



Community Advisory Committee
November 18, 2025

Opening Procedures

- Call to Order
- Attendance and Verification of Quorum
- Review of Minutes
- Purpose and Agenda Review

Open Seats Review

Community Highlight:

Special Education Parent Advisory Committee
(SEPAC)

Sonia Sotomayor Elementary CVESD

To be rescheduled

South County District Highlights

Coronado Unified School District

Presented by Coronado



Chula Vista Elementary School District



Chula Vista Elementary School District
You're Invited!
Pupil Services Coffee Talk

Special Education families are invited to join the Chula Vista Elementary School District's Pupil Services Department for an upcoming Coffee Talk! This event is a chance to share conversations, ask questions, and strengthen the partnership between families and the district. Together, we'll build connections and exchange ideas in a welcoming space designed to support your student's success.

Coffee Talk Sessions:

- Thursday, October 16, 2025, from 9-10 a.m. in Board Room
- Thursday, February 5, 2026, from 9-10 a.m. in Board Room
- Friday, May 1, 2026, from 9-10 a.m. in Room C

Food will be provided for all sessions.
All sessions will be held at the district office,
located at 84 East J Street in Chula Vista.

Questions? Contact Eliza Picazo at Elizama.Picazo@cvesd.org

Learn more at cvesd.org

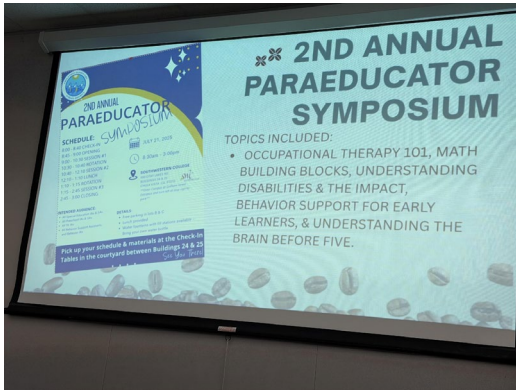
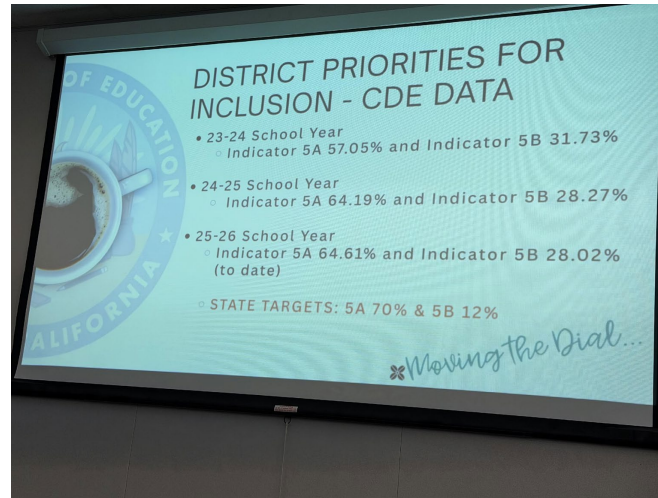
84 East J Street Chula Vista, CA 91910 • (619) 425-9600



Chula Vista Elementary School District

Information on the Paraeducator Symposium



Inclusion Data

+ CVESD CAC shared
information on the CAC
and upcoming meetings



Training Plan

Chula Vista Elementary School District



Chula Vista Elementary School District

You, Me, & Your Student's IEP

Families are invited to meet the Chula Vista Elementary School District's Special Education staff for an informative and engaging session! This event is an opportunity to ask questions about your student's Individualized Education Program (IEP), gain valuable insights, and discover helpful community resources. Join us to connect with staff and discover ways to support your student's journey.

Sessions:

Thursday, November 6, 2025
5:30-7 p.m.
Greg Rogers Elementary (510 E Naples Street)

Thursday, January 22, 2026
9-10:30 a.m.
CVESD District Office (84 East J Street)

Tuesday, April 28, 2026
3:30-5 p.m.
Sonia Sotomayor Elementary
(1790 Santa Christina Avenue)



Food and childcare will be provided for all sessions.

