

# -ANTIOCH MIDDLE SCHOOL- TRACK & FIELD

**FIRST PRACTICE: MONDAY, MARCH 2ND**

Physical must be uploaded to Final Forms before the first day of practice

Register and create SportsYOU account:

SportsYOU access code: **UNKH-M975**

Each athlete needs tennis shoes, practice attire and a water bottle.

Boys Head Coach - Heather Felix | [heather.felix@nkcschools.org](mailto:heather.felix@nkcschools.org)

Girls Head Coach - Jenny Blair | [jenny.blair@nkcschools.org](mailto:jenny.blair@nkcschools.org)

“It’s not about the medals.  
It’s about the journey and the person I become”

Allyson Felix, 7x Olympic Gold Medalist

FINAL FORM



SPORTS YOU

