



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 4/ ISSUE: 24

DATE: 2-6-26

HEADLINES

WEEK AT A GLANCE

NMS MATH TEAM

UPDATES

KINDNESS CORNER

ANNOUNCEMENTS

Summer Discovery Program at South Shore Tech

Come join us at South Shore Tech this summer to experience hands-on technical training in our Summer Discovery Programs!

Registration is now open:

[Registration](#)



TOGETHER WE MAKE A DIFFERENCE

Week at a Glance

SEMSBA (2/7) -- The 7th and 8th Grade Band and Chorus students will be meeting at Abington High School to audition for SEMSBA Honor Ensembles on February 7th. Good luck to all involved!

DC Parent Meeting (2/10) -- DC informational meeting will be on Tuesday, Feb 10 at 6:00pm via zoom (for the current 7th grade.) (See page 4 for the informational email that was sent out on February 3rd.)

Geography Bee (2/13) -- The NMS Geography Bee is on Friday, February 13th. If you would like more information, please see Mrs. Gavin in room 212. Student participants from 6th, 7th and 8th grade will compete to be crowned the NMS Geo Bee champion. Also, students wishing to compete in the national Geography and/or History Bee will take a qualifying online test in March (TBD) @ 2pm in the world language lab. Any student interested in competing nationally, please see Mrs. Gavin.

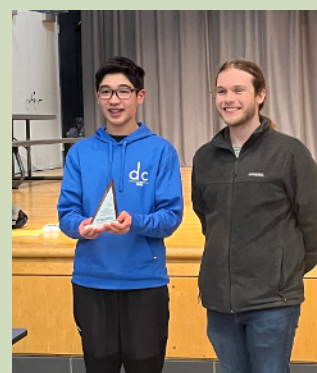
[Geo Bee Bell Schedule](#)

Comfy/Cozy Day (2/13) -- Spirit Day on Friday 2/13

Souper Bowl (4th - 13th) -- The Community Service Club is bringing back the annual Souper Bowl can drive for the Norwell Food Pantry. Starting February 4th - 13th, each homeroom will collect as many cans of food/items as possible for 1.5 weeks. The homeroom in each grade with the greatest amount of cans/items wins a golden football trophy and BRAGGING RIGHTS. The winning homeroom will be notified by February 25th.

Southeast Regional MathCounts competition

Norwell Middle School **Finishes First** at Southeast Regionals. It was an outstanding competition, and all participants did incredible work. Thirteen schools and nearly 100 students competed, with the team of Joey Yazbeck, Chase Wolbach, Daniel Lee, and Kellen Blair earning first place. Norwell swept the top six individual awards—Joey Yazbeck (1st), Chase Wolbach (2nd), Cole Wolbach (3rd), Noah Lendler (4th), Kellen Blair (5th), and Daniel Lee (6th)—and all six will advance to the state competition in March. Caden Rodriguez placed 15th and Maddux Maturo placed 17th, both finishing in the top 25%. Please join us in congratulating all of the students on their amazing achievements! And thank you to Mrs. Ryan and Mr. Wolbach (Advisors)! NMS Team -- (8th) Kellen Blair, AnnaBell Burns, Elena Charron, Daniel Lee, Matthew Maturo, Caden Rodriguez, Chase Wolbach, Joey Yazbeck and (7th) Mia AbouRjeily, Noah Lendler, Elyse Thornton, and Cole Wolbach.



TOGETHER WE MAKE A DIFFERENCE

Celtics Playbook Initiative

The Boston Celtics have invited Norwell Middle School and the Academy of the Pacific Rim Charter Public School to participate in a Playbook Initiative workshop at the Celtics' Auerbach Training Center in Boston, MA on Monday, February 9th. This invitation is an honor, as only two schools from Massachusetts are chosen each Playbook season. NMS hosted the first Playbook Initiative workshop with the Academy of the Pacific Rim Charter Public School on Friday (1/30). During the workshop, students shared their experiences and insights. It was a great event!

Author Visit

Virtual author visit (2/3) -- On February 3rd, the 6th grade spent time with author Kwame Alexander, Andrew Pinkney and Karyn Parsons (Hilary Banks from Fresh Prince of Bel-Air). Students excitedly listened to the author's stories, their motivations and future writings. Inspirational moments in the 6th grade! Big Thanks to our 6th grade ELA teachers Mrs. Marani and Mrs. Uhlman.



