



GMSD Student Success Guidebook

Study Skills + Attendance Comeback + Freshman Starter - all in one place

Inside this guidebook

- A simple system for studying that works for real schedules
- Test week plans (7-day, 3-day, and 1-day) plus quick anxiety reset tools
- A step-by-step comeback plan after an absence (with trackers and templates)
- Freshman starter pages: credits, GPA basics, asking for help, and email etiquette
- A complete tools bank: planners, checklists, scripts, mini-lessons, and a challenge certificate

Created by Coordinated School Health - Germantown

Last updated: January 19, 2026

Note: QR links may change; if a QR code fails, use the backup link text on the Resource Vault pages.

How to Use This Guidebook

This guidebook is built so you can flip to what you need fast. Use the tab pages to jump to a section, then use the "Choose Your Path" page to pick the best starting point.

Do this first (3 minutes)

- Circle your biggest challenge right now: studying, catching up, or figuring out high school.
- Turn to that tab and follow the "Today" steps.
- Use the Tools Bank pages to track your plan (write it down - it works).

Note: This resource provides general educational tips and school-success strategies. If you need additional support, talk with a trusted adult, teacher, counselor, nurse, or administrator.

At-a-Glance: What Do You Need Today?

Situation	Where to go	Start here
If you need to study...	Go to STUDY tab	Follow the 30-Minute Study Sprint and pick a 7/3/1-day plan.
If you missed school...	Go to ATTENDANCE tab	Use the 24-Hour Comeback Plan and the Missing Work Tracker.
If you are new to high school...	Go to FRESHMAN tab	Use the Credits + GPA basics pages and the "How to Ask for Help" scripts.

QR code spot for editable templates (optional):



Table of Contents

STUDY (Study Skills + Test Week Survival)	p. 5
--	-------------

ATTENDANCE (How to Not Fall Behind)	p. 13
--	--------------

FRESHMAN (How High School Works)	p. 17
---	--------------

Master Tools Bank (all templates)	p. 21
--	--------------

Email + Script Bank (all-in-one)	p. 23
---	--------------

Resource Library (recommended tools)	p. 24
---	--------------

Student Success Challenge + Certificate	p. 26-27
--	-----------------

Where to Get Help + Academic Integrity/AI Basics	p. 28
---	--------------

Appendix: Next Level Toolkit	p. 29
-------------------------------------	--------------

Resource Vault (QR + backup links)	p. 45
---	--------------

Tip: In the PDF, you can click any item here (or use bookmarks) to jump to that section.

STUDY

STUDY

Study Skills + Test Week Survival



Study Skills + Test Week Survival

This section gives you a simple system: plan your time, use the right study method, and show up on test day with a clear routine.

Do this today (15 minutes)

- Pick ONE class to focus on first.
- Use the 30-Minute Study Sprint (page below).
- Choose a 7-day, 3-day, or 1-day plan depending on how close the test is.

Choose Your Path

- **I procrastinate.** Start with the 30-Minute Study Sprint and the Distraction Block list.
- **I do not know what to study.** Use the "Make a Target List" page and ask your teacher one clear question.
- **I get anxious during tests.** Use the 60-Second Reset routine and the "If I blank out" plan.

30-Minute Study Sprint (simple and effective)

Minutes	What to do
0-2	Set a timer. Put your phone out of reach. Open your notes/assignment.
2-12	Active recall: close notes and write what you remember (then check).
12-22	Practice: do problems or answer questions without looking first.
22-28	Fix gaps: review ONLY what you missed. Make 3 quick flash prompts.
28-30	Write your next step: what you will do tomorrow (keep it small).

Note-Taking Options (pick one that fits you)

- **Cornell Notes:** questions on the left, notes on the right, summary at the bottom.
- **One-Page Summary:** one sheet that holds the big ideas, formulas, and key examples.
- **Outline Method:** main ideas - details - examples (great for history/ELA).

Make a Target List (what to study)

- Look at: recent quizzes, homework mistakes, and what the teacher emphasized.
- Write 5-10 targets (topics or skills), then practice each target with a question or problem.
- If you are unsure, ask: "What are the top 3 things to focus on for this test?"

