



A recording of the meeting will be available for viewing on the District's website within 10 days of the meeting date. To make public comments at this meeting of the Aledo ISD School Health Advisory Council, [click this link](#) and complete the form no later than 4:30pm on **Tuesday, February 10th.**

Aledo ISD SHAC meeting – February 11, 2026

- I. Opening Activity
- II. Public Comment
- III. Update from Physical Activity Fitness Planning Subcommittee
- IV. Group Work: Priority Topics
- V. Review upcoming Parent Universities
 - a. March 2, 2026
 - b. April 9, 2026
- VI. Future meeting dates / times
 - a. 04.08.26

Purpose

TEC § 28.004: The purpose of a local School Health Advisory Council (SHAC) is to assist the district in ensuring that local community values are reflected in the district' health education instruction.

Mission Statement

The Aledo ISD School Health Advisory Council (SHAC) will establish and communicate guidelines and age-appropriate strategies to implement ongoing programs enabling students at all levels to make informed choices for a healthy lifestyle reflective of our community's values.