fun in French and develop their creativity and imagination!

Price: 560€

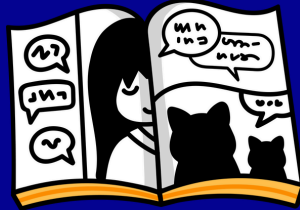
Classes: Monday & Wednesday PS-GS

Company: Alliance française amsterdam

Language: FR

Capacity: 8 students maximum

## My 1st comics book



Welcome to the world of comics, the popular ninth art form that invites us into a world of many different stories and drawing styles. Children will be able to discover the breadth of this universe as well as their own potential and talent.

This workshop will teach your child how to draw comics, and demonstrate the specificities of each style (manga, Franco-Belgian comics, American comics...), while allowing the ideas and creativity of each child to thrive.

Children will learn about:

Creating characters

- The history of comics, their influences and authors
- Drawing techniques, in practice
- Writing a script
- Different techniques, such as watercolor, Indian ink, wash, etc.
- Drawing emotions or discovering perspective.

Throughout the year, children will practise creating several comic strips. A good way of expressing themselves artistically while having fun and developing confidence in themselves and their own abilities.

Price: 560€

Classes: Friday CE1-CM2

Company: Alliance française amsterdam

Language: FR

Capacity: 14 students maximum

## Aspiring artists



Discover art in all its forms!

Painting, drawing, architecture, sculpture, calligraphy, collage, etc.

From classics to street art, your child will discover the fascinating world of visual arts: artists who have left their mark on their era, styles and movements, techniques, colors... your child will learn all there is to know!

This workshop will be mainly practical! Your child will paint, draw, color, glue, cut, etc. using different techniques and media: pencil, watercolor, India ink, charcoal, collage, pastel, paint... Children will give free rein to their imagination or try to imitate the older ones!

Price: 560€

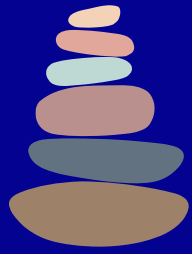
Classes: Wednesday CP-CE2

Company: Alliance française amsterdam

Language: FR

Capacity: 14 students maximum

## My Zen Bubble



My Zen Bubble is a fun and caring activity that offers children a truly regenerative break in the middle of their week. Through a gentle inner journey, they discover mindfulness in a lively and accessible way: movement games, breathing exercises, discussions about emotions, and artistic creations alternate to nourish the body, heart, and mind.

Over the course of the sessions, children learn to recognize what they are feeling, to better manage their emotions, to improve their concentration, and to cultivate lasting inner calm. They also develop their ability to listen attentively and interact with others with respect and kindness. Ma Bulle Zen is a warm and reassuring space where everyone can express themselves freely, develop their self-confidence, and leave feeling more grounded, more peaceful... and simply happier.

### **Learning goals :**

- Develop self-awareness
- Recognize and regulate emotions
- Strengthen concentration and attention
- Encourage creative and emotional expression, promote inner calm and physical relaxation

Price: 455€

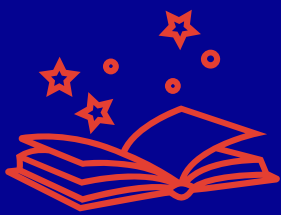
Classes: Tuesday CE2-CM2

Teacher: Audrey Vichard

Language: FR

Capacity : 12 students maximum

## Around the Stories



Around Stories is a sensory and creative adventure built around reading children's books. Each session starts with a story, and a whole world opens up to the children: they read it, act it out, transform it, move with it, draw it, listen to it, and live it!

Inspired by a holistic approach, this activity develops children's motor, emotional, social, and language skills in a caring, playful, and joyful environment.

### **Learning goals :**

- Develop language and listening comprehension through active listening, reading, rephrasing, and expressing ideas.
- Stimulate imagination and creativity through stories, play, artistic creation, and role-playing.
- Promote fine and gross motor skills through manual activities, physical play, yoga, and dance.
- Encourage the expression and management of emotions by providing a caring space for feeling, playing, and verbalizing.
- Promote socialization and group work through collective games, sharing, cooperation, and mutual aid.
- Discover simple artistic techniques (drawing, collage, modeling, etc.) to illustrate and extend stories.

