

Student Name:

Student ID:



Jefferson High School Course Planning Form 2026-2027

Grade 10

Portland Public Schools requires 24 credits to graduate. You should carefully review the list of courses available, consult with your parents/guardians and counselor.

[Jefferson High School 2026-2027 Courses \(https://jefferson.pps.net/academics/academics\)](https://jefferson.pps.net/academics/academics)

Please use the course guide above in addition to this form to plan what courses you would like to take next year. Counselors will be coming into your class to help you choose courses.

All 10th Graders take the following four classes:

- AP Seminar English 3-4
- US History 1-2
- Chemistry 1-2
- Health 1-2

Math:



World Language:

- Spanish 1-2
- Spanish 3-4
- Spanish 5-6
- Japanese 1-2
- Japanese 3-4

ELECTIVES – Read through the options and refer to your course guide for more information about any of the electives listed below. **Rank your overall 5 elective choices in order with “1” being your top choice.**

- **Music**
 - Concert Band
 - Jazz Band
 - Symphonic Band
 - Piano
 - Guitar
 - Drumline (percussion)
- **Physical Education**(PE)**
 - Mind & Body (yoga)
 - Strength Training
 - Sports & Games
- **Visual Arts (FA)**
 - Intro to Art
 - Ceramics*
 - Graphic Design
 - Printmaking
 - Digital Media
- **Performing Arts (FA)**
 - Dance
 - Theater
- **Writing Electives (EL)**
 - Journalism
 - Creative Writing
- **Science**
 - Biotech Research*
 - Climate Change/Climate Justice
 - Intro to Engineering
- **Communications**
 - Mass Communications
 - Podcasting
 - Sports Marketing
- **Other (EL/FA)**
 - Ethnic Studies
 - Student Leadership*
 - Construction
 - Stagecraft
 - Criminal Justice
 - AVID 10

1. _____

2. _____

3. _____

4. _____

5. _____

** Students can only be enrolled in one PE class
**These courses need prior approval to be added to your schedule*

Counseling Office Use Only

Support Classes

Emerging ELD 1-2

Progressing ELD 3-4

Academic Skills