



SHEYENNE BOYS TRACK AND FIELD



Top 10 All Time Outdoor Performance List

All times are FAT or Converted to FAT

100 Meter Dash				200 Meter Dash			
		Time	Year			Time	Year
1	Evan Tiongson	10.85	2025	1	Jackson Kuznia	21.91	2021
2	Kye Schlichting	10.86	2025	2	Evan Tiongson	22.04	2025
3	Jackson Kuznia	10.92	2021	3	Deandray Ansah	22.13	2023
3	Cash Gilseth	10.92	2024	4	Will Morris	22.13	2025
5	Oscar White	10.95	2022	5	Oscar White	22.26	2022
5	Isaiah Lincoln	10.95	2025	6	Ty Schlichting	22.29	2023
5	Will Morris	10.95	2025	7	Cash Gilseth	22.57	2024
8	Ryker Birnbaum	10.97	2025	7	Trevor Tiongson	22.6	2021
9	Edward Orukotan	11.00	2025	9	Isaiah Lincoln	22.6	2025
9	Roosevelt Massaquoi	11.00	2025	10	Ryker Birnbaum	22.63	2025
400 Meter Dash				800 Meter Dash			
1	Jackson Kuznia	49.91	2021	1	Caeden Johnson	1:55.09	2022
2	Jesse Shorma	50.06	2017	2	Jacob Knodle	1:57.24	2021
3	Deandrey Ansah	50.48	2023	3	Aiden Johnson	1:59.03	2022
4	Emmanuel Dukuly	51.18	2025	4	Stetson Gisselbeck	2:01.49	2025
5	Lee Williams	51.38	2019	5	Isaiah Robles	2:01.65	2024
6	Reece Breidenbach	51.48	2022	6	Cole Duerr	2:01.70	2024
7	Evan Tiongson	51.51	2024	7	Lee Williams	2:02.58	2019
8	Soren Kaster	51.84	2023	8	Chase Aadland	2:05.55	2024
9	Paul Plueddeman	52.18	2024	9	Tucker Diebert	2:05.57	2024
10	Brady Duttenhefer	52.28	2021	10	Paul Plueddeman	2:05.63	2024
1600 Meter Run				3200 Meter Run			
1	Jacob Knodle	4:14.79	2021	1	Jacob Knodle	9:01.56*	2021
2	Caeden Johnson	4:16.26	2022	2	Aiden Johnson	9:13.19	2021
3	Aiden Johnson	4:18.49	2022	3	Caeden Johnson	9:19.90	2022
4	Stetson Gisselbeck	4:38.05	2025	4	Leo Smith	10:16.71	2017
5	Cole Duerr	4:38.12	2025	5	Cole Duerr	10:24.94	2024
6	Tucker Deibert	4:42.81	2024	6	Carter Ferber	10:27.89	2022
7	Isaiah Robles	4:44.52	2024	7	Nathan Rohrer	10:34.00	2017
8	Cooper Clouse	4:46.83	2022	8	Brody Black	10:39.57	2023
9	Cameron Sprout	4:47.31	2025	9	Devin L'Hereux	10:39.94	2025
10	Troy Mullenberg	4:51.27	2019	10	Stetson Gisselbeck	10:43.2	2024
110 Meter Hurdles				300 Meter Hurdles			

