



For families of students needing dietary accommodations

Stanwood Camano School District families,

Research has shown that there is a crucial relationship between nutrition and academic performance. The Stanwood Camano School District strives to offer quality meals to set our students up for success every day. We provide a complete breakfast and lunch program, which meets or exceeds the nutritional requirements established by the National School Breakfast and Lunch Program. Breakfast and lunch are served at all schools.

USDA regulations (7 CFR Part 15b) and the Americans with Disabilities Act (ADA) require schools in federal meal programs to provide menu substitutions for children with disabilities restricting their diet, at no extra cost. Accommodations must be supported by a licensed healthcare professional's statement.

If your student has a medical condition that requires dietary restrictions or accommodations, the district will need a description to provide these interventions. Attached, you will find the Diet Prescription for families and their child's health care provider to complete in order to provide the appropriate accommodations.

If you require assistance or have questions, please contact your building's school nurse or Mary Hoffman, District Nurse, in our Health Services Department at 360-629-1340 or mhoffman@stanwood.wednet.edu.