

Elementary Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Week 1 | Week 1 | Week 1 | Week 1 | Week 1 |
| WG Muffin & Yogurt or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Breakfast Sandwich or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | WG Donut or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Mini Waffles or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Chocolate Chip Mini Loaf W/ Cheese Stick or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk |
| Week 2 | Week 2 | Week 2 | Week 2 | Week 2 |
| Lemon Loaf or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Cereal Bar or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Cinnamon Bun or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Breakfast Sandwich or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | WG Donut or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk |
| Week 3 | Week 3 | Week 3 | Week 3 | Week 3 |
| Mini Waffles or Assorted Cereal 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk | WG Muffin W/ Cheese Stick or Assorted Cereal 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk | Cereal Bar or Assorted Cereal 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk | IW Warm Mini Cinnamon Rolls or Assorted Cereal 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk | Strawberry Toaster Pastry or Assorted Cereal 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk |
| Week 4 | Week 4 | Week 4 | Week 4 | Week 4 |
| Cereal Bar or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Mini French Toast or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | WG Donut or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Breakfast Sandwich or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | Banana Loaf or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk |
| Week 5 | | | | |
| Mini Pancakes or Cereal 100% Fruit Juice & Fresh or Canned Fruit Choice of Milk | | | | |
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What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.
Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup)
AND Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Fruit options May include
 Fresh Apples, Oranges, Bananas
 Canned Applesauce, Peaches, Pears

Daily Cereal Options to Include
 Cinnamon Toast Crunch, Cocoa Puffs
 Lucky Charms, Cheerios

Daily Juice Options
 100% Apple or Orange

* Brand or equivalent foods*