



DWC 2025-2026 Local Wellness Committee

Agenda

Wednesday, February 4, 2026, 11:00 a.m. – 12:00 p.m.

Aslin Training Room

Call to Order Attendance in person: Laina Fullum, Heather McArthur, Dana Jones, Noel McDonald, Susan Perkins Tracy Grant, David Egan, Bridget Lolli, Sara Buckalew Attendance via zoom: Jen Maddox, Liz Harrison, Lara Wakefield, Leigh Spence, Billy Polanksy

Old/Unfinished Business

- Member Updates
 - Laina updated group on new dietary guidelines
 - Heather updated group on vote to change benefits and increase premiums
 - Noel updated group on upcoming CPS event at HotWorx
 - Liz updated group on funding for diabetes management classes
- Indoor Recess Cart Update
 - Bridget gave update on how well they are going in the 5 elementary schools that have them
- Student Wellness Focus Groups
 - Bridget shared how she hit roadblocks trying to get this going. Leigh shared ideas on contacting AVID teachers, different clubs, Elementary stucco, etc.

New Business

- Review Wellness Program Procedures
 - Group reviewed section on food give but not sold to students, like parties and celebrations. Agreed to add that food brought in and not sold must comply with allergies.
- America's Healthiest Schools Awards
 - Bridget will be applying for the award in the sections of Health Services for all schools, Nutrition services for Battle Elem, and will try to see if others qualify for other awards
- Funding for Student Initiatives
 - Bridget mentioned there are multiple schools that want to set up AIM Zones but funding is needed. Asked for group members to keep an eye out for different grant or funding opportunities

Action Items

-review Triennial Assessment goals

Can't make it in person? Join Zoom link

<https://cpsk12.zoom.us/j/3455623585?omn=95018974002>

Meeting ID: 345 562 3585

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