Price: 405€

Classes: Friday PS-GS

Teacher: Audrey Vichard

Language: FR

Capacity: 8 students maximum

# Around the World for Little Ones



With this activity, children discover different countries and new cultures through stories, songs, games, and creative activities.

This fun journey awakens their curiosity and enriches their vocabulary while introducing them to the richness of our world. An exciting cultural adventure to broaden their horizons from an early age.

## **Learning goals :**

- Stimulate children's curiosity and open-mindedness through the discovery of global cultural diversity.
- Promote the development of oral language skills (vocabulary enrichment, listening and comprehension).
- Stimulate fine motor skills (cutting, collage, manipulation) and gross motor skills (dancing, mime, movement)
- Develop creativity and artistic expression through various manual and musical techniques.
- Encourage socialization and community living through group activities that promote listening, sharing, and participation.
- Enable children to identify a few countries and simple cultural elements (clothing, music, animals, festivals).
- Improve hand-eye coordination and the ability to reproduce simple gestures.

Price: 430€

Classes: Thursday PS-MS

Teacher: Audrey Vichard

Language: FR

Capacity: 8 students maximum

# Science Club



An energetic, hands-on science hour designed to spark curiosity after a long school day. Children explore fun experiments in biology, chemistry, ecology, and physics through age-adapted games, creative thinking, and real lab-style activities! From volcano and bath-bomb making (chemical reactions) to growing bacteria and fruit DNA extractions (cells and DNA), or slime-making (polymers), each session introduces a new theme in an engaging and playful way.

Price: 430€

Classes: Monday CE2-CM2 / Thursday CP-CE1

Teacher: Noémie Minghetti

Language: FR

Capacity: 13 students maximum

# Chess



During the Chess club hour, children will learn about the basics of chess, or if they already know the game delve deeper into tactics and strategy. By completing exercises in a workbook based on their level and playing minigames and variants of chess, kids will have a lot of fun and will learn the game together!

Price: 430€

Classes: Thursday CE2-CM2

Teacher: Alex Sleeckx

Language: UK-NL

Capacity: 13 students maximum

# Board Games



From strategy to collaboration and fun competition, children will explore an amazing world of board games.

Price: 450€

Classes: Monday CE2-CM2

Teacher: Christopher King

Language: FR

Capacity: 14 students maximum

# Little Einsteins



Creative explorations where science meets art!

This activity invites students to explore the fascinating world of physics and ecology through interactive and fun science projects.

By manipulating different textures, colors, and materials inspired by nature, children will have the opportunity to develop their creativity while discovering scientific phenomena in a fun, educational, and captivating way.

A perfect balance between learning and fun to feed their curiosity!

Price: 560€

Classes: Tuesday CE2-CM2

Company: Alliance française amsterdam

Language: FR

Capacity: 14 students maximum

## Basic AI Course + Robotics



This activity offers an introduction to artificial intelligence for children. They will learn how to use AI to create images and animations, as well as its role as a tutor and storyteller. Throughout the session, they will have the opportunity to draw and craft objects related to their learning. Children will also explore the world of robots, understanding their hardware and software components. They will learn to build simple robots and program them, first using block-based languages like Scratch and then advancing to a high-level programming language such as Python.

Price: 560€

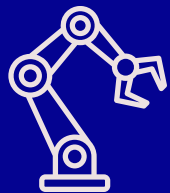
Classes: Friday CE2-CM2

Company: Smart Health and Science

Language: UK

Capacity: 14 students maximum

## Robotics Advanced Course



This activity offers an in-depth exploration of hardware and software. Children will learn how to design and build complex robots, discovering their various components and functionalities.

They will dive into advanced programming in Python, including the use of AI systems to write, debug, and launch code efficiently. Finally, they will explore specific programming languages such as C, essential for coding Arduino robots and optimizing their performance.

Price: 560€

Classes: Tuesday CE2-CM2

Company: Smart Health and Science

Language: UK

Capacity: 14 students maximum

## Online Safety & Computer Skills



Children will learn to browse securely, detect phishing risks, and protect their data with VPNs. They will understand social media ethics and how to prevent cyberbullying. They will master essential digital tools like Canva, Google Docs, Microsoft PowerPoint, and MS Word with practical tips and shortcuts.

