



# CSHAC Wellness Annual Meeting

**March 16, 2026  
3:00 pm C300**

**Public Invited**

#RiseWithReading



# District CSHAC Committee Members

**Michelle Anderson, Director of Health Services**

**Andrew Ball, Principal Seaside Elem**

**Kashawn Bellamy, Parent**

**Samantha Coy, Director of Elem Education**

**Colonel Jody Dew, Director ROTC**

**Debra Fischer, Manager Palmetto Bays Elem**

**Douglas Gause, Nutrition Supervisor**

**Jeffery Goodman, PE Coach CFHS**

**Janet Graham, Board Member**

**Kim Johnson, Director of Nutrition Services**

**Candace Lane, Director of Middle School Education**

**Michael McCracken, Principal Aynor High School**

**Debbie Near, Manager Conway High School**

**Ben Prince, Chief Operations Officer**

**Jeremy Rich, Principal Socastee High School**

**April Scott, Executive Director Of High School Education**

**Kelly Shaw, Principal Loris Middle School**

**Heather Stone, Coordinator Nutrition Services**

**Regina Treadwell, Principal Conway Middle school**

**Emily Waters, Student Representative**

**Sabrina Wilson, Manager Loris Middle School**

**Val Sommers, Procurement Specialist**



# District CSHAC Committee

**Meets at least once per year to establish district wellness objectives and to oversee school, health and safety policies and programs including development, implementation and periodic review and update of the wellness policy.**



# District CSHAC Policy

**Policy can be found on our district website under the nutrition services tab.**



# District CSHAC Policy

## Objective 1: Nutrition Promotion

### Smart Objective: Increase student access to School Meal Programs

Objective: By the end of the school year, increase student participation in school breakfast and lunch programs by 5 % over last year through promotional campaigns, taste tests and student engagement activities.



# District CSHAC Policy

## Objective 2: Nutrition Education

### Smart Objective: Expand Access to nutrition Education beyond the classroom

Objective: By the end of the school year, develop at least two family and community nutrition education resources( e.g. newsletters and online materials to reinforce healthy eating habits at home.)



# District CSHAC Policy

## Objective 3: Physical Activity

**Smart Objective: To develop a flyer for easy to perform movement exercises.**

**Objective: By the end of the school year, develop at least two classroom flyers to educate our students on the benefits of movement and include easy to perform physical activity during classroom breaks and at home.**



# District CSHAC Policy

## Objective 4: Staff Health

**Smart Objective: To increase district staff participation in our annual health screening form the previous year.**

### Action Steps:

- 1. Inform and remind staff of screening dates and locations**
- 2. Schools will encourage participation through staff reminders and scheduling.**



# District CSHAC Policy Triennial Wellness Assessment

The triennial assessment can be found on our  
nutrition services website.



# District CSHAC Policy Annual Progress Report

**Smart Snacks standards do not apply to the following situations, subject to district  
and/or school wellness policies:**

**Sale of food or beverages (foods) that meet Smart Snacks Standards;**

**Sale of foods outside of school hours(e.g., after-hours concessions at athletic events, school  
concerts and or weekends);**

**Sale of foods not intended for on-site consumption (e.g., cookie dough, or world's finest chocolate)**

**Sale of foods exclusively to adults who are not students;**

**Foods given to students at no charge and without suggesting a donation;**

**Foods brought from home by students for personal consumption;**

**Foods donated for classroom celebrations; or emergency medical situations**



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**mail:**

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

**fax:** (202) 690-7442 or (202) 690-7442;

**email:** [program.intake@usda.gov](mailto:program.intake@usda.gov).

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# Questions /Suggestions

Any questions or suggestions can be emailed to Kim Johnson at:

[Kjohnson@horrycountyschools.net](mailto:Kjohnson@horrycountyschools.net)

