

Evangelista Orthopedic Clinic

Summer Educational Externship (for upper school and college students)

Evangelista Orthopedic Clinic offers a Summer Orthopaedic externship designed for motivated high school and college students interested in medicine, surgery, sports medicine, or allied health careers. This 6–10 week program provides structured exposure to orthopedics through clinical observation, research involvement, and optional operating room shadowing (based on hospital, surgical center and parental clearance).

Externs will learn foundational concepts in musculoskeletal anatomy, sports injuries, adult reconstruction, fracture management, non-surgical and surgical decision making. They will observe patient interactions, physical examinations, imaging interpretation, and treatment planning. Under physician mentorship, externs will assist in basic clinical tasks appropriate for their age and training, such as room setup, documentation support, and patient education preparation.

In addition, externs may participate in introductory clinical research, including chart review, data entry, literature searches, and assistance with ongoing orthopedic projects. This program is designed to provide early, meaningful exposure to the healthcare environment and help students explore a future career in medicine and surgery.

Opportunities include:

- Observing orthopedic examinations and learning basic physical exam techniques
- Exposure to X-rays, ultrasound, CT and MRI advanced imaging interpretation alongside physicians and PAs
- Shadowing in clinic to understand diagnosis, treatment plans, and patient flow

- Optional OR observation (based on hospital approval and scheduling)
- Participation in active research projects with objective of publishing an abstract, paper and/or podium presentation
- Learning about casting, bracing, postoperative care, and injury prevention
- Teaching sessions on anatomy, pathology, and surgical cases
- Understanding how a private medical practice operates (scheduling, triage, workflow)
- Exposure to medical ethics, patient communication, and professionalism in healthcare

This externship offers an immersive and inspiring introduction to orthopedics, ideal for students looking to strengthen future college or pre-med applications.