



WEEKLY UPDATE

February 2 - February 6, 2026

A MESSAGE FROM OUR PRESIDENT & PRINCIPAL

*“Jesus, Mary, and Joseph,
like you, we are members of the Father’s family. We pray that our family love may reflect his love on
its openness to all people. May we forgive even when not forgiven, and be patient with others’
weaknesses.
Jesus, give us peace, unity, and strength to meet the difficulties of daily living. May we use our family
resources to improve the quality of life for ourselves and all people. Let us show joy in serving, for
whatever we do for others, we do for you.
Mary, inspire us, that our love may be strong but not possessive. Let our willingness to give depend
on the needs of others rather than on the cost of giving.
Joseph, help us to be attentive to the Father’s will. Let us be ready, as you were, to act whenever he
calls us. Amen*

Happy Weekend Warrior Families,

We hope this Weekly Update finds you well! We will be entering the month of February tomorrow - a month that focuses on love. February, too, is dedicated to the Holy Family thus we share the prayer above with our PMA family. Join us in reciting this prayer this month and asking the Holy Family to fill our homes with strength, compassion, unity, and love.

We had an incredible Week 4. We celebrated Catholic Schools and each day we recognized the people who make Catholic Schools so special! We hope our Warriors enjoyed their Student Day! We extend our gratitude to the faculty and staff who prepared each day’s celebrations so thoughtfully. We also want to thank Bishop Trudeau for celebrating mass with us on Monday. We are deeply grateful for his constant love and support. We especially are grateful the DAY OFF he granted PMA! Please note the **Bishop’s Day Off will take place Monday, April 13th**. Our return from Easter Break will now be on Tuesday, April 14th.

Week 5 will bring routine back to our classrooms. We encourage our Warriors to maximize their time with teachers, to engage in their learning, and prepare properly for assessments. This week we celebrate four Senior Nights! We invite our Warrior family to come Monday and Tuesday for Girls and Boys Basketball and Soccer games. Let’s cheer on our Warriors and celebrate our Senior Athletes. We look forward to ending this week gathered as one school family for Adoration.

PMA will open its doors this week to hopeful 8th graders and their families for their interviews! Let’s keep all the applicants in our prayers.

Please also pray for us as we go on our President/Principal Retreat this upcoming Thursday and Friday.

We wish everyone a safe, restful, and enjoyable weekend, and we pray this new month brings blessings and love to all!

With respect & care,

Mrs. Claudia Rodarte
Principal

Handwritten signature of Mrs. Claudia Rodarte in black ink.

Handwritten signature of Dr. Christian De Larkin in black ink.

Dr. Christian De Larkin
President



WEEKLY UPDATE

February 2 - February 6, 2026

A MESSAGE FROM OUR PRESIDENT & PRINCIPAL

Jesús, María y José, como ustedes, somos miembros de la familia del Padre. Oramos para que nuestro amor familiar refleje su amor en su apertura a todas las personas. Que podamos perdonar incluso cuando no seamos perdonados y ser pacientes con las debilidades de los demás. Jesús, danos paz, unidad y fuerza para afrontar las dificultades de la vida diaria. Que usemos los recursos de nuestra familia para mejorar nuestra calidad de vida y la de todos. Que mostremos alegría al servir, pues todo lo que hacemos por los demás, lo hacemos por ti. María, inspíranos para que nuestro amor sea fuerte, pero no posesivo. Que nuestra disposición a dar dependa de las necesidades de los demás y no del precio que cuesta dar. José, ayúdanos a estar atentos a la voluntad del Padre. Que estemos listos, como tú, para actuar cuando él nos llame. Amén.

¡Feliz fin de semana, familias guerreras! Esperamos que este boletín semanal los encuentre bien.

Mañana entramos en febrero, un mes centrado en el amor. Febrero también está dedicado a la Sagrada Familia, por lo que compartimos la oración anterior con nuestra familia de la PMA. Únanse a nosotros para recitar esta oración este mes y pedirle a la Sagrada Familia que llene nuestros hogares de fuerza, compasión, unidad y amor.