Questions? Contact Eliza Picazo at Elizama.Picazo@cvesd.org

Learn more at cvesd.org

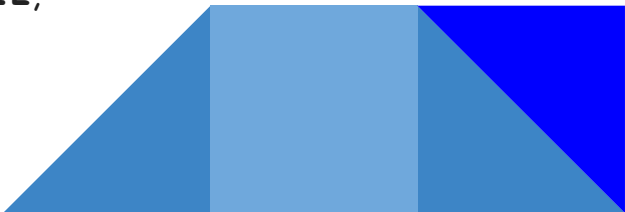


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- Dinner + Childcare provided
- 50 individual Q&A Sessions done!
- CVESD CAC hosted informational booth

San Ysidro School District

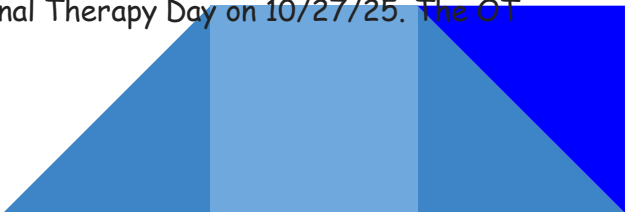
- **Monthly Special Education IA Trainings:** Our most recent session focused on *Understanding Behavior and Providing Support*.
 - **Quarterly Elementary Special Education Teacher PLCs:** Designed to strengthen teacher skills in implementing core curriculum using *Universal Design for Learning (UDL)* strategies.
 - **ED&D Training Sessions:** Ongoing collaboration from ED&D with preschool teams (both General Education and Special Education).
 - **Upcoming Event - Teddy Bear for Kids:** Scheduled for **December 12**, open to all SYSD families.
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- A decorative graphic in the bottom right corner consisting of several overlapping blue geometric shapes, including triangles and a square, in various shades of blue.

South Bay Union School District

District Updates:

- Focus on implementing sound instructional practices
- Ensure students participate with their general education peers to the greatest extent possible
- Provide ongoing professional development for all staff—particularly our 12 interns

South Bay CAC:

- Added a Special Education FAQ document to the SBUSD website to help guide parents on the special education process.
 - Occupational Therapy Thank-you Project — Melissa and Linette implemented an art project for the special education classes at South Bay. Students from 3 special education classes at Nicoloff (with support from teachers/aides) created thank-you cards for the Occupational Therapy staff in honor of World Occupational Therapy Day on 10/27/25. The OT staff received these cards.
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South Bay Union School District



Sweetwater Union High School District



SPECIAL SERVICES PRESENTS

IEP TO ADA

SYSTEMS OF SUPPORT

Sitting through an IEP meeting can sometimes feel like you are in a foreign country with unfamiliar language, different people and multiple new ideas.

Sweetwater Special Services would like to provide you with an overview of the IEP process, 504 plans, ADA, and how a parent can best work with systems for student success.

**Wednesday
September 17**

5:00pm - 6:30pm



PDC - 680 L Street, Suite C Chula Vista Ca 91911



(619) 796-7500

Interpreters in Spanish will be available

Alternative Pathway to a **DIPLOMA**



The alternative Pathway to Diploma offers students with significant cognitive disabilities a path to earn a diploma while remaining eligible for special education services up to age 22.

Please join us to learn about our alternative pathway to a diploma.

**Wednesday October 15, 2025
@ 5:00pm**

Professional Development Center

680 L Street, Suite C
Chula Vista, Ca. 91911



Habrán Interpretes al Español - Questions (619) 796-7500

<https://specialservices.sweetwaterschools.org/>

Sweetwater Union High School District



Save the Dates

Sweetwater Parents and Guardians, it is my pleasure to invite you to a series of meetings that will be held during the 2025-2026 school year on many topics that concern you as parents/guardians. **SAVE THE DATES** below for these important meetings.

We hope to see you all there. All meetings will be held at the Professional Development Center @ 680 L Street in Chula Vista.

We will be in touch with you soon with more details.