CALENDAR

January

February
4-13 Souper Bowl
7 SEMSBA Auditions
10 School Council
10 DC Parent Night (Current 7th Grade)
13 Comfy/Cozy Day
13 Geography Bee
14 Valentine's Day
16-20 / February Break
24 NHS Curriculum Night (incoming 9th)
26 Jamele Adams (Speaker)
27 Interim Reports

"Identify your problems but give your power and energy to solutions."

Updates

Substitutes -- We are always looking for substitutes for teachers, aides, and nurses. Substituting offers flexible scheduling, allowing one to work on available days and at selected levels or schools. We even have half day spots to fill! If you or someone you know is interested, please apply at the Norwell Schools [NSD website](#)

Spirit Day! Go Pats!



"It takes courage to be kind." - Maya Angelou



STEM comes alive at NMS!

CLICK ON THE LINK BELOW TO FILL OUT THE
NMS ACTS OF KINDNESS FORM:
[NMS ACTS OF KINDNESS](#)

Spirit Day Go Pats!



DC Informational Parent Meeting email

Greetings 7th Grade Parents,

My name is Carolyn Petrell, and I am the coordinator for the 8th grade class field trip to Washington, DC. We are already in the planning stages for this exciting trip for your current 7th grade students, which is scheduled for November 4-6, 2026.

There will be an online information meeting next week on Tuesday, February 10, at 6:00 PM. A Zoom link will be forwarded to you prior to the meeting. During this session, we will review the general trip itinerary, introduce our tour company, Nations Classroom, and provide details on trip costs and travel insurance. We will also reserve time to answer any questions you may have.

Please note that this meeting is intended for parents.

We look forward to sharing more information with you soon.

Thank you,

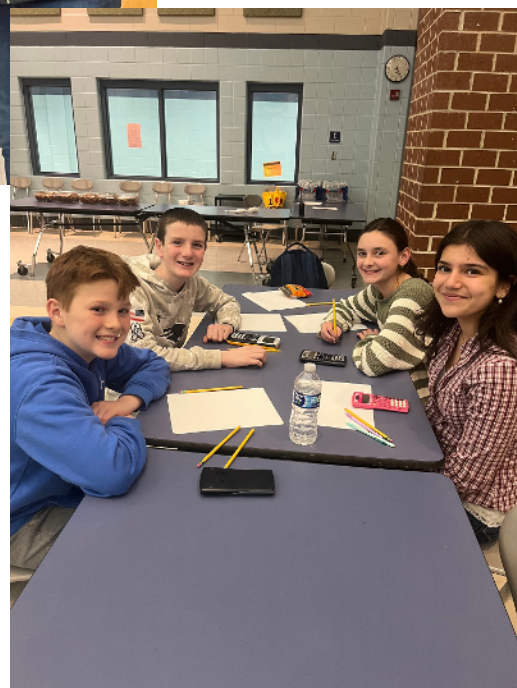
Carolyn Petrell

Norwell Middle School

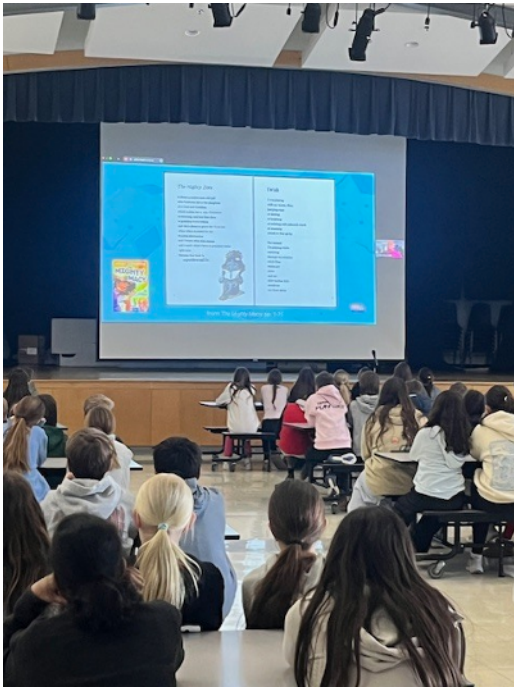
328 Main Street

Norwell, MA 02061

NMS Math Team Finishes 1st at Southeast Regionals!!