Tuvimos una increíble cuarta semana. Celebramos las Escuelas Católicas y cada día reconocimos a quienes las hacen tan especiales. ¡Esperamos que nuestros Guerreros hayan disfrutado de su Día del Estudiante! Extendemos nuestra gratitud al profesorado y al personal que prepararon las celebraciones de cada día con tanto esmero. También queremos agradecer al Obispo Trudeau por celebrar la misa con nosotros el lunes. Estamos profundamente agradecidos por su constante amor y apoyo. ¡Agradecemos especialmente el día libre que le dio a PMA! **Tengan en cuenta que el día libre del Obispo será el lunes 13 de abril.** Nuestro regreso de las vacaciones de Pascua será el martes 14 de abril.

La quinta semana traerá de vuelta la rutina a nuestras aulas. Animamos a nuestros Guerreros a aprovechar al máximo su tiempo con los profesores, a participar en su aprendizaje y a prepararse adecuadamente para las evaluaciones. ¡Esta semana celebramos cuatro Noches de Estudiantes de Último Año! Invitamos a nuestra familia de Guerreros a venir el lunes y el martes para los partidos de baloncesto y fútbol femenino y masculino. Animemos a nuestros Guerreros y celebremos a nuestros atletas de último año. Esperamos terminar esta semana reunidos como una sola familia escolar para la Adoración.

¡PMA abrirá sus puertas esta semana a los aspirantes de octavo grado y a sus familias para sus entrevistas! Oremos por todos los solicitantes.

Por favor, oren también por nosotros mientras vamos a nuestro retiro de Presidente/Director este próximo jueves y viernes.

¡Les deseamos a todos un fin de semana seguro, tranquilo y agradable, y oramos para que este nuevo mes traiga bendiciones y amor para todos!

Mrs. Claudia Rodarte
Principal

With respect & care,

Dr. Christian De Larkin
President



Schedule for Week 5

FEBRUARY 2 - FEBRUARY 6, 2026

Monday 02/02	<ul style="list-style-type: none">• "A" Day• Boys Soccer vs Amat @ 3pm• Boys Basketball vs. St. Anthony (JV 4pm, FROSH 530pm, VARSITY 7pm)<ul style="list-style-type: none">◦ Senior Night• Arrival @ 8:00am (late bell @ 8:10am) / Dismissal @ 3pm
Tuesday 02/03	<ul style="list-style-type: none">• "B" Day• Freshmen Retreat• Girls Soccer vs St. Anthony @ 5pm• Girls Basketball vs Amat (Senior Night) @ 6:30pm• Arrival @ 8:00am (late bell @ 8:10am) / Dismissal @ 3pm
Wednesday 02/04	<ul style="list-style-type: none">• "A" Day• Junior Ring Ceremony - Parent/Student Zoom @ 6pm• Arrival @ 8:00am (late bell @ 8:10am) / Dismissal @ 3pm
Thursday 02/05	<ul style="list-style-type: none">• "B" Day• Junior College Night @ 6pm• Parent Kairos XXIV Meeting @ 6:30pm• Arrival @ 8:00am (late bell @ 8:10am) / Dismissal @ 3pm
Friday 02/06	<ul style="list-style-type: none">• "A" Day• Early Dismissal: Warrior Schedule (Adoration)• Parents in Prayer @ 8:30am• Arrival @ 8:00am (late bell @ 8:10am) / Dismissal @ 12:57pm

SAVE THE DATE: Senior Parent Meeting 02/10/26 @ 6pm

HIGHLIGHTS OF THE WEEK



PARENT SERVICE HOUR OPPORTUNITY

We are looking for the following items:
Keurig cups
Coffee cups
Individual creamer/sugar
Individually wrapped cookies/granola bars
Water
Mini Sodas - Coke, Diet Coke or Sprite

Please drop off the items with the front office along with your receipt and label them Ms. Ramirez/Mrs. Rodarte.

For every \$10 spent, 1 service hour will be awarded.



Dear Parents,

The Counseling Department is excited to prepare for our Spring College Tours, and we would truly appreciate your support! If you are able, please consider donating items such as water bottles, candy, snacks, or individually wrapped food to help keep our students energized throughout the day.

