

# ELEMENTARY LUNCH MENU

## Monday

### Week 1

Pasta W/Meatballs  
& Garlic Breadstick  
or  
Chicken Nuggets W/Roll

**Grilled Chicken Salad**  
**Applesauce**  
Glazed Carrots  
Side Salad  
Choice of Fruit & Milk

## Tuesday

### Week 1

Nachos W/Beef  
or  
Cheese Burger

**Grilled Chicken Salad**  
**Peaches**  
Sweet Corn  
Grape Tomato  
Choice of Fruit & Milk

## Wednesday

### Week 1

\*General Tso's Chicken\*  
W/Brown Rice  
or  
Turkey & Cheese on  
Pretzel Bun

**Grilled Chicken Salad**  
**Mandarin Oranges**  
Seasoned Broccoli  
Mandarin Oranges  
Choice of Fruit & Milk

## Thursday

### Week 1

Cowboy Burger  
or  
WG Corn Dog

**Grilled Chicken Salad**  
**Pineapple**  
Fries  
BBQ Baked Beans  
Choice of Fruit & Milk

## Friday

### Week 1

\*Pepperoni Roll\*  
W/Dipping Sauce  
or  
Philly Cheese Steak

**Grilled Chicken Salad**  
**Pears**  
Fresh Roasted Vegetables  
Cucumber Slices  
Choice of Fruit & Milk

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**  
Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread

All meals include 8oz unflavored 1 % white milk

**Fruit Choices Include**  
Bananas, Oranges, Apples  
**Canned Options to include**  
Applesauce, Peaches, Pears, Mandarin Oranges,  
Pineapple

**Juice Choices to include - 100% Apple or Orange Juice**

### Week 2

Meatball Hoagie  
W/Mozzarella Cheese  
or  
Italian Dunkers  
W/Dipping Sauce

**Grilled Chicken Salad**  
**Applesauce**  
Green Beans  
Baby Carrots  
Choice of Fruit & Milk

### Week 2

Soft Shell Beef Tacos  
W/Shredded Cheddar Cheese  
or  
Cheese Burger

**Grilled Chicken Salad**  
**Peaches**  
Pinto Beans  
Grape Tomato  
Choice of Fruit & Milk

### Week 2

\*French Bread Pizza\*  
or  
Breaded Chicken Sandwich

**Grilled Chicken Salad**  
**Pineapple**  
Glazed Carrots  
Sliced Cucumbers  
Choice of Fruit & Milk

### Week 2

Sloppy Joe on  
Hawaiian Roll  
or  
Hot Dog on WG Bun

**Grilled Chicken Salad**  
**Pears**  
Fries  
Dragon Juice  
Choice of Fruit & Milk

### Week 2

Apple BBQ Pork  
Nachos  
or  
Cheese Pizza

**Grilled Chicken Salad**  
**Berry Cups**  
Seasoned Broccoli  
Side Salad  
Choice of Fruit & Milk

### Week 3

Pasta W/Meatsauce  
& Garlic Breadstick  
or  
Chicken Alfredo W/Pasta  
& Garlic Breadstick

**Grilled Chicken Salad**  
**Strawberry Applesauce**  
Glazed Carrots  
Grape Tomato  
Choice of Fruit & Milk

### Week 3

Walking Taco  
W/Cheddar Cheese  
or  
Cheese Burger

**Grilled Chicken Salad**  
**Peaches**  
Corn & Black Beans  
Baby Carrots  
Choice of Fruit & Milk

### Week 3

\*General Tso's Chicken\*  
W/Brown Rice  
or  
Turkey & Cheese on  
Pretzel Bun

**Grilled Chicken Salad**  
**Mandarin Oranges**  
Sesame Green Beans  
Bell Pepper Strips  
Choice of Fruit & Milk

### Week 3

Mac N Cheese  
W/Pretzel Roll  
or  
Mini Corn Dogs

**Grilled Chicken Salad**  
**Spiced Pears**  
Seasoned Broccoli  
Side Salad  
Choice of Fruit & Milk

### Week 3

Pepperoni Pizza  
or  
BBQ Pork Rib Sandwich

**Grilled Chicken Salad**  
**BBQ Baked Beans**  
Fries  
Sliced Cucumbers  
Choice of Fruit & Milk

### Week 4

Potato & Cheese  
Pierogi W/Roll  
or  
Pizza Wedge

**Grilled Chicken Salad**  
**Applesauce Cups**  
Seasoned Broccoli  
Baby Carrots  
Choice of Fruit & Milk

### Week 4

\*Cheese Quesadilla\*  
W/Salsa  
or  
Cheese Burger

**Grilled Chicken Salad**  
**Peaches**  
Pinto Beans  
Grape Tomato  
Choice of Fruit & Milk

### Week 4

Breakfast for Lunch  
French Toast Sticks W/Sausage  
or  
Chicken Tenders W/Roll

**Grilled Chicken Salad**  
**Warm Spiced Apples**  
Hash Brown  
Sliced Cucumbers  
Choice of Fruit & Milk

### Week 4

Chicken Bowl W/Roll  
Mashed Potatoes & Gravy  
or  
Fiestada Pizza

**Grilled Chicken Salad**  
**Pineapple**  
Sweet Corn  
Dragon Juice  
Choice of Fruit & Milk

### Week 4

Cheese Pizza  
or  
Texas Toast  
Grilled Cheese  
**Grilled Chicken Salad**  
**Strawberries**  
Tomato Soup  
Bell Pepper Strips  
Choice of Fruit & Milk

\*Brand or Grain Equivalent\*

### Week 5

Italian Hoagie  
W/Cheese  
or  
Chicken Nuggets W/Roll

**Grilled Chicken Salad**  
**Applesauce**  
Green Beans  
Baby Carrots  
Choice of Fruit & Milk