



Student Services

The Open Door Adolescent Health Center (ODAHC) is a school-based comprehensive health center located on-site at the Michigan City High School. The ODAHC believes that all adolescents are entitled to reliable, accessible, and comprehensive health care. Our goal is to promote healthy behavior and subsequently improve school attendance.

Mission Statement

The mission of the Open Door Adolescent Health Center is to increase access to and utilization of primary physical and mental health services to students within the Michigan City Area School District, regardless of ability to pay, so that these students can achieve optimal health and maximum benefit from their education. The ODAHC works closely with the MCHS school nurse in providing these supplemental services by a Family Nurse Practitioner, MSW Social Workers, and Medical Director/Pediatrician.

Goals of ODAHC

The goals of the Open Door Adolescent Health Center are to reduce student absenteeism, minimize the interruption of education for health reasons, and improve students' access to comprehensive health or mental health services and education.

Parental Permission is Required

Students must be registered (with parental consent) to receive services (except for educational presentations). MCHS students ages 18 or older may register themselves in the program. All services are FREE of charge regardless of the students' or parents' status (economic/insurance). **Registration can be done by parents/legal guardians online through their MCAS PowerSchool account - under Optional Forms - Open Door Adolescent Health Center.** Parents may also come into the office to fill out registration. Once registration is complete, it is valid for school life.

Services Provided by ODAHC

- Evaluation and treatment of minor illnesses or injuries by a Family Nurse Practitioner
- Preventive and Health Education
- Individual and Group Mental Health Counseling
- Wellness and Physical/Sports Examinations
- Nutritional Counseling/Weight and Diet Control
- Adolescent Growth and Development Concern
- Tobacco Cessation and Prevention Education
- Abstinence Promotion (No birth control devices/methods will be dispensed or prescribed)
- Sexually Transmitted Infection Testing/Referral
- Pregnancy Testing and Counseling
- Pre/Post Natal Nutrition and Counseling
- Student Assistance Support Groups
- Educational Presentations
- Information and Community Referral

MCHS STUDENTS/PARENTS: Open enrollment at anytime during office hours in Room #O-111 or online through PowerSchool - Optional Forms. Call (219) 873-2082 for more information



Open Door Adolescent Health Center

**Michigan City High School Room #O-111, 8466 W. Pahs Rd. Michigan City, IN 46360
(219) 873-2082, Ext. 4545 - Fax (219) 873-2211 - educateMC.net/opendoor**