Donations may be dropped off at the front office—just let them know they are for the Counseling Department. As a thank-you, every \$10 spent counts as 1 parent service hour. Thank you for your generosity and for helping us create meaningful college exploration experiences for our students!

Estimados padres de familia,

El Departamento de Consejería se encuentra preparando con entusiasmo nuestros Tours Universitarios de Primavera, y agradeceríamos enormemente su apoyo. Si les es posible, les invitamos a donar botellas de agua, dulces, bocadillos o alimentos envueltos individualmente para apoyar a nuestros estudiantes durante estas visitas.

Las donaciones pueden entregarse en la oficina principal; por favor indiquen que son para el Departamento de Consejería. Como agradecimiento, cada \$10 donados equivalen a 1 hora de servicio para padres. ¡Gracias por su generosidad y por apoyar las oportunidades educativas de nuestros estudiantes!



Campus Ministry is in need of donations of water and snacks for the upcoming retreats. You will receive one parent service hour for every \$10 spent. Donations can be dropped off in the office. Thank you for your generosity!

El Ministerio del Campus está en necesidad de donaciones de agua y refrigerios para los próximos retiros. Recibirá una hora de servicio para padres por cada \$10 gastados. Puede entregar las donaciones en la oficina. ¡Gracias por su generosidad!

JUNIOR RING CEREMONY REMINDERS

Please note, PMA Administration requires all Juniors to attend this ceremony. All Juniors will be acknowledged and called up to the altar regardless of having purchased a ring. **Students who may have not purchased a ring will still be called up to receive a special PMA Pin which will be blessed along with our Class Rings.**

If you ordered your students' rings from a different vendor, not Jostens, rings should be submitted to Ms. Ramirez by Thursday, February 20th. Make sure the ring is in a box and labeled with the student name. These will be locked and stored away safely. Only rings are distributed during the ceremony. **We will not accept other types of jewelry.**

Please read the important details and guidelines regarding our Junior Ring Ceremony.

Junior Ring Ceremony Rehearsal: Mandatory

- Tuesday, February 17th 3:30pm-5pm
- Theatre
- Students Only

Junior Ring Ceremony Date: Thursday, February 26th, 2026 (Mandatory)

Location: St. Raymond Catholic Church - 12320 Paramount Blvd. Downey, CA 90242

Time: Ceremony Begins @ 6:30pm

- Students are expected to arrive at the church by 6:00pm.

Guest Count:

- To ensure sufficient seating for all of those in attendance, Juniors will be allowed to bring only 2 guests to the Junior Ring Ceremony.
- Tickets will be distributed to students at rehearsal. Tickets will be collected at the door.

Dress Code: Please reference the email sent earlier in the week for specific guidelines.

Juniors, your attire must be approved by Tuesday, February 17th, 3pm.

Mr. Mitchell will be approving the attire of all our Junior Gentlemen.
Mrs. Saenz-Moreno and Mrs. Serki will be approving the Junior Ladies' attire.

Seek approval before and/or afterschool.

All Juniors must seek approval by showing a picture of the student wearing the attire
*a photo of the front and back of the outfit are required.

**Please note, if a Junior arrives at St. Raymond Church wearing attire that was not approved or does not follow the guidelines, they will be sent home.

DEAN OF STUDENTS

Mr. Mitchell



jmitchell@piusmatthias.org

Good tidings PMA Families, I trust that this missive finds you well. As a matter of course, parents and students should be aware that once a student is dropped off, that student must remain on campus. Unless a parent or guardian picks their child up or explicitly states that a child has permission to return home, once on campus, students may not leave campus until the school day has ended. When students arrive in the morning and leave campus, PMA has no liability to ensure the safety of our PMA Warriors. To provide the best care and experience for our student body, it asked that you, parents, please remind students that they need to stay on campus once they arrive.

With respect to cell phones, in concert with the Los Angeles Unified School District and other school districts nationwide, PMA does not permit cell phone usage during school hours. Excepting emergencies or instances where teachers require the usage of cell phones, students are required to store their cell phones in a cell phone pouch while they are in their classes. Parents, please ensure that your students are surrendering their actual phones and not decoy phones. Minimizing the intrusion of cell phones aids in creating a learning environment free from the distractions associated with cell phone usage.