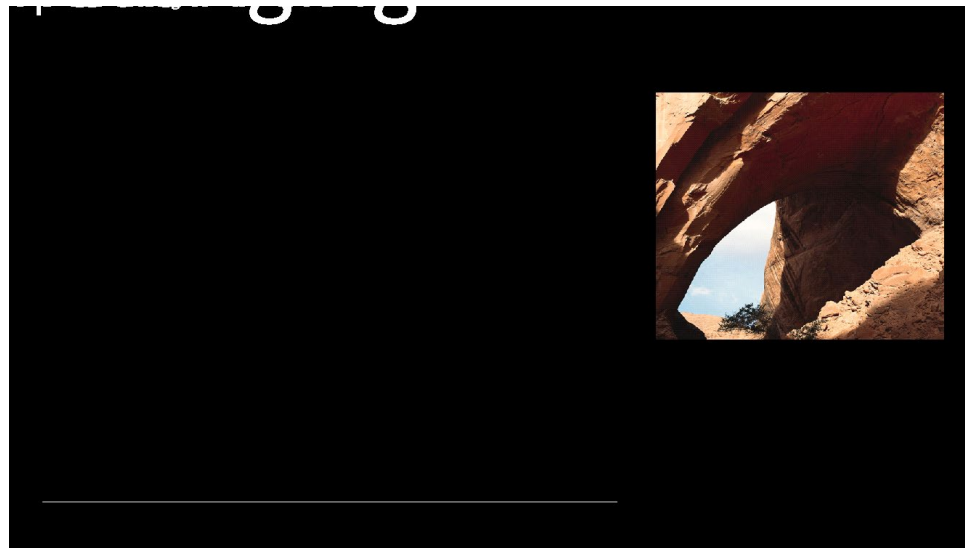
September 17 • October 15 • November 12

December 17 • January 21 • February 18

March 24 • April 15 • May 13



SWEETWATER UNION HIGH SCHOOL DISTRICT • SPECIAL SERVICES DEPARTMENT
670 L STREET SUITE A • CHULA VISTA, CA 91911 (619) 796-7500



Double-Click to scroll training

National School District



No SpEd Update

District Update:

- NSD Superintendent announced retirement at end of school year (June 2026)

CAC Subcommittee Updates

CAC Handbook	Special Education Student Inclusion	Parent & Staff Education
CVESD + SYSD	SUHSD + CUSD	NSD + SBUSD

Chair: Rosemary Lowry (CVESD)

Co-Chair: Melissa Dolo (SBUSD)

Staff & Parent Education

- “What I Wish I Knew” education workshop from experienced special education parents and CAC members.
- Polls to go out on socials on types of workshops community would like to see
- CAC to work with SELPA to determine any free workshops that can be provided in the meanwhile.

Student Inclusion Subcommittee Update

- Survey is live and sent out via SELPA email list as of last week!
- Purpose to determine current inclusion practices and what the community would want to see in their schools so that we can provide direct feedback to the districts.
- Data to be presented next CAC meeting.

South County SELPA

**Community
Advisory
Committee**



**The CAC Wants your
Feedback**

The **SELPA** Community Advisory Committee (CAC) has developed a **survey** to collect feedback regarding special education student inclusion practices in the South County school districts.

To ensure we meet the community's needs, we invite you to share your thoughts on inclusion practices that matter to you in your district. Your input will be invaluable. Please take the survey and share your thoughts.

Survey

SELPA CAC Handbook Subcommittee Update

01 **New Committee Members**

Welcomed Jackie, Racquel, Noelle, and Maricela to the committee! Reviewed progress on Handbook development

02. **Reviewed Completed Sections**

Committee reviewed completed Sections: 1.) SELPA Overview, 2.) CAC Roles & Responsibilities, 3.) Contact Us and provided feedback/comments.

03. **Assigned Sections in Progress**

Individual Assignments:

- Parent Resources (Stephanie)
- Special Education Process (Maricela)
- Parent Rights (Jade)
- FAQs (Jackie)

Ongoing review of SELPA Handbooks from other regions to identify effective models and ideas.

NEXT STEPS By 2/17/26

Goal #1

Continuing drafting
assigned sections

Goal #2

Begin consolidated edits
upon receipt of all drafts

Goal #3

Share draft to broader CAC
members by 2/17/26 CAC
Meeting.

