

Independence High School Esports Team – Weekly Schedule

This sample schedule reflects a typical high school esports program balancing academics, teamwork, and competition during its first season.

Day	Activity	Time
Monday	Team Practice (Rocket League mechanics & drills)	3:30–5:00 PM
Tuesday	Strategy Review & STEM Skills Workshop	3:30–4:45 PM
Wednesday	Scrimmage vs. Local Schools / Internal Matches	3:30–5:00 PM
Thursday	VOD Review, Communication & Leadership Training	3:30–4:30 PM
Friday	League Matches / Competition Days	4:00–6:00 PM