Kindly,
Jordan Mitchell

Buenas noticias, familias de PMA: Espero que esta misiva los encuentre bien. Como es lógico, padres y estudiantes deben saber que, una vez que un estudiante es dejado en la escuela, debe permanecer en el campus. A menos que un padre o tutor recoja a su hijo o indique explícitamente que tiene permiso para regresar a casa, una vez en el campus, los estudiantes no pueden salir hasta que finalice la jornada escolar.

Cuando los estudiantes llegan por la mañana y salen del campus, PMA no tiene la responsabilidad de garantizar la seguridad de nuestros Guerreros de PMA. Para brindar la mejor atención y experiencia a nuestro alumnado, les solicitamos a ustedes, padres, que recuerden a los estudiantes que deben permanecer en el campus una vez que lleguen.

Con respecto a los teléfonos celulares, en colaboración con el Distrito Escolar Unificado de Los Ángeles y otros distritos escolares del país, PMA no permite su uso durante el horario escolar. Salvo en emergencias o casos en que los profesores requieran el uso de teléfonos celulares, los estudiantes deben guardarlos en una funda protectora durante sus clases. Padres, por favor, asegúrense de que sus estudiantes entreguen sus teléfonos reales y no teléfonos falsos. Minimizar la intrusión de teléfonos celulares contribuye a crear un ambiente de aprendizaje libre de distracciones.

Atentamente, Jordan Mitchell

DIRECTOR OF STUDENT SUPPORT SERVICES

Dr. W



dr.w@piusmatthias.org

Inclusion Program

STEP Meetings (Grade 10-11) - If you are a parent of a sophomore or junior Inclusion student, you will be receiving a phone call or email from me concerning scheduling a meeting to update your student's STEP (Support Team Education Plan).

During this meeting you will get to meet your student's Semester 2 teachers, counselor, and myself to address any concerns and assess their academic minor adjustments.

Our goal is to ensure that all students are off to a great start this semester and are on their way to success.

STAR Make-Up Testing will continue next week. If a student did not take their STAR tests, he or she will be able to take the test(s) this coming week. Students must bring a fully charged device to school.

Health and Wellness - To perform your best academically, you must first take care of yourself emotionally. Self-awareness—the ability to recognize your emotions and understand how they affect your behavior—is a superpower that helps you navigate stress and maintain focus. When we are emotionally healthy, we are better equipped to handle challenges, build stronger relationships, and make thoughtful decisions about our future.

To help you stay balanced this semester, I encourage you to practice these simple strategies:

Check-In With Yourself: Take two minutes each morning to identify how you are feeling. Are you energized, anxious, or tired? Simply naming the emotion can reduce its intensity.

Practice "Productive Rest": High achievement requires downtime. Ensure you are scheduling breaks where you completely unplug from screens and schoolwork to recharge your battery.

Seek Connection: Don't carry the weight of your goals alone. Talk to a friend, a teacher, or one of our counselors if you feel overwhelmed.

"Learning never exhausts the mind."
-Leonardo Da Vinci

DIRECTOR OF STUDENT SUPPORT SERVICES

Dr. W



dr.w@piusmatthias.org

Programa de Inclusión

Reuniones de STEP (10.º y 11.º grado): si usted es padre de un estudiante de inclusión de segundo o tercer año, recibirá una llamada telefónica o un correo electrónico mío para programar una reunión para actualizar el STEP (Plan educativo del equipo de apoyo) de su estudiante.

Durante esta reunión, usted podrá conocer a los maestros del segundo semestre de su estudiante, al consejero y a mí para abordar cualquier inquietud y evaluar sus ajustes académicos menores.

Nuestro objetivo es garantizar que todos los estudiantes tengan un gran comienzo este semestre y estén en camino hacia el éxito.

Los exámenes de recuperación STAR continuarán la próxima semana. Si un estudiante no presentó sus exámenes STAR, podrá presentarlos la próxima semana. Los estudiantes deben traer un dispositivo completamente cargado a la escuela.

