



## ***Onalaska High School Activities & Organizations 2025-2026***

**Amnesty International** - This is a club focused on promoting and defending human rights through education, advocacy, and action. Members work to stop abuses by organizing campaigns, writing letters, and raising awareness.

**Art Club** – Art Club is for ALL students; you do not need to take an art class to join! Art Club focuses on creating art in a way to support the community, the school district, OHS, and all things Art Club. If you are interested in art field trips, murals, designing t-shirts, designing stickers, Henna, and meeting fun new friends, this is the club for you.

**ASL (Adaptive Sports League)** – ASL is a varsity level league for students with an individualized education plan to compete in a series of seasonal sports: soccer (fall), floor hockey (winter), and wiffle ball (spring). Case manager sign-off is required.

**Black Student Association** – A safe place for students to belong, share concerns, learn about Black history, volunteer, and connect to the community. Goals for the organization include Black Empowerment, Equality, Breaking Stereotypes, Connecting to the Community.

**Color Guard** – Color Guard is the Flag & Rifle Drill team that marches with the band. They perform in parades and football games.

**Dancing with the O’Club Stars** – A springtime favorite that brings energy, creativity, and fun to the spotlight! Open to **senior athletes, dance team members, and show choir members**, this friendly competition challenges participants to step outside their comfort zone as they learn and perform a choreographed dance. The result is a high-energy evening performance filled with talent, teamwork, and lots of school spirit—one you won’t want to miss!

**Drama / Speech Team** – Drama Club is open to all students interested in drama, and helps produce the winter play and the summer musical. Speech Team is an activity for those who enjoy public speaking. There are 14 different categories of speech in which students can perform.

**Dungeons and Dragons** – Learn how to play Dungeons and Dragons, join 1 of 2 groups to play in a session led by Idarraga in rotating order, and form student groups to play on your own. Even if you don't play, come to hangout, play games, or talk with other students. Any experience level, even beginners, are encouraged to check it out.

**Envirothon** – Envirothon is an annual competition in the spring that club members prepare for all year. Students participate in outdoor field challenges designed by natural resources professionals and educators. The day-long event is an excellent opportunity for students to develop leadership and communication skills that champion a more sustainable and environmentally aware community.

**FBLA** – FBLA gives students recognition for their outstanding performance in class by allowing them to compete in competitive events testing their aptitude, presentation skills, business skills at regional, state and national level competitions.

**Fellowship of Christian Athletes** – A movement for all students to discover and deepen a relationship with Jesus Christ.

**French Club / Honor Society** – French Club is a great way to polish your French skills and meet new people. They organize events like Mardi Gras and French Forensics.

**Green Council** – This organization meets weekly to discuss ways to positively impact the environment and educate others. The club has taken on a variety of recycling and composting projects at OHS and in the community. This club welcomes all who care about the environment and are interested in taking action - small or big!

**High Quiz Bowl** – Quiz Bowl is a game in which two teams compete head-to-head to answer questions from all areas of knowledge, including history, literature, science, fine arts, current events, popular culture, sports & more.

**HOSA** – HOSA is a club for those interested in healthcare careers, providing opportunities to gain hands-on experience, developing leadership skills, and participating in competitive events at local, state, and national levels.

**Intramurals** – Intramurals are a fun way to stay active and connected after school! Open to **all students**, intramurals offer a wide variety of activities throughout the school year—from team sports to individual games—so there’s something for everyone. No experience required, just show up, try something new, and have fun with friends in a positive, inclusive environment.

**Jazz Band** — This is a group of students that enjoy playing music and get together to perform at jazz festivals and other events throughout the year.

**Link Crew** — Link Crew is a high school transition program that welcomes freshmen and helps them feel comfortable throughout their first year of high school. Link Leaders—juniors and seniors—serve as motivators, leaders, and mentors who guide freshmen in discovering what it takes to be successful during the transition to high school. Throughout the school year, Link Leaders continue to support freshmen by connecting with them during Engage time, helping them meet new people, and building a sense of belonging. They also encourage involvement by showing up at school events, including sporting events, so freshmen can see the many opportunities available to them and witness what it truly means to be part of the school community.

