Random Acts of Kindness

Lunes
Monday

Use all kind of kind words!// Usa palabras amables!
(Gracias, have a nice day, buenos dias, how was your day?)

Challenge// Reto: Write a thank you note to someone // escribele una nota de agradecimiento a alguien.

Martes
Tuesday

Ayudale o platica con alguien menor que tú// Help or check in with someone in a younger grade

Challenge// Reto: Cuéntale un chiste a alguien! // Tell someone a joke.

Miercoles
Wednesday

Comparte tu felicidad: Sonriele a 20 personas hoy // Share the joy: Smile at 20 people today

Challenge// Reto: Haz algo amable sin que te lo pidan // Do something nice without being asked to.

Jueves
Thursday

Dale 5 a 10 personas // Give 10 people high fives

Challenge// Reto: Dales un cumplido a la máxima gente que puedas! //Compliment as many people as you can

FEB 9-12TH