Salud y bienestar: Para alcanzar tu máximo rendimiento académico, primero debes cuidar tu bienestar emocional. La autoconciencia —la capacidad de reconocer tus emociones y comprender cómo afectan tu comportamiento— es un superpoder que te ayuda a gestionar el estrés y a mantener la concentración. Cuando gozamos de buena salud emocional, estamos mejor preparados para afrontar los desafíos, construir relaciones más sólidas y tomar decisiones acertadas sobre nuestro futuro.

Para ayudarte a mantener el equilibrio este semestre, te animo a practicar estas sencillas estrategias:

Conéctate contigo mismo: Dedicar dos minutos cada mañana a identificar cómo te sientes. ¿Te sientes con energía, ansioso o cansado? Simplemente nombrar la emoción puede reducir su intensidad.

Practica el "descanso productivo": Un alto rendimiento requiere tiempo de inactividad. Asegúrate de programar descansos en los que te desconectes por completo de las pantallas y las tareas escolares para recargar energías.

Busca la conexión: No cargues solo con el peso de tus metas. Habla con un amigo, un profesor o uno de nuestros consejeros si te sientes abrumado.

“El aprendizaje nunca agota la mente”.
-Leonardo Da Vinci

COUNSELING

PMA's Annual Career Day will be held on Friday, March 27, 2026, from 8:00 AM to 1:00 PM on the PMA campus. We invite you to share your professional career journey with our students, including how you entered your field, challenges you encountered, and the lessons that shaped your path. Your experiences help inspire our Warriors, expand their understanding of future possibilities, and guide them in making thoughtful decisions about their goals.

Parents, family members, friends, and community partners who would like to participate are asked to sign up in advance, as space is limited. Please complete the volunteer form by February 28, 2026 using the following link: <https://forms.gle/8w6yFUxJv61EGg2a8>. For questions, please contact pmacounselingdepartment@piusmatthias.org

Ready to Visit Colleges? College tours are back this semester! Students can sign up for the tours that interest them most using the **College Tour Interest Form** in the College and Career Google Classroom. Spaces are limited, first-come, first-served, and students must be in good standing. More tours will be added, so check the college & career google classroom for updates. Questions? Contact your grade-level counselor.

During last week's assembly, the Class of 2029 was assigned to complete a career interest assessment on SCOIR. We encourage students to share their results with their parents and have conversations about possible career options, interests, and future goals. If your student has not yet completed the assessment, please encourage them to take some time this weekend to do so. This is a valuable tool that helps students begin exploring strengths, interests, and potential pathways for the future.



Junior College Night

THURSDAY, FEBRUARY 5, 2026

Time: 6:00 PM

Location: St. Thomas Aquinas Study

RSVP



SCAN ME



RSVP



COUNSELING

COMING <i>Soon</i>		FEBRUARY 2026
		MONDAY 23
FRESHMEN COLLEGE NIGHT "Get ready to explore the UC system and gain an inside look at UCLA." <i>6:00pm</i>		TUESDAY 24
		WEDNESDAY 25
		THURSDAY 26

RSVP



Please use the code below to confirm your attendance at your child's College Night.



CAMPUS MINISTRY

Mrs. Rutz



mrutz@piusmatthias.org

PMA
**FRESHMEN
RETREAT**



**TUESDAY,
FEBRUARY 3RD**

**9:00AM - 3:00PM
IN THE GYM**

- +REPORT TO BLOCK 1 AS USUAL**
- +DISMISSAL AT 3PM AS USUAL**
- +JEANS WITH A PMA SHIRT**
- +SNACKS AND LUNCH PROVIDED**

Freshmen Retreat #2 will be held on Tuesday, February 3rd from 9:00am until 3:00pm in the PMA Gym. All Freshmen who have not gone on retreat yet during this school year are required to attend. Please drop off and pick up students at school as you would on a regular school day. Attire will be jeans and PMA t-shirts. Snacks and lunch will be provided. If you have any questions, you can email Mrs. Rutz at mrutz@piusmatthias.org. We are accepting donations for drinks and snacks for the retreat. For every \$10 spent you will receive 1 parent service hour.

