



Community Advisory Committee
August 19, 2025

Opening Procedures

- Call to Order
- Attendance and Verification of Quorum
- Review of Minutes
- Purpose and Agenda Review

Community Highlight: SELPA

CAC Open Seat Review

South County District Highlights

South Bay Union School District

- [SBUSD SPED Bootcamp Presentation](#)
- [CAC SPED Bootcamp Presentation](#)

South Bay Union School District Bootcamp



Information

CAC Subcommittee Updates

Staff Education	Parent Education	Community Involvement	Special Education Student Inclusion	SELPA CAC Handbook
<ul style="list-style-type: none">• Maricela Cali (SYSD)• Erika Lowery (CUSD)	<ul style="list-style-type: none">• Jayrell Ringpis (CVESD)• Noelle Cravens (CVESD)• Marjam Lopez (NSD)	<ul style="list-style-type: none">• América Ellis (NSD)• Shelby Carswel (NSD)	<ul style="list-style-type: none">• Elizabeth Alvarado (SBUSD)• Sally Sachrison (SUHSD)• Linette Salome (SBUSD)	<ul style="list-style-type: none">• Melissa Dolo (SBUSD)• Jade Bautista (CVESD)• Rosemary Lowry (CVESD)• Stephanie Kenyon (CVESD)

Chair: Rosemary Lowry (CVESD)

Co-Chair: Melissa Dolo (SBUSD)

Student Inclusion Subcommittee Update

- Google Survey finalized!
- Spanish Translation in progress
- SELPA & District Distribution when translation complete



SELPA CAC Handbook Update

- Committee reviewed feedback from Survey Monkey
- Committee met and divided Handbook tasks as follows:
 - I. SELPA Overview (Jade)
 - I. Local Plan for Special Education
 - II. CAC Role and Responsibilities (Melissa)
 - I. CAC Meetings
 - III. Parent Resources & Community Involvement (Stephanie)
 - IV. Special Education Process (Vacant)
 - I. IEP vs 504 Plan
 - V. Parent Rights (Jade)
 - VI. Frequently Asked Questions (Rosemary)
 - I. Templates
 - VII. Contact Us (Melissa)

SELPA CAC Handbook: Survey Results at a Glance

- **Target Audience:** Elementary & High School Parent/Guardian
- **What:** Comprehensive Guide with detailed information
- **Format:** Website / Digital Download
- **Languages:** English & Spanish
- **Areas of Focus**
 - Special Education & IEP Process
 - Available resources & services
 - Developing Goals
 - Understanding Accommodations
- **Next Steps**
 - Each subcommittee member will share their draft on assigned section(s) by 11/18 CAC Meeting

CAC Subcommittee Review

Motion #1

- Move to combine Staff Education & Parent Education to Staff & Parent Education.

Motion #2

- Move to dissolve the Community Involvement subcommittee, its scope of work being absorbed into the ongoing functions of the CAC.

Motion #3

- Move to re-assign the subcommittee district members as follows:
 - ❖ CAC Handbook : CVESD, SYSD
 - ❖ Student Inclusion: SUHSD, CUSD
 - ❖ Staff & Parent Education: NSD, SBUSD

Subcommittee Leads are:

CAC Handbook -

Student Inclusion -

Staff & Parent Education -

Please reply with your first meeting date by 8/29/25

Subcommittees are expected to meet quarterly and present their progress at the following CAC meeting.

CAC Bylaws

Motion #4

- Move to review the CAC Bylaws for any updates or revisions.

CAC Social Media

Motion #5

- Move to establish and maintain a CAC Social Media Page to improve communication and engagement with parents, staff & the community.

South County Community Calendar

CVESD will be having a 5 part parent workshop series in partnership with Brain Balance:

#1 Workshop: Executive Functioning

When: Thursday, August 21, 9–10 a.m.

Where: District offices at 84 East J Street in Chula Vista

What: Executive function skills are necessary to succeed day-to-day, from decision-making to problem solving to time management to motivation and even regulation. Understand how to develop these skills to reach your potential at home, in the classroom, or in the workplace.



Chula Vista Elementary School District

Join the fun at CVESD University!

Exciting opportunities await families in the 2025-26 school year with CVESD University, our ongoing series of informative workshops. This year, we're thrilled to partner with Brain Balance San Diego to bring you valuable insights and practical strategies. All workshops will be held at the district office, located at 84 East J Street in Chula Vista. Light refreshments and childcare will be provided.

2025-26 School Year Schedule:

Executive Functioning

Thursday, August 21, 9-10 a.m.

Executive function skills are necessary to succeed day-to-day, from decision-making to problem solving to time management to motivation and even regulation. Understand how to develop these skills to reach your potential at home, in the classroom, or in the workplace.

Anxiety

Thursday, October 30, 4-5 p.m.

1 in 3 people experience anxiety at some point in their lives, and it is the most common psychiatric condition in youth. Understand what's really happening in the brain to cause low frustration tolerance, emotional dysregulation, rigidity, aggression, and excessive worry and fear, and practice ways to manage.

Sensory Processing Struggles

Thursday, December 2, 9-10 a.m.

We all receive information in and around us through our senses. Examine different symptoms and challenges for those struggling with sensory processing integration and why a properly functioning sensory system is important for learning, socialization, and behavior.

Managing Meltdowns and Behaviors

Tuesday, February 17, 4-5 p.m.

Discover why some children are more prone to meltdowns and defiant behaviors than others. Take away best practices to increase positive behaviors, reduce defiant or disruptive behaviors, and prevent and manage meltdowns.

The Developing Brain and Learning Success

Thursday, April 16, 9-10 a.m.

Understand your student's unique developing brain and explore techniques to help all learners reach their potential in and out of the classroom, including better focus, behavior, social skills, executive functioning, and more.

For more information contact
commsoffice@cvesd.org.

SOUTH COUNTY SELPA CAC MEETING DATES

- August 19, 2025 @ 9:30 a.m. (in-person)
- November 18, 2025 @ 6:00 p.m. (virtual)
- February 17, 2026 @ 9:30 a.m. (in-person)
- April 21, 2026 @ 9:30 a.m. (in-person)

SOUTH COUNTY REGIONAL EDUCATION CENTER
(800 NATIONAL CITY BLVD., NATIONAL CITY, CA 91950)

Public Comments

- Individual speakers will be allowed **three (3) minutes** to address the committee
- Speakers are asked to **fill out a Public Comment Form** and submit it to the CAC Chair or Co-Chair **prior** to the start of the meeting
- **No action, comment or agreement can be taken by the CAC** on oral communications

Adjournment

Thank you all for coming!

**Chula Vista
Elementary**
(619) 425-9600

Coronado Unified
(619) 522-8900

National
(619) 336-7500

San Ysidro
(619) 428-4476

South Bay Union
(619) 628-1660

**Sweetwater
Union High**
(619) 407-6300