1	Will Morris	15.09	2025	1	Soren Kaster	39.26	2023
2	Soren Kaster	15.51	2023	2	Will Morris	39.34	2025
3	Gavin Harris	15.67	2019	3	Isaac Birnbaum	39.64	2021
4	Isaac Birnbaum	15.71	2021	4	Kyle Holoien	39.77	2017
5	Hilary Dossen	15.72	2025	5	Jackson Kuznia	41.44	2021
5	Kyle Holoien	15.72	2017	6	Kym Hunder	42.54	2025
7	Jackson Kuznia	15.9	2021	7	Eben Breker	42.55	2025
8	Eben Breker	15.91	2025	8	Aidan Massaquoi	43.31	2023
9	Kym Hunder	16.49	2025	9	Gavin Harris	43.48	2019
10	Nic Smith	16.73	2017	10	Hilary Dossen	43.91	2025
Shot Put				Discus			
1	Sajen Nyoak	52-11	2025	1	Kade Pietrzak	149-04	2024
2	Brennan Selheim	51-11	2022	2	Braden Saville	136-11	2025
3	Kade Pietrzak	51-5	2024	3	Austin Moser	133-10	2018
4	Jacob Kirkeby	49-7	2022	4	Michael Treib	132-5	2019
5	Xander Mowery	48-11	2025	5	Connor Manske	131-7	2024
6	Mamadi Dore	48-1	2025	6	Mamadi Dore	130-1	2025
7	Michael Treib	47-7	2018	7	Arthur Fanbulleh	129-6	2022
8	Bryce Cain	47-4.5	2023	8	Zander Mowery	128-9	2025
8	Isaac Kenaga	47-4.5	2023	9	Sajen Nyoak	124-10	2025
10	Noah Nammaur	45-02	2016	10	Noah Nammour	124-5	2016
Pole Vault				High Jump			
1	Devin Schatz	14-09	2017	1	Mike Nhial	6'8"	2022
2	Brad Bertsch	14-00	2022	2	Kalef Yalartai	6'5"	2025
2	Soren Kaster	14-00	2023	2	Kyson Keller	6'5"	2025
4	Jack Jelinek	13-6	2025	4	Kasen Baer	6'4"	2023
4	Connor Manske	13-6	2024	4	Richard Worae	6'4"	2018
6	Hunter Hegel	13-3	2017	4	Eben Breker	6'4"	2025
6	Erik Ault	13-3	2021	7	Nic Smith	6'2"	2018
8	Wyatt Warkenthein	13-0	2019	8	Dylan Beyl	6'0"	2022
9	Tyler Hanson	12'6"	2023	9	Darby Olson	6'0"	2022
9	Justin Overas	12' 6"	2025	9	Channing Stelljes	6'0"	2018
				9	Emmanuel Duot	6'0"	2023
				9	Moe Sabby	6'0"	2024
				9	John Angau	6'0"	2024
				9	Gavin Harris	6'0"	2019
				9	Dylan Scott	6'0"	2025
Long Jump				Triple Jump			
1	Kye Schlichting	23-01	2025	1	Noah Olson	44-06.75	2024

2	Kasen Baer	22-08	2023	2	Kalef Yalartai	44-0.75	2025
3	Ty Schlichting	22-06	2023	3	Mike Nhial	43-09.75	2022
4	Nic Smith	21-10	2018	4	Jesse Shorma	43-02.25	2016
5	Will Morris	21-09.75	2025	5	Anthony Hoang	43-00	2019
6	Kalef Yalartai	21-09	2024	6	Dylan Beyl	42-11.75	2022
7	Max Greenwood	21-08	2023	7	Max Greenwood	42-09.75	2023
8	Dylan Beyl	21-05	2023	8	Kasen Baer	42-08.25	2023
9	Caleb Kuznia	21-03	2016	9	Darby Olson	41-09.5	2022
9	Sullivan Ihry	21-03	2025	10	Sean Brindle	41-08.5	2025
Javelin (Rubber Tipped)							
1	Carter Bonnema	178'02"	2017				
2	Josh Roehrich	176'04"	2015				
3	Christian Oien	166'10"	2016				
4	Zach Rodgers	164'02"	2019				
5	Walker Thon	162'11"	2018				
6	Brayden Olson	161-11	2025				
7	Aiden Thon	154-5	2017				
8	Caleb Haas	153-09	2025				
9	Kyle Toy	151-1	2019				
10	Keaton Mahnke	151'	2017				
4x100 Meter Relay							
1	A. Gartei, K. Schlichting, E. Raan, T. Schlichting					42.36	2023
2	I. Lincoln, Thomas M., Ryker B., Kye S.					42.54	2025
3	C. Kuznia, J. Shorma, K. Mahnke, J. May					42.85	2017
4	A. Kollie, T. Tionson, E. Raan, T. Schlichting					42.87	2021
5	A. Gartei, O. White, E. Raan, T. Schlichting					43.04	2022
6	C. Kuznia, C. Erickson, Y. Rivera, J. May					43.55	2016
7	A. Gartei, B. Kpeenu, C. Gilseth, K. Schlichting					43.68	2024
8	S. Bannie, K. Gbadoe, L. Lemke, R. Worae					44.11	2015
9	C. Kuznia, J. Shorma, K. Mahnke, J. May					44.19	2019
10	S. Bannie, T. Tionson, B. Kpeenu, K. Gbadoe					44.21	2018
4x200 Meter Relay							
1	I. Lincoln, W. Morris, K. Schlichting, E. Tionson					1:27.99	2025
2	J. Shorma, D. Schatz, K. Holoien, C. Kuznia					1:28.63	2017
3	A. Gartei, R. Breidenbach, E. Raan, T. Schlichting					1:28.97	2023
4	T. Schlichting, B. Duttenhefer, E. Raan, O. White					1:29.69	2022
5	T. Schlichting, B. Duttenhefer, I. Birnbaum, T. Tionson					1:30.30	2021
6	C. Kuznia, J. Shorma, Y. Rivera, K. Holoien					1:30.78	2016
7	L. Williams, B. Kpeenu, T. Tionson, K. Gbadoe					1:31.84	2019
8	B. Kpeenu, E. Tionson, C. Gilseth, K. Schlichting					1:32.28	2024