Estudiantes de primer año el retiro n.º 2 se llevará a cabo el martes 3 de febrero de 9:00 a. m. a 3:00 p. m. en el gimnasio PMA. Todos los estudiantes de primer año que aún no han ido de retiro durante este año escolar, es obligatorio asistir. Por favor, deje y recoja a sus estudiantes en la escuela como lo haría en un día escolar normal. La vestimenta será jeans y camisetas de PMA. Se proporcionarán refrigerios y almuerzo. Si tiene alguna pregunta, puede enviar un correo electrónico a la Mrs. Rutz amrutz@piusmatthias.org. Aceptamos donaciones para bebidas y refrigerios para el retiro. Por cada \$10 de gasto, recibirás una hora de servicio para padres.

CAMPUS MINISTRY

Mrs. Rutz



mruz@piusmatthias.org

A poster for the Junior Retreat #2. At the top, it says "PMA CLASS OF 2027" with a white dove icon. The main title is "JUNIOR RETREAT #2" in large, bold, white letters. Below that, it says "10TH-11TH FEBRUARY 2026" with a calendar icon. At the bottom, it provides details: "DROP OFF: PMA AT 8AM TUESDAY FEB. 10", "PICK UP: PMA AT 3PM WEDNESDAY FEB. 11", and "TRAVEL BY BUS TO: ST. JOSEPH SALESIAN YOUTH RETREAT CENTER 8301 ARROYO DRIVE, ROSEMEAD". The background of the poster shows silhouettes of people with their arms raised against a sunset sky.

All Juniors who have not yet been on retreat should be attending Junior Retreat #2 on Tuesday, February 10th and Wednesday, February 11th. Permission Slip Packets were passed out in Theology classes and the due date for the signed permission slips to be returned is already past. Please return them as soon as possible. Students will arrive at the normal time on Tuesday, February 10th and will return by regular dismissal time on Wednesday, February 11th. Students will travel by bus to St. Joseph Salesian Youth Retreat Center. Further details are contained in the Permission Slip Packets. We are in need of donations of water and snacks for the retreat. You will receive one parent service hour for every \$10 spent. Donations can be dropped off in the office.

Todos los estudiantes de tercer año que aún no hayan asistido al retiro deben asistir al segundo retiro de jóvenes el martes 10 y miércoles 11 de febrero. Se distribuyeron los permisos en las clases de Teología y la fecha límite para devolverlos firmados ya pasó. Por favor, devuélvannos lo antes posible. Los estudiantes llegarán a la hora habitual el martes 10 de febrero y regresarán a la hora de salida habitual el miércoles 11 de febrero. Los estudiantes viajarán en autobús al Centro de Retiros Juveniles Salesianos San José. Encontrarán más detalles en los permisos. Necesitamos donaciones de agua y refrigerios para el retiro. Recibirán una hora de servicio para padres por cada \$10 que gasten. Las donaciones se pueden entregar en la oficina.

ADVANCEMENT

Save the Date for our Impact Gala & Hall of Fame Awards for Saturday, April 25th, 2026! This year's Gala will be hosted a short distance from PMA at Bella Verde in Montebello, 88 Topgolf Drive, Montebello.

We are excited to announce our first honoree, Father Samuel Ward!

This evening is a great opportunity to mingle with other PMA Parents while we fundraise for our students, staff, and school!

More information and formal invitation to follow.



ADVANCEMENT

Our Legacy Brick Winter Sale is now live and bricks can be purchased at a discounted rate starting at \$250! *sale ends February 1st, 2026.

Don't wait for graduation, purchase a brick and have it installed by May 1st, 2026!

[Click here for more information:](https://www.piusmatthias.org/support/legacy-bricks)

<https://www.piusmatthias.org/support/legacy-bricks>



**LEGACY BRICK
SALE**

**COMMEMORATE YOUR TIME HERE
AT PMA!**

**UNTIL february 1st purchase your
brick at a discounted rate starting at
\$250**

Student & Alumni Specials Apply
Bricks will be installed by May 1st, 2026.

