

Name	Phone	Age	Grade in Fall
Address	City	Zip	
Email	School		
Shirt Size: (Youth) M L (Adult) S M L XL		Position for Softball	Paid in full \$
			Deposit Only \$
			Balance Due \$
Emergency Contact		Phone	
Please list any medical conditions or allergies the camp should know about:			
I hereby give permission for my child to participate in LLSC. LLSC is not responsible for injuries incurred while involved in the program.			
Parent/Guardian Signature			Date

(Please check appropriate box)

- \$300 ☐ SESSION #1 Volleyball June 22 - 26
- \$300 ☐ SESSION #2 Softball July 6 - 10
- \$135 ☐ SESSION #2A Lacrosse July 6 - 9
- \$300 ☐ SESSION #3 Basketball July 13 - 17
- \$300 ☐ SESSION #4 Volleyball July 20 - 24
- \$135 ☐ SESSION #4A Soccer July 20 - 23
- \$135 ☐ SESSION #4B Field Hockey July 20 - 23

Complete and mail along with payment:

LADY LIONS SPORTS CAMPS c/o Lorenzo Sozio
 10 Whitaker Place, West Caldwell, NJ 07006
 973-602-3568 email: lsozio@msdacademy.org

LADY LIONS SPORTS CAMPS
 10 Whitaker Place
 West Caldwell, NJ 07006

“teaching the **FUNDamentals**”

2026 LADY LIONS SPORTS CAMPS

@ Mount St. Dominic Academy



VOLLEYBALL (Grades 7 - 9)

Session #1

June 22 - June 26



SOFTBALL

Session #2

July 6 - July 10



LACROSSE

Session #2A

July 6 - July 9



BASKETBALL

Session #3

July 13 - July 17



VOLLEYBALL (Grades 4 - 6)

Session #4

July 20 - July 24



SOCCER

Session #4A

July 20 - July 23



FIELD HOCKEY

Session #4B

July 20 - July 23

About the Lady Lions Program

The Lady Lions Sports Camps are for girls entering 4th - 9th grades. Our camp is under the direction of Mount St. Dominic Athletic Director, Lorenzo Sozio.

Lady Lions Sports Camps aim at teaching the fundamental skills at a time of the year when great progress can be made – in the summer. We will stress the fundamentals of each sport and create game situations in the best learning environment.

“Lady Lions Camps will challenge the beginner and improve the skills of the more seasoned player.”

With the limited number of campers, your daughter will be guaranteed quality time to learn the proper fundamentals.

All campers will receive a t-shirt, athletic items and awards for achievements. Camp will be held regardless of weather conditions.

Questions:

Call or Text :
201-602-3568

Email:
Isozio@msdacademy.org

Registration

- Camps (except LAX, SOC and FH) are \$300 each.
- Any two sessions or sibling will receive \$40 discount (except LAX, SOC and FH)
LAX, SOC and FH Camp is \$135 with a \$15 discount for siblings or two sessions
- \$100 non-refundable deposit is due on or before May 31, 2026.
- Balance of payment to be mailed no later than June 19, 2026. If balance is not received, spot will be given to girls on our waiting list.
- Registration includes t-shirt and an athletic item.

Enrollment

Enrollment is limited and will be handled on a first come, first serve basis.

Where

All camps, except Lacrosse, Soccer and Field Hockey are located at the Mount St. Dominic Academy Complex. We will utilize our Softball Field and the Athletic Center.

Lacrosse, Field Hockey and Soccer is held at the Essex Valley School turf field, 1 Henderson Drive, West Caldwell.

All campers must bring their lunch
with them each day

For night sessions, please bring a snack

Times/Ages

- **Volleyball (first session)**
7th thru 9th grade 9 am - 3 pm
- **Lacrosse**
4th thru 9th grade 6 pm - 8:30 pm
- **Softball**
4th thru 9th grade 9 am - 3 pm
- **Basketball**
4th thru 9th grade 9 am - 3 pm
- **Volleyball (second session)**
4th thru 6th grade 9 am - 3 pm
- **Soccer**
4th thru 9th grade 6 pm - 8:30 pm
- **Field Hockey**
4th thru 9th grade 6 pm - 8:30 pm

Early drop off and late pick-up are available upon request.

Camp Staff

Camp Staff will be led by Camp Director, Lorenzo Sozio and other high school coaches, college coaches, as well as current college and high school players. There will be an Athletic Trainer or Nurse available on site during Camp hours.

Registration

Online:

www.ladylionssportscamps.com
or

Complete application and mail along with
payment to:

LADY LIONS SPORTS CAMPS

10 Whitaker Place
West Caldwell, NJ 07006