60-Second Reset (before or during a test)

- Feet flat. Unclench your jaw. Drop your shoulders.
- Breathe in 4 seconds - hold 2 - out 6 (repeat 3 times).
- Say silently: "One question at a time." Then start with the easiest question.

If I blank out... (quick plan)

- Skip and star the question. Breathe once. Do the next easiest problem.
- Come back later. Write what you DO know (keywords, formula, steps).
- If allowed, ask for clarification on what the question is asking (not the answer).

Sleep + Caffeine (quick guidance)

- Aim for a consistent bedtime the two nights before a test (even if it is not perfect).
- Avoid caffeine late in the day. If you use it, keep it moderate and earlier.
- Eat something simple the morning of a test (protein + carb works well).

7-Day Plan

- Days 7-5: learn targets (short sprints) and make a one-page summary.
- Days 4-2: practice questions and fix mistakes (this is the most important part).
- Day 1: light review, organize materials, and get sleep.

3-Day Plan

- Day 3: target list + practice the hardest 3 targets.
- Day 2: full practice set + fix mistakes + ask one teacher question if needed.
- Day 1: review your summary + quick warm-up problems + sleep.

1-Day Plan

- Make a target list (5-8 items).
- Do practice first. Review only what you miss.
- Pack what you need and go to sleep as early as you can.

Study Tools (Write-In Pages)

Weekly Time-Block Planner

Day	Main commitments	Study plan (30-min sprints)

Tip: Start small. Two 30-minute sprints beat a 2-hour plan you never start.

Test Countdown Planner

Day	Targets	Practice done

Use this for a 7-day plan. If you only have 3 days, use the first 3 rows.

Distraction Block List

My distraction	My fix (block it / move it / limit it)

One-Page Summary Builder

Big idea / formula	Example / notes

Cornell Notes Template (copy this page)

Use this for lectures and readings: questions on the left, notes on the right, summary at the bottom.

Questions / Keywords	Notes
Summary (2-3 sentences):	

Outline Notes Template (copy this page)

Write main ideas on the left, then indent details and examples underneath.

One-Page Summary Layout (copy this page)

Use this for any unit or test. Keep it simple: big ideas, key details, and a few examples.

Big Ideas	Formulas / Vocabulary
Examples	Questions I still have

ATTEND

ATTENDANCE

How to Not Fall Behind



Attendance + How to Not Fall Behind

Missing a day does not have to turn into a spiral. Use the comeback plan, track what you missed, and communicate clearly.

Do this today (10 minutes)

- Fill out the Missing Work Tracker for every class.
- Send one clear email to each teacher (template provided).
- Pick your top 3 priority tasks and schedule them.

24-Hour Comeback Plan

- **First day back:** ask what you missed, get handouts, and write due dates.
- **Within 24 hours:** email teachers, update your tracker, and start the top priority task.
- **By the end of the week:** finish high-point items (tests, labs, projects) and check grades.

Priority Sorter

- **Must do:** graded tests/quizzes, labs, major projects, deadlines in 48 hours.
- **Should do:** homework that supports the next lesson, smaller grades.
- **Can wait:** low-point tasks you can do after you catch up on the next unit.

Teacher Communication (fast templates)

Email template: absent and catching up

Subject: Absent on ____ - What did I miss in ____?

Hello ____ ,

I was absent on ____ . Can you please tell me what I missed and what I should make up first? I have checked the class page, but I want to make sure I am not missing anything important.

Thank you,

In-person script (if you are nervous)

- "Hi, I was absent on ____ . What is the most important thing I should do first to catch up?"
- "Can you tell me the due dates for the work I missed? I wrote them down."

Catch up in one lunch period

- 10 min: update tracker for every class (missing work and dates).
- 15 min: start the biggest priority task (do not wait until later).
- 5 min: send any needed emails or messages.

