

Serving Fruits and Vegetables

Your school has the flexibility to schedule FFVP during the school day (and at school activities during the school day) for students at a participating school.

The Best Time

Many schools serve fruits and vegetables multiple times during the school day so students have more access to fruits and vegetables.



Fruits and vegetables may only be served during the school day (i.e., not before school or during afterschool programs). This provides an opportunity to incorporate a nutrition lesson along with the service of produce.

The FFVP cannot be served during the National School Lunch or School Breakfast Programs' reimbursable meal service periods.

The FFVP *cannot* be served as part of summer school sessions.

The FFVP may be provided during a "year-round school's" summer session as this is considered part of the regular school year. Multiple distribution times may be used and may be the best way to maximize participation.

The Best Places

The most successful distribution areas for the FFVP will be places where children can easily consume the fruits and vegetables.

The techniques you use to distribute fruits and vegetables will depend on a number of factors. Consider grade level, maturity of your students, time available to eat the fruits and vegetables, time required for preparation and service of fresh fruits and vegetables, extra clean-up, garbage concerns and staffing issues.

Schools can offer the FFVP to children through a variety of distribution methods.