Kwame Alexander (Author Visit)



SCHOOL BREAK VIBES



COMFY/COZY DAY

FRIDAY, FEBRUARY 13TH



Save the Date

Norwell Middle School

8th grade
semi-formal

June 12, 2026

More details to follow



Norovirus is on the Rise

Norovirus (often called “**Noro**”) is **extremely contagious**. To help prevent the spread, please keep your child home if they are experiencing any of the following symptoms:



Nausea or vomiting



Diarrhea



Stomach cramps



Fever or body aches



Symptoms typically last longer than 24 hours and may continue for up to 3 days or more, especially if dehydration occurs.

Prevention:



Wash hands frequently with **soap and water for at least 20 seconds**



Don't rush handwashing—shortcuts allow the virus to spread



Wash hands **before eating** and  **after using the bathroom**

✗ Hand sanitizer is not effective against norovirus.

Isolation:



Students and staff should remain home for **at least 24 hours after symptoms have completely stopped**.



For extra caution, **48 hours is recommended**.



Thank you for helping keep our community healthy!

2026

Norwell

Where history lives.

A YEAR OF CELEBRATION

Honoring the battles of King Philip's War after 350 years

1676

Celebrating 300 years of the Jacobs Farmhouse

1726

Saluting 250 years of America

1776



*Join us for our
2026 kick-off event*

2026:

A CELEBRATORY YEAR IN 10 OBJECTS

Wednesday, February 11th
6:00–7:30 pm

Norwell Public Library
64 South Street | Norwell

Historian Stephen O'Neill will showcase 10 items that speak to this historic year.

Stories about the Revolutionary War, the Jacobs Farmhouse, and King Philip's War will be told through artifacts in the Society's collection.

Sign up to attend on the NPL website using the QR code at left.

This event is free, but attendance is limited.



Hey Parents!!!

Flex Friday

Reading Initiative

Every
Friday

Remind your student to pack a book for Flex Friday. During Flex Block, kids read a book they enjoy.

How else can I help?

1. Bring your student to the local library or go online to help them download high interest books and audiobooks.
2. Keep it going at home. Encourage reading as a daily habit.



IN PARTNERSHIP WITH THE
COLE AND VINAL SCHOOL PTOS

INVITE YOU TO THE

SWEETHEART DANCE

MUSIC . DANCE. GAMES.
SKIPPER KISSING BOOTH
PIZZA AND SNACKS FOR PURCHASE

7TH FEBRUARY

5-7 PM

NORWELL MIDDLE SCHOOL CAFETERIA

FREE FAMILY EVENT

A message from the Norwell Sustainability & Recycling Committee

We A reminder about the program:
have a box to donate writing used writing utensils at
NMS.

Here is the update of what has been collected to date
(district wide):

WRITING TOOLS

6.2 lbs for recycling

1.6 lbs for re-use

CRAYONS

13 lbs for recycling

8.2 lbs for re-use

That is another 29 pounds kept out of landfills. Let's
keep up the good work.

Souper Bowl

The Community Service Club is bringing back the annual Souper Bowl can drive for the Norwell Food Pantry. Starting February 4th - 13th, each homeroom will collect as many cans of food/items as possible for 1.5 weeks. The homeroom in each grade with the greatest amount of cans/items wins a golden football trophy and BRAGGING RIGHTS. The winning homeroom will be notified by February 25th and will get Dunkin Donuts in their homeroom on February 27th. Good Luck!

RULES

1. No combining cans with other homerooms
2. Competition ends on February 13th
3. All food must be unopened and not expired before April 2026

SUGGESTED ITEMS FROM THE FOOD PANTRY

- Canned meat (tuna, ham chicken, Vienna sausages)
- Canned fruit and juices
- Canned stew and chili
- Chunky soup with vegetables and meat
- Spaghetti sauce with meat and cheese
- Boxed meals
- Pasta
- Rice
- Macaroni and cheese
- Cereal
- Breakfast Bars
- Paper Goods
- Personal Hygiene items
- Cleaning supplies
- Diapers and wipes
- Baby Food

Norwell Girls Youth Lacrosse

It's not too late to sign up for spring lacrosse. Registration for the 2026 season is still open! See details below:

Registration link-[Registration for the 2026 NorwellLacrosseseason](#)

The registration fee for players in grades 5th—8th is \$350, and for players in grades 1st—4th, it is \$260. Please register soon to avoid any late penalties. Given league restrictions, we maintain a no-refunds policy.