Attendance Tools (Write-In Pages)

Missing Work Tracker (Class-by-Class)

Class	What I missed	Due date	Status (done / in progress)

Priority Sorter

Must do	Should do	Can wait

Makeup Work Calendar (This Week)

Day	Top task	Time block

Evidence Tracker (helpful for staying organized)

Task	Where it is posted (LMS / email)	Date I submitted

9TH

FRESHMAN

How High School Works



Freshman Starter: How High School Works

This section answers the questions almost every new high school student has - and gives you scripts and checklists so you feel confident fast.

Do this today (10 minutes)

- Write down your go-to adult at school (teacher, counselor, admin).
- Set a weekly 10-minute grade check time.
- Pick 1 club or activity to try this semester.

Credits (simple explanation)

- A **credit** is earned when you complete a class successfully.
- Graduation requires earning enough credits across required subjects and electives.
- If you are unsure, ask your counselor to explain your plan in one minute.

GPA basics (keep it simple)

- Your GPA is a number that summarizes your grades over time.
- Small improvements add up: missing work, retakes (if allowed), and consistent study sprints.
- Check grades weekly so surprises do not happen at the end of the term.

How to ask for help (scripts)

- "Can you show me an example of what a strong answer looks like?"
- "I tried ____ and got stuck at _____. What step should I do next?"
- "Can we set up a quick check-in? I want to make sure I am on track."

Email etiquette (quick rules)

- Use a clear subject line (class + topic).
- Start with "Hello" and the teacher name.
- Include the class period and what you need (one or two sentences).
- End with "Thank you" and your name.

Picking classes and electives

- Choose electives that build skills you care about (CTE pathways, arts, tech, leadership).
- Ask: "What is the workload like?" and "What skills will I leave with?"
- Balance hard classes with realistic time for sports, work, and family.

Belonging and your people

- Try two things: one club and one event. You do not have to commit forever.
- Sit with someone new once a week. Small steps work.
- Be kind, be consistent, and give friendships time to build.

Freshman Tools (Write-In Pages)

My Go-To Adults at School

Name	Role	How to reach them

Weekly Grade Check Routine (10 minutes)

Class	Current grade	Next action

First 9 Weeks Goals

Goal	Why it matters	My first step

Try Two Things Checklist

Activity/club/event	Date I tried it

Master Tools Bank (All Templates)

Use these pages whenever you need them. Make copies if you want to track multiple weeks or classes.

Pro tip

- If you only do one thing: use the Missing Work Tracker and the Weekly Grade Check.

Weekly Planner (Simple)

Day	Top 1 thing	Top 2 thing	Time block

Assignment Tracker

Class	Assignment	Due date	Status

--	--	--	--

Study Sprint Tracker

Date	Subject/target	What I practiced

Reflection: What Worked

This helped me...	Next time I will...

Email + Script Bank (All-in-One)

Copy these and make them your own. Keep messages short, respectful, and clear.

Email: clarification on an assignment

Template

- Subject: Question about ____ (Period __)
- Hello ____, I am working on ____ and I am stuck on _____. Can you clarify what you are looking for? I can meet during ____ if that helps. Thank you, ____

Email: request to make up a quiz/test

Template

- Subject: Make-up assessment request (Period __)
- Hello ____, I missed the assessment on _____. What is the best time to make it up? I am available _____. Thank you, ____

In-person scripts

- "What should I do first to catch up?"
- "Can you check if I am on the right track with this?"
- "Can you explain what an A-level answer includes?"

Resource Library (Great Tools to Support Success)

These are commonly used, student-friendly resources. Use what your teacher allows and keep your work in your own words.

How to use this page

- Pick one resource for the week (do not try to use everything at once).
- Pair it with the Study Sprint or the Comeback Plan so it becomes a habit.
- If a site is blocked at school, ask a teacher for an approved option.

Study + Practice

Khan Academy	Skill practice and videos for math, science, and more. Great for filling gaps.	
CK-12	Free textbooks + practice for math and science (strong for review).	
Quizlet	Flashcards and review games (use it to test yourself, not just stare at cards).	
Anki	Spaced repetition flashcards (best for vocab, anatomy, formulas).	

