



Meet Your Nutritious Friend:
Cheerleading Cherries

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
<p>2</p> <p>A. Grilled Cheese w/Tomato Soup B. Chicken Nuggets with Goldfish Crackers C. Bagel Meal</p> <p>FEATURED VEGGIES Glazed Carrots Cucumbers</p>	<p>3</p> <p>A. Pizza Crunchers B. Chicken Nuggets with Goldfish Crackers C. Turkey & Cheese</p> <p>FEATURED VEGGIES Corn Carrot Sticks</p>	<p>4</p> <p>A. Mini Pancakes w/Sausage B. Chicken Nuggets with Goldfish Crackers C. Yogurt Craveable</p> <p>FEATURED VEGGIES Sweet Potato Fries Celery</p>	<p>5</p> <p>A. Chicken Patty B. Chicken Nuggets with Goldfish Crackers C. Ham & Cheese</p> <p>FEATURED VEGGIES Green Beans Grape Tomatoes</p>	<p>6</p> <p>A. Domino's Pizza B. Chicken Nuggets with Goldfish Crackers C. Frosted Flakes Cereal</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p>	
<p>9</p> <p>A. Hot Dog On a Bun B. Chicken Nuggets with Goldfish Crackers C. Bagel Meal</p> <p>FEATURED VEGGIES Baked Beans Cucumbers</p>	<p>10</p> <p>A. Pizza Dippers with Dipping Sauce B. Chicken Nuggets with Goldfish Crackers C. Turkey & Cheese</p> <p>FEATURED VEGGIES Corn Carrot Sticks</p>	<p>11</p> <p>A. Bacon, Egg & Cheese On a Bagel B. Chicken Nuggets with Goldfish Crackers C. Hard Boiled Egg Craveable</p> <p>FEATURED VEGGIES Emoji Fries Celery</p>	<p>12</p> <p>A. Mac N Cheese B. Chicken Nuggets with Goldfish Crackers C. Ham & Cheese</p> <p>FEATURED VEGGIES Green Beans Pepper Sticks</p>	<p>13</p> <p>A. Domino's Pizza B. Chicken Nuggets with Goldfish Crackers C. Lucky Charms Meal</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p>	
<p>16</p> <p>Closed</p>	<p>17</p> <p>A. Chicken Tenders with a Corn Muffin B. Chicken Nuggets with Goldfish Crackers C. Turkey & Cheese</p> <p>FEATURED VEGGIES Mashed Potatoes Carrot Sticks</p>	<p>18</p> <p>A. Blueberry Pancakes with Sausage B. Chicken Nuggets with Goldfish Crackers C. Soft Pretzel Craveable</p> <p>FEATURED VEGGIES Tater Tots Celery</p>	<p>19</p> <p>A. Pepperoni & Cheese on a Pretzel Bun B. Chicken Nuggets with Goldfish Crackers C. Ham & Cheese</p> <p>FEATURED VEGGIES Peas & Carrots Broccoli Bites</p>	<p>20</p> <p>A. Domino's Pizza B. Chicken Nuggets with Goldfish Crackers C. Cocoa Puffs Meal</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p>	
<p>23</p> <p>A. Double Cheeseburger On a Bun B. Chicken Nuggets with Goldfish Crackers C. Bagel Meal</p> <p>FEATURED VEGGIES BBQ Baked Beans Cucumbers</p>	<p>24</p> <p>A. French Bread Pizza B. Chicken Nuggets with Goldfish Crackers C. Turkey & Cheese</p> <p>FEATURED VEGGIES Corn Carrot Sticks</p>	<p>25</p> <p>A. French Toast with Sausage B. Chicken Nuggets with Goldfish Crackers C. Yogurt Craveable</p> <p>FEATURED VEGGIES French Fries Celery</p>	<p>26</p> <p>A. Popcorn Chicken with Animal Crackers B. Chicken Nuggets with Goldfish Crackers C. Ham & Cheese</p> <p>FEATURED VEGGIES Green Beans Grape Tomatoes</p>	<p>27</p> <p>A. Domino's Pizza B. Chicken Nuggets with Goldfish Crackers C. Cheerio' Meal</p> <p>FEATURED VEGGIES Side Salad Veggie Patch</p>	
					<p>(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</p> <p>(VG) Vegan These items do not contain any animal products</p>

Your Team
Christine Storey, Food Service Director
856-767-8293 ext. 5026
wat@nsfm.com

Meal Prices
Student Lunch \$3.45
Reduced Lunch \$0.00
Faculty Lunch \$4.00

