

# Hillside High School



## BREAKFAST MENU



### LIGHT & TASTY

#### Fresh Seasonal Berry Parfait

yoplait vanilla yogurt® served with organic, california grown blueberries and strawberries paired with crunchy nature valley granola™

#### Zee Zee Breakfast Bars

cinnamon smores    apple cinnamon    birthday cake  
blueberry    berry apple

#### Assorted Whole Grain Cereal

\*all cereals served with string cheese

lucky charms    cocoa puffs    cinnamon chex  
honey cheerios    cinnamon toast crunch

#### Chocolate Croissant

fresh baked, flaky croissant with chocolate in the center

#### Homemade Warm Crumble Cake

soft cake with sweet crumb topping

#### Whole Grain Bagels

fresh baked whole-grain blueberry ,cheddar jalapeño cinnamon raisin, everything or plain

#### Homemade Muffins

option of banana, blueberry, or chocolate chip, cinnamon apple



#### Sweet Cinnamon Roll

sweet baked dough with a cinnamon sugar filling

### HEALTHY & HEARTY

#### Breakfast Burrito

cage free scrambled eggs with ham bits, shredded cheese, crispy tater tots, and lean turkey bacon in a whole grain flour tortilla

#### Pancake Plate

warm homemade pancakes, sausage links and a hashbrown

#### Breakfast Sandwich

egg, sliced cheddar cheese, sausage patty, on a whole wheat english muffin

### DRINKS

Local Milk Options:  
(Driftwood Dairy)

1% White Milk  
Non-Fat Chocolate or White Milk  
Lactose Free Milk

Tues/Thurs Only:  
Apple Juice and Orange Juice

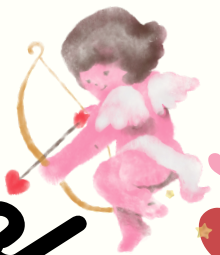
### FRUITS

Farm to School  
Local, Organic Fruits

Oranges  
Watermelon  
and More!

Old Grove Orange Farms  
Redlands, CA

# Hillside High School



## LUNCH MENU

all meals include a milk and a fruit and/or vegetable

### SERVED DAILY

#### Smuckers Uncrustable™

crustless, soft wheat bread filled with your choice of strawberry or grape jam

#### Bento Boxes

assorted cheese, turkey salami, fruit, and wheat crackers

#### Crispy Chicken Sandwich

crispy, spicy lean chicken breast inside a golden buttery brioche bun

#### Berry Parfait

yoplait vanilla yogurt® served with mixed berries paired and granola™

### SPECIALS OF THE DAY

#### MONDAY

##### Buffalo Wings & Fries

tangy buffalo wings served with curly fries and whole wheat dinner roll

#### TUESDAY

##### Sweet and Sour Chicken

tangy, orange sauce with a sweet and sour flavor

#### WEDNESDAY

##### Chicken Quesadilla

whole grain flour tortilla with cheese and diced chicken

#### THURSDAY

##### Yang's Orange Chicken

tangy and sweet glazed chicken laid on freshly made brown rice

#### FRIDAY

##### Pizza w/ Mozzarella Sticks

choice of pepperoni or cheese with side of crispy mozzarella sticks

### DRINKS

#### Local Milk Options:

(Driftwood Dairy)

1% White Milk

Non-Fat Chocolate or White Milk

Lactose Free Milk



### FRUITS

#### Farm to School Organic Fruits

Local (Old Grove Orange Farms - Redlands, CA)

Oranges

Watermelon

and More!

\*Menu subject to change \*This institution is an equal opportunity provider\*

 = Whole Grain Item