Writing + Research

Purdue OWL	Writing help for essays, citations, and grammar (very student-friendly).	
Google Scholar	Find credible articles for research projects (use school database if provided).	

Reading + Comprehension

|--|--|--|

CommonLit	Short readings with questions (great for building comprehension).	
Newsela	Current events articles at different reading levels (good for practice).	

Organization

Google Calendar	Time blocking, test reminders, and assignment deadlines.	
Google Keep / Notes	Quick to-do lists, checklists, and reminders.	

Tip: Ask a teacher which resources they recommend for your classes - different subjects have different best tools.

Student Success Challenge

Try this for 2 weeks. Check off each action at least once.

■ I used a 30-minute study sprint.

■ I checked grades for every class (10 minutes).

■ I wrote down missing work and due dates.

■ I asked one teacher a clear question.

■ I turned in at least one assignment early.

■ I slept earlier the night before an assessment.

■ I tried one club, event, or school activity.

■ I used the comeback plan after an absence (or practiced it).

Certificate of Completion

This certifies that

has completed the Student Success Challenge and practiced key habits for academic success.

Date: _____

School/Advisor: _____

Where to Get Help (Fill this in)

If you are stuck, do not try to solve everything alone. Use this page to write down the places and people who can help you at school.

My Support List

Person/Place	How to contact	What they help with

Academic Integrity + AI Basics (Student-Friendly)

- **Do:** use tools to brainstorm, outline, study, or practice questions.
- **Do:** show your work and put answers in your own words.
- **Do:** ask your teacher what is allowed for each assignment.
- **Do not:** submit copied work as your own or use tools to do the assignment for you.
- **When unsure:** be honest and ask. Teachers respect clarity.

Appendix begins next →

Appendix: Next Level Toolkit

This appendix adds deeper tools, examples, and a stronger Resource Vault to make the guidebook easier to use day-to-day.

What's new in this appendix

- Student self-checks (barrier quiz + study style selector)
- Weekly Scoreboard (2-week habit tracker)
- If-Then Playbooks for common situations (procrastination, overwhelm, test anxiety, missing work)
- Real filled-in examples (schedules, trackers, emails, notes)
- Advisory mini-lessons (10 minutes each)
- Parent/guardian one-pagers
- Strong Resource Vault with scannable QR codes

Tip: Don't try to do everything. Pick one tool this week, then add one more next week.

Student Self-Checks

Barrier Quick Check (circle or check the top 2)

- I don't know what to do first
- I procrastinate / can't start
- I get distracted (phone, friends, games)
- I missed work and feel behind
- I study but it doesn't stick
- Test anxiety / I freeze during tests
- I'm tired / sleep is off
- I don't ask for help

Study Style Selector (pick 2 that work for you)

- Practice problems (math/science)
- Flashcards (vocab, formulas)
- Teach-back (explain it out loud)
- One-page summaries
- Timed mini-quizzes
- Working with a friend (with rules)

Go-to page: If you checked "procrastinate," use the 10-Minute Starter + 2x25 plan. If you checked "behind," use the 24-Hour Comeback Plan and the Missing Work Tracker.

Weekly Scoreboard

Weekly Scoreboard (2 weeks)

Check it once a day. This is about patterns, not perfection.

Habit	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Homework turned in	■	■	■	■	■	■	■
10-min grade check / planner check	■	■	■	■	■	■	■
30-min study sprint	■	■	■	■	■	■	■
Phone away during work time	■	■	■	■	■	■	■
Sleep goal met	■	■	■	■	■	■	■
Week 1 Notes							
Week 2 Notes							

Mini-goal: Improve just one habit by one day next week.

If-Then Playbooks (Part 1)

If-Then Playbooks (use the one that matches your situation)

IF I procrastinate / can't start...

- THEN do the 10-Minute Starter: open the assignment, write the first 3 steps, and do 10 minutes only.
- THEN do 2 x 25 minutes (phone away). Take a 5-minute break between.
- THEN stop and plan the next session (so it's easier to start tomorrow).

IF I'm overwhelmed...

- THEN brain-dump everything you're worried about (2 minutes).
- THEN sort it: Must / Should / Can-wait.
- THEN pick the first 3 tasks only and start with the quickest win.