Price: 560€

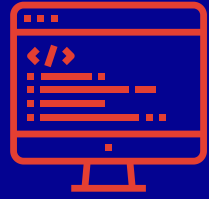
Classes: Thursday CE2-CM2

Company: Smart Health and Science

Language: UK

Capacity: 14 students maximum

# Coding



Children will gain a basic knowledge of computer programming by exploring block coding with Scratch. This coding language requires no previous knowledge and acts as the perfect platform into the world of computer literacy. Each week, children will learn key computational concepts and practices through the creation of their own animations, interactive stories and games. They will investigate fundamentals such as sequence, loops, conditionals, testing and debugging and creative problem solving.

Price: 530€

Classes: Monday CE2-CM2

Company: The science camp

Language: UK

Capacity: 14 students maximum

# Dutch Fluency



## Advanced Levels

Through fun and interactive activities, children will explore the Dutch language, improving their vocabulary, pronunciation, and communication skills. Games, songs, and engaging exercises will help them build confidence and enjoy learning in a supportive environment.

Price: 455€

Classes: Monday CP-CE1 / Tuesday CE2-CM2

Company: Zhor FRAFRI

Language: NL

Capacity: 11 students maximum

# Dutch 1F Diploma



This activity helps children build confidence and skills in Dutch as they prepare for their language certification. Through engaging exercises, interactive practice, and structured lessons, they will strengthen their vocabulary, grammar, and communication abilities. The 1F diploma certifies that a student has basic skills in Dutch language and math by the end of primary school. It ensures they can read, write, speak, and understand simple Dutch, and perform basic math needed for daily life and further education.

Price: 455€

Classes: Thursday CE1-CM2

Company: Zhor FRAFRI

Language: NL

Capacity: 11 students maximum / selected by the dutch teacher after a test in class (minimum level of Dutch required)

# Freeplay language & motor skills



Our after-school freeplay activity offers children a safe and engaging environment to enhance their language and motor skills. Through a variety of games, crafts, and team-building exercises, children can develop crucial abilities while having fun and making new friends.

Price: 685€ / Chosen day

Classes: Monday, Tuesday and/or Thursday TPS-PS

Teacher: Agathe Pons, Noémie Minghetti

Language: FR

Capacity: 16 students maximum

## Story Explorer Club/ English Reinforcement



Story Explorers Club is a fun and engaging after-school activity designed to gently strengthen your child's English skills through the magic of books and storytelling.

Each week, children dive into a new English picture book, discovering characters, places, and vocabulary in a warm and supportive environment. This club is especially ideal for all children or those learning English as an additional language.

Through stories, games, role-play, songs, and creative crafts, students build confidence and curiosity while using real English in meaningful ways. No reading level is required—only a willingness to listen, play, and participate.

Our sessions are based on positive reinforcement and joyful interaction. Children are encouraged to express themselves without fear of mistakes, helping them develop strong listening and speaking skills in a natural and playful context.

Hosted in the school library, this activity nurtures a love of reading while supporting language development and most of all, it's fun!

Price: 455€

Classes: Tuesday CP – CE2

Teacher: Klyvia Kpossa

Language: UK

Capacity: 13 students maximum

## English: Language & Culture



Fun English lessons with a C2-level English teacher. The focus will be on the culture and history of English-speaking countries (mainly the United States, as the teacher is from there). This activity is designed for children who have gaps in their English and are looking to consolidate their knowledge. Learning through play is the preferred teaching approach here.

Price: 430€

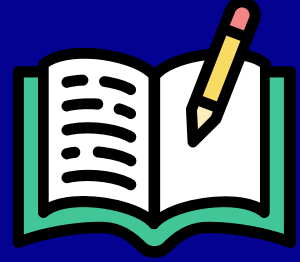
Classes: Thursday CP-CE2

Teacher: Romie Kraabel

Language: UK

Capacity: 13 students maximum

# French Homework & Support



Learn, Grow, Succeed! Need a little extra support with schoolwork? Join our fun and engaging homework help sessions, where children receive guidance in a friendly and encouraging environment. Whether it's math, reading, or writing, the learning will be enjoyable and accessible. Our approach boosts confidence, fosters independence, and helps children develop essential study skills.

Price: 455€

Classes: Monday & Tuesday CP-CE2 – Tuesday & Friday CM1-CM2

Teacher: Sophie Rannou / Christopher King / Charlotte Robin

Language: FR

Capacity: 8 students maximum