CAC Bylaws Update

- Currently being reviewed and revised for redlines (edits)
- Next steps for bylaws committee:
 - i. Review California education code on CAC requirements
 - ii. Review bylaws for similar CACs
 - iii. Once redlines completed bring to the CAC + public for review and feedback at CAC meeting
 - iv. Upon feedback present again and vote by CAC to accept/deny revisions (**note: must ensure bylaws do not conflict with ed code/CDE**)

Inclusion Best Practice:

Lunch Club

Fahari L. Jeffers Elementary CVESD

Lunch Club

- ◆ Lunch Club is an inclusive alternative during lunch recess where board games, cooperative games, and art activities such as coloring are provided in a supervised indoor setting to encourage social interaction, friendship or a safe space to children who may seek an alternative to regular lunch recess activities (such as noise or heat).
- ◆ Volunteers serve grades K-6th grades 1 day/week. (dependent on space and volunteers)
- ◆ Lunch Club serves all students, of all class settings. **Everyone is allowed here!**
- ◆ Supplies provided by PTA (considered a program) and donations. Volunteers donate time.
 - ▣ Currently have 2 volunteers who have full district background cleared (Check your district policies)



Lunch Club

- ◆ Students check out games (or pick coloring page to keep) from volunteer and must return before playing another game or bell rings.



Lunch Club

2nd year program recommendations

Keep everything in a rolling cart and pull as recesses begin below:

- ◆ Kinder: Coloring 1 pre-printed coloring pages.
- ◆ 1st grade: offer pre-printed coloring pages and cooperative games (everyone wins together) like Pete the Cat or magnatiles.
- ◆ 2nd grade: Pre-printed coloring pages, (blank paper if requested). CandyLand or Chutes & Ladders type games, Zingo, Spot It.
- ◆ 3rd grade - 6th grade: Provide blank paper for creative coloring, strategic games like Jenga, Uno, Blokus, Scrabble.

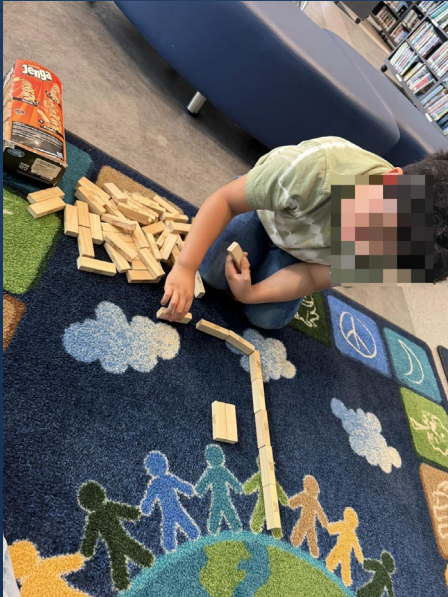
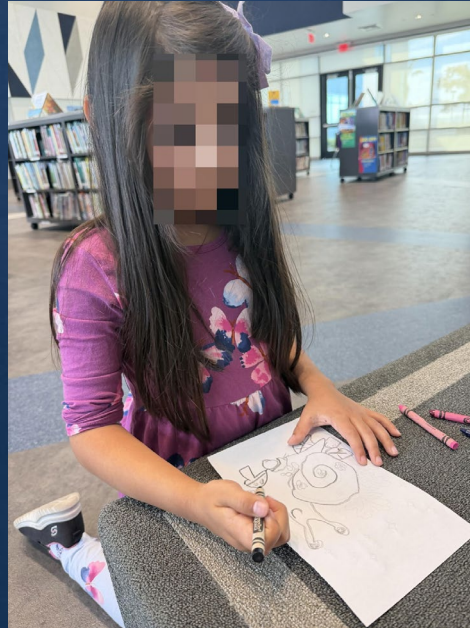
Games should be quick (not Monopoly).

Above is flexible! If you have 2nd graders who love Blokus, you can make it available. If you have a kindergartener who doesn't want to color you can offer magnatiles. Offer it as a choice: We have coloring, magnatiles, or outdoor recess today - which would you like?

Provide different types of art supplies: Markers, Crayons, coloring pencils.

Lunch Club

- ◆ There is no wrong way to play a game! If a child wants to build roads or houses with Jenga instead of the game that's ok!



Want to start a Lunch Club in your school? Email us southcountyselpacac@gmail.com and we will send you the guide from this PTA!

Public Comments

- Individual speakers will be allowed **three (3) minutes** to address the committee
- Speakers are asked to **fill out a Public Comment Form** and submit it to the *CAC* Chair or Co-Chair **prior** to the start of the meeting
- **No action, comment or agreement can be taken by the *CAC*** on oral communications

Adjournment
Thank you all for coming!

**Chula Vista
Elementary**
(619) 425-9600

Coronado Unified
(619) 522-8900

National
(619) 336-7500

San Ysidro
(619) 428-4476

South Bay Union
(619) 628-1660

**Sweetwater
Union High**
(619) 407-6300