IF I get distracted...

- THEN move your phone (bag, across room, or give it to a trusted adult).
- THEN use a timer: 15 minutes on, 3 minutes off.
- THEN work in the smallest chunk possible (one problem, one paragraph, one slide).

If-Then Playbooks (Part 2)

IF I freeze during a test...

- THEN do a 60-second reset: feet on floor, slow inhale 4 seconds, exhale 6 seconds (repeat 5 times).
- THEN start with the easiest questions first to build momentum.
- THEN mark hard questions and come back later.

IF I blank out...

- THEN write down anything you remember (keywords, formulas, examples).
- THEN use the test as a hint: look for familiar terms in other questions.
- THEN ask for clarification if allowed (quietly, respectfully).

IF I missed 3+ days...

- THEN use the 24-Hour Comeback Plan (today).
- THEN email each teacher using the template and ask for the top 2 priorities.
- THEN schedule one help session (tutoring, teacher time, or study hall).

Reminder: If test anxiety feels intense or constant, talk to a trusted adult or school staff member for support and strategies.

Real Examples: Time Blocks

Real Examples: Weekly Time Blocks

Use these as a model. Your goal is a realistic plan you can actually follow.

Example A: Athlete (practice most weekdays)		
Time	Mon-Thu	Fri
3:30-4:00	Snack + reset	Snack + reset
4:00-6:00	Practice	Make-up work / tutoring
6:30-7:15	Dinner	Dinner
7:15-8:05	Study sprint (2x25)	Study sprint (2x25)
8:05-8:30	Pack bag + quick review	Plan weekend tasks
9:30	Lights out goal	Lights out goal

Example B: Working student (evening shift)		
Time	Mon-Thu	Fri
3:30-4:00	Snack + reset	Snack + reset
4:00-7:00	Work shift	Work shift
7:30-8:10	Study sprint (30-40)	Study sprint (30-40)
8:10-8:25	Email teachers / check grades	Check grades
9:30	Lights out goal	Lights out goal

Build your version: Pick a consistent 30-60 minute study window and protect it like practice or work.

Real Examples: Catch-Up Tracker

Real Example: Missing Work Tracker (Filled In)

This is what “catching up” looks like on paper. Your teachers may have different rules, so ask when needed.

Class	What I missed	Due date	My plan (date/time)
English	Paragraph response + vocab	Wed	Mon 7:15pm (30 min)
Math	Lesson 5 practice set	Tue	Mon 8:00pm (25 min)
Biology	Lab notes + quiz make-up	Fri	Wed tutoring (20 min)
History	Reading questions (2 pages)	Thu	Tue 7:15pm (30 min)

Pro move: When you email a teacher, ask for the top 2 priorities so you don't waste time guessing.

Real Examples: Email Thread

Real Example: Student Email Thread

Short. Clear. Respectful. Includes the information a teacher needs to help.

Student email

Subject: Absent Monday - what should I prioritize?

Hi Ms. _____,

I was absent on Monday and I'm back today. Can you tell me the top 2 things I should complete first and any deadlines I should know?

I checked Google Classroom and I see the reading questions - I'll start those tonight.

Thank you,

_____ (Period __)

Teacher reply (example)

Thanks for checking in. Please complete (1) the reading questions by Wednesday and (2) the vocab check by Friday. If you need help, come during lunch on Tuesday.

Student follow-up

Thank you! I'll complete the reading questions by Wednesday. I may come during lunch Tuesday to ask one question about #4.

Real Examples: Notes

Notes Example: Before and After

Good notes help you study faster later. The goal: clear headings, key terms, and a quick summary.

BEFORE (hard to study): • - long paragraphs • - no headings • - no key terms • - no summary	AFTER (easy to study): Topic: Photosynthesis Key terms: chlorophyll, glucose, ATP Process: light reactions -> Calvin cycle Quick summary: Plants convert light energy into chemical energy.
--	---

Try it: After class, add a 2-sentence summary and 5 key terms. That's it.

