



## Talk Outline for Catholic Schools

### Intro:

Jason begins the presentation with humorous audience interaction in order to draw the students into the presentation. He also explains that the presentation is for all people, regardless of the past.

### How far is too far?

This common question is answered by asking the students how far they would want someone to go with their future spouse. The tone of the seminar is not one of shame or condemnation. Rather, Jason challenges the teens to distinguish love (doing what's best for another person) from lust (using the other person).

### The harm of pornography:

Jason's shares his testimony of how he struggled with this in high school and how he overcame the habit. He explains why pornography impairs our ability to love and trains us to see others as objects, creating false expectations of perfection.

### Trends

Statistics are provided on successful relationships and the rising trend toward abstinence according to the CDC.

### The power of modesty:

Jason addresses the pressure that society and the media places especially upon women to look flawless. He invites the young men (and women) to realize that the best thing about a woman is not her body. In addition to his comments on modesty, Jason adds that women deserve respect no matter what they wear. Again, the tone of this message is not one that leaves the young women feeling shame. The goal is to inspire and empower them to realize their dignity.

### Crystalina's testimony:

Since Jason's wife is unable to accompany him for the presentation, He'll share her story about divorce, abuse, and broken teen sexual relationships so that the teens can realize it's never too late to start over. Following her story, Jason shares how abstinence strengthened their relationship. He explains that for singles, abstinence is a greater expression of love than making love, because the couple is doing what is best for the other, not just what feels good in the moment. He shares stories of other teens who have made the same decision, and how it can be lived out in relationships, regardless of the past.

### Birth Control and STDs:

Jason will address the topics of birth control and STDs, giving the students an age-appropriate review of the current studies. To do this, he will cite only peer-reviewed medical journals and research from the CDC. This will not be done in order to instill fear in the young people, but to offer them a realistic glimpse of what's at stake, from a biological perspective. This section of the talk will comprise only about 8 minutes of the entire presentation, and is not graphic in nature.