**Machine Learning Club** - The Machine Learning Club is a student-led club that guides members through the fundamentals of modern AI and machine learning technology. Students can explore and build projects involving data analysis and image classification through accessible environments like Google Colab. The club is open to members of all coding levels.

**Music Appreciation** — The Music Appreciation Club welcomes students of all musical backgrounds, whether you play an instrument or simply love listening to music. Join us for engaging discussions across a wide range of genres, opportunities to volunteer through music, and fundraisers that support the community.

**National Honor Society** — National Honor Society is a society for the national and local recognition of students who maintain a 3.5 cumulative grade point average and who dedicate themselves to service in school and community activities.

**Ona Spirit Club** — Ona Spirit Club meets to plan OHS Homecoming Activities and Winter Week. Their goal is to increase Ona Pride and celebrate our school and students.

**Onalaska Ohms Kidwind Team** — Onalaska Ohms Kidwind Team is a group of students who learn about clean energy, advanced electrical mathematics, and engineering. This small team of students spends the year engineering a small scale wind turbine and competes with it alongside their mathematics and clean energy skills at the state competition.

**O.W.L.S. Writing and Literature Society** — The purpose of O.W.L.S. is to foster a love for writing and literature among students at Onalaska High School and the Onalaska community, and provide a platform for creative expression, literary exploration, and intellectual growth.

**Pep Band** — Pep Band Club is a voluntary, extracurricular ensemble open to students who want to make music in a fun, energetic setting outside of required band activities. Members perform at select school events—such as athletic games and pep rallies—bringing school spirit to life while building musicianship, teamwork, and community. Participation is optional, flexible, and focused on enjoyment, creativity, and supporting our school through music.

**Prom** — Prom Committee is for juniors who want to be involved in planning prom by helping choose the theme, promote the event, and design the decorations to make the night memorable.

**Rotary Interact** — Rotary is a service-based organization, working together to do projects to benefit the community, such as sending Christmas cards to veterans and nursing home residents.

**Science Olympiad** — Science Olympiad is a state and national competition for students interested in science, engineering, technology, and math. It is the only competition in the US that offers a team learning environment that stretches across many areas of science and engages students of different knowledge and skill sets.

**Show Choir/Show Band** — Show Choir is a highly competitive group that requires a lot of dedication towards singing and dancing. Hilltopper consists of juniors and seniors, while Express is freshmen and sophomores. Show Choir members must be enrolled in a school choir.

**South East Asian Club** — This club promotes diversity, inclusion, and equity through discussion and acceptance of all students, after-school activities such as games, holiday gatherings, fundraisings, collaborating with other local high school Asian clubs, end of the year field trips, and promoting higher education opportunities for high school students.

**Spanish Club / Honor Society** — This is a group of students from all levels of Spanish classes that promotes the diversity and awareness of Hispanic culture and focuses on community activities.

**Student Council** — This organization is the student government of the high school. The student council is involved in Winter Carnival, Penny Wars, White Christmas, etc. They also have a representative on the school board.

**Tech Ed Club** — In this club, students have the opportunity to explore a wide range of hands-on technologies, including welding, woodworking, CNC cutting, laser cutting, robotics, and 3D printing. Whether you're interested in crafting intricate designs or building functional projects, the Tech Ed Club provides the tools and guidance you need to bring your ideas to life.

**Ujima** – Open to all OHS students, this organization promotes diversity and inclusion while fostering a culture of acceptance within our school and community through discussions, educational activities and celebrations.

**Winter Drumline** - An extension of the band program, Winter Drumline is a marching activity that incorporates battery (marching drums) and front ensemble instruments (mallets & concert percussion) in an indoor performance that competes with other ensembles in the area.

**Winter Guard** - An extension of the band program, this performance ensemble emphasizes the fundamentals of body and equipment movement through choreographed routines and drill design. Winterguard provides opportunities for students to express individuality through themed performance, teaches teamwork, builds confidence, and self-esteem.

**Women in STEM** - In this club, we hear from women in our community with strong careers in STEM. Whether you're already planning to be an engineer, scientist, or doctor -- or you're just curious about what's out there -- this is a place to ask questions, gain insights, and get inspired.

**Yearbook** – This group, which is also a class, works to develop the OHS Yearbook each year, from taking photographs to designing and creating the yearbook layout.