9	<i>L. Lemke, K. Gbadoe, E. Holder, R. Worae</i>	1:32.50	2018
10	<i>J. Shorma, D. Schatz, K. Holoien, C. Kuznia</i>	1:33.08	2015
4x400 Meter Relay			
1	<i>J. Kuznia, T. Tionson, R. Breidenbach, C. Johnson</i>	3:24.81	2021
2	<i>C. Kuznia, D. Schatz, K. Holoien, J. Shorma</i>	3:26.55	2017
3	<i>P.Plueddeman, I. Robles, I. Lincoln, E. Tionson</i>	3:27.15	2024
4	<i>P. Plueddeman, S. Kaster, R. Breidenbach, D. Ansah</i>	3:27.60	2023
5	<i>Z. Breidenbach, I. Iverson, S. Gisselbeck, E. Dukuly</i>	3:28.20	2025
6	<i>B. Duttonhefer, M. Stiel, R. Breidenbach, D. Ansah</i>	3:28.34	2022
7	<i>L. Williams, T. Tionson, E. Aluha, K. Gbadoe</i>	3:28.62	2019
8	<i>L. Williams, G. Kamau, N. Smith, E. Holder</i>	3:31.70	2018
9	<i>E. Holder, N. Mcdonald, J. Scheel, K. Coles</i>	3:32.12	2016
10			
4x800 Meter Relay			
1	<i>J. Knodle, A. Johnson, C. Koles, C. Johnson</i>	8:07.16	2021
2	<i>I. Iverson, Z. Breidenbach, C. Duerr, S. Gisselbeck</i>	8:12.52	2025
2	<i>A. Johnson, C. Clouse, I. Robles, C. Johnson</i>	8:14.48	2022
3	<i>C. Aadland, I. Robles, P. Plueddeman, C. Duerr</i>	8:14.77	2024
4	<i>L. Williams, R. Wagner, K. Coles, J. Knodle</i>	8:19.78	2019
5	<i>I. Robles, T. Deibert, P. Plueddeman, R. Breidenbach</i>	8:22.15	2023
6	<i>G. Kamau, L. Williams, R. Wagner, N. Rohrer</i>	8:29.44	2018
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*** - Denotes North Dakota Top 10 All time Performance.**

https://docs.google.com/document/d/1dE0-asRs_JMbKZsJL2ddFXcoVlpASnurwz1J9a8fqbs/edit#heading=h.gjdgxs