

Secondary Lunch Menu

| MONDAY WEEK 1 | TUESDAY WEEK 1 | WEDNESDAY WEEK 1 | THURSDAY WEEK 1 | FRIDAY WEEK 1 |
|--|---|--|---|--|
| Pizza Served Daily | Cheese, Pepperoni, Other options to include- Buffalo Chicken, BBQ Bacon Ranch, Mac N Cheese, Sausage N Pepperoni. | | | |
| Pasta Bar Marinara, or Alfredo Meatballs, Chicken W/Garlic Breadstick or Meatball Hoagie W/Mozzerella Cheese FEATURED VEGGIES Steamed Broccoli Caesar Salad Choice of Fruit Choice of Milk | Nacho/Taco Bar Taco Beef or Chicken Sweet Corn, Black Beans Nacho Cheese or Queso Tortilla Chips, Walking Taco or Soft Taco FEATURED VEGGIES Seasoned Black Beans Grape Tomato Choice of Fruit Choice of Milk | Asian Bar Gen tso's Chicken or Sweet Chili Brown Rice or Asian Noddles Fortune Cookie FEATURED VEGGIES Sesame Green Beans Asian Cucumber Salad Choice of Fruit Choice of Milk | Mac N Cheese W/Soft Pretzel Roll or 2 Hot Dogs W/Chili and or Cheese FEATURED VEGGIES Glazed Carrots Slushy Cup Choice of Fruit Choice of Milk | Breakfast For Lunch French Toast Sticks W/Sausage and Warm Spiced Apples FEATURED VEGGIES Hash Browns Mixed Berries Choice of Fruit Choice of Milk |
| Week 2 | Week 2 | Week 2 | Week 2 | Week 2 |
| Chicken Station | Choices may include Chicken Patty on a bun, Spicy Chicken Patty on bun , Popcorn Chicken, Chicken Nuggets, Chicken Fries, or Chicken Tenders. | | | |
| Chicken Bowl Popcorn Chicken, Mashed Potatoes Gravy & Sweet Corn W/Roll FEATURED VEGGIES Sweet Corn Baby Carrots Choice of Fruit Choice of Milk | Fajitas Grilled Chicken, Beef or Veggie Spanish Rice Pinto Beans FEATURED VEGGIES Roasted Vegetables Mixed Greens Salad Choice of Fruit Choice of Milk | BYO Burger Assorted toppings Choice of Cheese Variety of Sauce toppings FEATURED VEGGIES Fries Chic Pea Salad Choice of Fruit Choice of Milk | *Wing Bar* Boneless Wings or Bone in Variety of Sauces W/Roll FEATURED VEGGIES Steamed Green Beans Dragon Juice Choice of Fruit Choice of Milk | Texas Toast Grilled Cheese or Buffalo Chicken Dip W/Tortilla Chips FEATURED VEGGIES Tomato Soup Sliced Cucumbers Choice of Fruit Choice of Milk |
| Week 3 | Week 3 | Week 3 | Week 3 | Week 3 |
| Deli Bar | Assorted Wraps, Salads or Sandwiches Made to Order- Wrap Options- Ham n Cheese, Spicy Chicken, Turkey N Cheese | | | |
| Cheese Ravioli W/Garlic Breadstick or Italian Dunkers W/Marinara Dipping Sauce FEATURED VEGGIES Fresh Steamed Green Beans Grape Tomatoes Choice of Fruit Choice of Milk | Taco Bowls Grilled Chicken or Roasted Pork Cilantro Rice, Cheese, Beans Fresh Pico FEATURED VEGGIES Seasoned Black Beans Side Salad Choice of Fruit Choice of Milk | Asian Bar Beef N Broccoli or Teriyaki Chicken Fried Rice or Asian Noddles Fortune Cookie FEATURED VEGGIES Roasted Vegetables Mandarin Oranges Choice of Fruit Choice of Milk | Mini Corn Dogs, Corn Dog on a Stick Italian Sausage Sandwich or BBQ Pork Rib FEATURED VEGGIES Glazed Carrots Cole Slaw Choice of Fruit Choice of Milk | Breakfast For Lunch *BYO Breakfast Sandwich* W/Hashbrowns & Warm Spiced Apples FEATURED VEGGIES Fries Mixed Berries Choice of Fruit Choice of Milk |
| Week 4 | Week 4 | Week 4 | Week 4 | Week 4 |
| Grill Station | Hamburger or Cheeseburger Served Daily | | | |
| Pasta Bar Marinara, Alfredo or Meatsauce Diced Chicken w/ Garlic Breadstick or Chicken Parm Sandwich FEATURED VEGGIES Glazed Carrots Pineapple Tidbits Choice of Fruit Choice of Milk | Cheese Quesadilla W/Salsa or Taco Pizza FEATURED VEGGIES Seasoned Black Beans Pasta Salad Choice of Fruit Choice of Milk | Philly Cheese Steaks Chicken or Steak Onions N Peppers or Pierogi W/Roll FEATURED VEGGIES Fries Chic Pea Salad Choice of Fruit Choice of Milk | Loaded Baked Potato BBQ Pulled pork or Philly Steak Steamed Broccoli, Cheese Sauce Bacon Bits FEATURED VEGGIES Steamed Broccoli Strawberry Applesauce Choice of Fruit Choice of Milk | Texas Toast Grilled Cheese or *Pepperoni Roll W/Dipping* Sauce FEATURED VEGGIES Homemade Tomato Soup Potato Salad Choice of Fruit Choice of Milk |
| Week 5 | Week 5 | Week 5 | Week 5 | Week 5 |
| *Brand or Grain Equivalent* | | | | |
| Lasagna Roll up W/Garlic Breadstick or Chicken Ceaser Salad W/Garlic Breadstick FEATURED VEGGIES Steamed Green Beans Pineapple Tidbits Choice of Fruit Choice of Milk | | | | |

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk

Milk Choices- 1% White or Low fat Chocolate, Vanilla Strawberry.

Fruit Choices to include
 Fresh Apples, Oranges, Bananas
 Canned Peaches, Pears, Mandarin Oranges, Applesauce

Juice Choices to include
 100% Apple or Orange Juice