Advisory Mini-Lessons (Part 1)

Advisory Mini-Lessons (10 minutes each)

These are plug-and-play. Pick one a week. Each includes an activity and an “exit ticket.”

Mini-lesson	Quick activity	Exit ticket
1) Time blocking in 5 minutes	Students fill in one realistic study block for the week.	Exit: Write your study block day/time.
2) The 30-minute study sprint	Students choose one assignment and plan the first 3 steps.	Exit: What is step 1?
3) How to ask a teacher for help	Practice the email template with a real class.	Exit: Subject line + first sentence.
4) Catch-up after an absence	Students complete the Missing Work Tracker for a mock scenario.	Exit: Top 2 priorities.
5) Test-week plan (7/3/1)	Students choose the plan that matches their next assessment.	Exit: Which plan did you choose?

More lessons are on the next page.

Advisory Mini-Lessons (Part 2)

Mini-lesson	Quick activity	Exit ticket
6) Note-taking: Cornell vs Outline	Students choose a template and write one heading + 3 bullets.	Exit: Which template?
7) Phone distractions (simple rules)	Students set one “phone-away” rule for work time.	Exit: Where will your phone go?
8) Grade check routine	Students list all classes and write current grade (or “check later”).	Exit: One class to improve.
9) Study methods: rereading vs recall	Students create 5 practice questions from notes.	Exit: Write 1 practice question.
10) Freshman success: finding help	Students complete “My go-to adults” list.	Exit: Name one place to get help.

Staff tip: Keep it short. The win is consistency.

Parent/Guardian Support

Parent/Guardian One-Pager: Support Without Nagging

Most teens do better with structure + calm check-ins (not long lectures).

3 weekly questions that help

- What's the biggest thing due this week?
- What's one class you feel good about right now?
- Where do you want help (if any) - time, organization, or studying?

Simple routine

- Pick one consistent homework/study time window (30-60 minutes).
- Phone away during work time (basket, charger, or across the room).
- Quick check: "What's step 1?" instead of "Did you finish?"

When to reach out: If your student is frequently overwhelmed, missing school, or grades drop suddenly, contact school staff for support.

Parent/Guardian Support (continued)

Parent/Guardian One-Pager: Test Week + Missing Work

The goal is a calm plan, not panic.

Test week support

- Help them choose a plan: 7-day, 3-day, or 1-day.
- Encourage sleep: earlier bedtime the night before a test.
- Keep snacks simple: water + protein + fruit (if possible).

Missing work support

- Use the Missing Work Tracker and pick the top 2 priorities per class.
- Ask: “What’s the next smallest step?”
- If they are stuck, encourage a short teacher email (template in this guide).

Avoid: all-night cram sessions, shaming language, or trying to solve everything at once.

LMS + Tutoring Tracker

LMS Survival Guide (Google Classroom / Canvas / etc.)

Different schools use different systems, but the steps are usually the same.

- Check the “To Do” or “Missing” section first.
- Open the assignment and look for teacher feedback or comments.
- Write the due date in your planner (or set a reminder).
- If you don't understand, send a short question (template in this guide).

Tutoring / Office Hours Tracker

Date	Class	What I asked	What I learned / next step

Counselor Check-In

Counselor Check-In Worksheet (bring this with you)

This helps you use the time well and leave with a clear next step.

My goal for this meeting:
Classes I'm concerned about:
Questions about credits / graduation / schedule:
What I will do this week:

Tip: If you don't know what to ask, start with "Am I on track with credits?" and "What should my next semester schedule include?"

Student Success Challenge Levels

Student Success Challenge (Levels)

Same idea, but now you can level up.

Level	How to earn it
Bronze	Complete 6 actions in 2 weeks.
Silver	Complete 8 actions in 2 weeks + do 2 teacher check-ins.
Gold	Complete all actions + keep the Weekly Scoreboard for 2 weeks.

Optional: Have an advisor or teacher sign your certificate after completion.

Resource Vault: Study Skills + Learning

Use 1-2 resources at a time. Pair them with the Study Sprint so it becomes a habit.

