9th Grade SUMMER HEALTH/TLC (Thinking, Learning, Communicating)

This summer school course fulfills the one-trimester CDH Health/TLC requirement. By taking this required course in the summer, students can free up space during the school year to take other electives that they may be interested in. It will also be a great opportunity to meet many new CDH 9th graders.

CDH Health/TLC instructors: Mrs. Jodi Muetzel & Mr. Mark McGuire

Tuition for this class is $200.00 and is due at 9th grade registration on February 12, 2026

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*IN ORDER TO SECURE A SPOT YOU HAVE TO PAY THE NIGHT OF REGISTRATION WITH A CHECK (made out to CDH) OR CASH. WE WILL NOT ALLOW ANYONE TO SIGN UP IF THEY DO NOT HAVE THEIR PAYMENT.

Students will select from one of the following weeks:

Week 1: June 8-12, 2026 from 8 a.m. - 3 p.m.

or

Week 2: June 15-18 from 8 a.m. - 3:30 p.m. (NO CLASS on June 19)

This course will help students develop the knowledge and skills they need to make healthy decisions that allow them to stay active, safe and informed. Students will find out about the components of a healthy lifestyle and ways to approach making healthy choices and decisions.

The lessons and activities are designed to introduce the student to important aspects of the main types of health: emotional and mental, social, spiritual, and physical. Students will be led through the three essential strategies for self-discovery: thinking, learning and communicating, empowering them to reach their potential and find success in high school and beyond.

For more information, contact Ms. Jodi Muetzel at jmuetzel@c-dh.org or Mr. Mark McGuire at mmcguire@c-dh.org

(Please complete the form on the next page and bring it to registration on February 12, 2026)

CDH SUMMER HEALTH/TLC CLASS REGISTRATION FORM

Sign up with Mrs. Jodi Muetzel & Mr. Mark McGuire at the Summer Health/TLC Table.

Bring the completed form with the $200.00 fee to the Check-out table
on February 12, 2026

Student name: _____ Grade next year: _____

Street address: _____

City_____State_____

Zip code: _____

Home Phone: _____

Student E-Mail:_____

Emergency Contact: _____ Contact E-mail/phone: _____

Every effort is made to place students in their first choice of class week, but it is not guaranteed.

Please rank your choice of class week:

_____ June 8-12 (8-3) _____ June 15-18 (8-3:30) No class on 6/19

Parent/Guardian Signature: _____ Date: _____