

## Softball Tryout FAQ's

### 1. Physical Forms:

- In order to participate, a current VHSL Physical Form (<https://www.vhsl.org/vhsl-physical-form/>) must be on File

### 2. When are Tryouts?

- Monday Feb 9th no thru Friday Feb 13th

### 3. What Time are Tryouts?

- Tryouts will start immediately after School (2:30ish) until and go until 4:40 pm each day. Parents should make arrangements to pick up their child at the School as Tryouts end if not riding activities bus. Parent pickup is in front of the Middle School. No activity buses on Fridays.

### 4. What if we have inclement weather?

- We will possibly move Indoors (likely in the NKPR Gym) on any days we can't get outside on the Field.

### 5. Are there make-up days?

- There will be no make-up days for Tryouts unless there is a School Closing.

### 6. What should they wear to Tryouts?

- Athletic attire should be worn, preferably softball Pants, Shirt, Cleats (if outside), Sneakers (if inside) and face mask, dress for the weather (always bring tennis shoes)

### 7. What Gear should they bring?

- All of their softball Gear but, at a minimum Glove, Bat & Batting Helmet and face mask . Catchers should bring all of their Gear. Students are able to transport their Gear via the buses and should check with both their 4th period teacher and AD for options on where to store during the day.

### 8. What type of Bat should they have?

- For Tryouts, any Bat. I would recommend bringing an aluminum bat if they have one due to the cold forecasted temperatures.

### 9. Additional Questions

- To confirm that you are on the Tryout List or if you have any specific questions, please reach out to Eric Miller at 804-229-9504.