GMSD Template Pack

Planners and trackers from this guide (editable).



Resource	What it's good for	Scan
The Learning Scientists	Free, research-based study strategies (retrieval practice, spacing, interleaving).	
UNC Learning Center	Study and time management tips written for students.	
Khan Academy (Study & practice)	Videos and practice for many subjects. Great for filling gaps.	
Quizlet	Flashcards and review games - use it to test yourself (active recall).	
Anki	Spaced-repetition flashcards for long-term memory.	

Backup links: Template Pack: drive.google.com/file/d/1jNNYLpKHsn0gtsrYWb16gYmh1DT1j2T-/view | learningscientists.org | learningcenter.unc.edu
khanacademy.org | quizlet.com | ankiweb.net

Resource Vault: Math + Science Practice

Best combo: short video + practice problems. Focus on mistakes, not speed.

GMSD Template Pack

Planners and trackers from this guide (editable).



Resource	What it's good for	Scan
Desmos	Graphing calculator and activities (Algebra through Calculus).	
GeoGebra	Interactive math tools (geometry, algebra, graphs).	
PhET Simulations	Science and math simulations (physics, chem, bio).	
CK-12	Free digital textbooks and practice (strong for review).	
OpenStax	Free, peer-reviewed textbooks for science and math.	

Backup links: Template Pack: drive.google.com/file/d/1jNNYLpKHsn0gtsrYWb16gYmh1DT1j2T-/view | desmos.com | geogebra.org
phet.colorado.edu | ck12.org | openstax.org

Resource Vault: Writing + Research + Citations

Use credible sources. Keep your work in your own words. Ask your teacher what's allowed.

GMSD Template Pack

Planners and trackers from this guide (editable).



Resource	What it's good for	Scan
Purdue OWL	Writing help for essays, citations, and grammar.	
ZoteroBib	Free bibliography builder (MLA/APA/Chicago).	
Google Scholar	Find credible articles for research projects.	
ERIC	Education research database (great for school projects).	
Library of Congress	Primary sources and research tools.	

Backup links: Template Pack: drive.google.com/file/d/1jNNYLpKHsn0gtsrYWb16gYmh1DT1j2T-/view | owl.purdue.edu | scholar.google.com
zbib.org | eric.ed.gov | loc.gov

Resource Vault: Reading + Social Studies + Current Events

Pick texts at your level, then level up. Practice answering questions in complete sentences.

GMSD Template Pack

Planners and trackers from this guide (editable).



Resource	What it's good for	Scan
CommonLit	Short readings with questions (strong for comprehension).	
Newsela	Current events articles at different reading levels (teacher may assign).	
ReadTheory	Reading comprehension practice and progress tracking.	
iCivics	Games and lessons for civics and government.	
PBS LearningMedia	Free videos and lessons across subjects.	

Backup links: Template Pack: drive.google.com/file/d/1jNNYLpKHsn0gtsrYWb16gYmh1DT1j2T-/view | [commonlit.org](https://www.commonlit.org) | newsela.com | [readtheory.org](https://www.readtheory.org) | [icivics.org](https://www.icivics.org) | [pbslearningmedia.org](https://www.pbslearningmedia.org)

Resource Vault: Organization + Focus

The best tool is the one you'll actually use. Start simple: one calendar + one list.

GMSD Template Pack

Planners and trackers from this guide (editable).



Resource	What it's good for	Scan
Google Calendar	Time blocking, reminders, and assignment deadlines.	
Google Keep	Quick to-do lists, checklists, and reminders.	
Microsoft To Do	Simple task lists with reminders and due dates.	
Pomofocus	A simple online Pomodoro timer for study sprints.	
Freedom (distraction blocker)	Optional tool to block distracting sites/apps during study time.	

Backup links: Template Pack: [drive.google.com/file/d/1jNNYLpKHsn0gtsrYWb16gYmh1DT1j2T-/](https://drive.google.com/file/d/1jNNYLpKHsn0gtsrYWb16gYmh1DT1j2T-/view) | calendar.google.com | keep.google.com
todo.microsoft.com | pomofocus.io | freedom.to