How To Redeem Your Living Well Engagement Rewards

1. Login to Castlight on your desktop at mycastlight.com/mybenefits or on your mobile phone via the Castlight app.
2. On the home screen, select "Point Balance," this will take you to "Ways to Earn."
3. Select "Reward Center" tab to go to the Reward Center and redeem your rewards.
4. Choose your gift card from the many options provided and click the Redeem box!



SHOP NOW



If you have a Customer Service-related need, you may contact your Castlight Care Guide at 800-681-6758 or email support@castlighthealth.com for assistance.