



SNAP Benefits- Supplemental Nutrition Assistance Program (SNAP) Emergency Allotments

www.fns.usda.gov

The Maryland Department of Human Services is issuing SNAP emergency allotments and will remain in effect until the federal state of emergency declaration has ended.

Headquartered near Washington, D.C., FNS's Postal Service mailing address is:

Food & Nutrition Service
Braddock Metro Center II
1320 Braddock Place
Alexandria, VA 22314

Phone: (703) 305-2062

See map: [Google Maps](#)

USDA Information Hotline: (202) 720-2791

SNAP Toll-free Information Number: 1-800-221-5689

You can also call your [state](#) for your case information.

Applying for SNAP

You may qualify to receive SNAP Benefits. Residents can apply for SNAP benefits online at mydhrbenefits.dhr.state.md.us. Residents may also call the DHS Call Center at 1-800-332-6347 (TTY 1-800-735-2258), available from 8:30 a.m. to 5:00 p.m., Monday-Friday.

To determine eligibility, [click here](#).

SNAP Application Assistance

If you need help with your SNAP application you can contact Maryland Hunger Solutions: 866-821-5552; Maryland Food Bank: 888-808-7327; or email snapteam@mdfoodbank.org

Pandemic Electronic Benefits Transfer (P-EBT):

If you received a P-EBT card already, don't throw it away, in case additional P-EBT benefits are approved. The Maryland Department of Human Services and the State Department of Education are working collaboratively to obtain additional information about the extension from the federal government for the rest of the 2020-21 school year. All enrolled students in Baltimore City Public Schools as of September 30, 2021, are eligible for P-EBT due to districtwide participation in the Community Eligibility Provision (CEP). To learn more about these benefits for food assistance, visit <https://www.baltimorecityschools.org/meals>

FAQ: Pandemic EBT – [English](#), [Spanish](#)

SNAP Online Purchasing Program

Baltimore City residents receiving Supplemental Nutrition Assistance Program (SNAP) benefits may use their benefits to shop online for fresh produce and groceries at the following retailers:

[Amazon](#)

[ShopRite](#)

[Walmart](#)

FAQ: Shopping for groceries online with your SNAP Benefits – [English](#), [Spanish](#)

Women, Infants & Children (WIC)

<https://health.baltimorecity.gov/node/171>

The WIC clinics remain closed until further notice due to the COVID-19 pandemic. For the safety of participants and staff, staff are working remotely to provide WIC services. For assistance, please call 410 396-9427, email WIC@baltimorecity.gov, or DM us on our [Baltimore City WIC Facebook](#). Need a translator? Let us know!

- Eligibility:
 - ***You are eligible for WIC services free of charge if you meet all of the following requirements:***
 - You live in Maryland.
 - You are pregnant or are a new mother with an infant or a child under 5 years of age.
 - You have a nutritional need.
 - For the most up-to-date information on income eligibility, visit the [Maryland WIC Homepage](#)
- Services and Benefits Include:
 - ***WIC participants receive benefits such as:***
 - Healthy Foods at no cost to participants on an eWIC card
 - Nutrition education and counseling
 - Health Screenings- growth and weight assessments for pregnant women, infants and children
 - Breastfeeding assistance provided by lactation specialists
 - Referrals to other health and social agencies
 - Participation in the annual WIC Farmers' Market Program

Apply for WIC!

Visit: <https://phpa.health.maryland.gov/wic/Pages/Home.aspx>

Call the Baltimore City WIC Appointment line at 410-396-9427.

Please see the link for the documents needed for your appointment at <https://phpa.health.maryland.gov/wic/Pages/Home.aspx>

- Proof of identity
- Proof of address
- Proof of income
- Proof of pregnancy
- Person(s) being certified

Clinic Locations and Hours

We have several WIC clinic locations throughout the city with convenient hours. Please call the WIC appointment line (410) 396-9427 for a location near you. We have bilingual staff available and translators on call.

Important Update for the Bon Secours WIC Center

WIC Bon Secours is temporarily shifting services to the Edmondson Ave and Mondawmin Mall WIC Sites

Contact Information

Contact us at 410-396-9427 for appointments, general information, and breastfeeding assistance.

Connect with the Baltimore City WIC program on [Facebook!](#)

Baltimore County WIC

wicprogram@baltimorecountymd.gov

Women, Infants and Children Program

Phone: [410-887-6000](tel:410-887-6000)

What is WIC?

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) provides healthy supplemental foods and nutrition counseling for income eligible pregnant, postpartum and breast-feeding women, as well as children under age five with medical or nutritional risk factors.

Who is eligible for WIC?

In the State of Maryland, a person must meet all of the following requirements:

- Be a resident of the State of Maryland
- Be pregnant or [breastfeeding](#), a new mother, or have an infant or child up to age five
- Have a health or nutrition need
- Meet the income [eligibility guidelines](#)

Facts About WIC

- You can have a job.
- You can be living with your parents.
- You can be single.
- You can be a student.
- You can be unemployed.
- You do not need parental consent to enroll in the WIC program.

WIC Locations

For information regarding the WIC Program, call [410-887-6000](tel:410-887-6000).

Dundalk

7700 Dunmanway
Baltimore, Maryland 21222

Essex

201 Back River Neck Road
Baltimore, Maryland 21221

Lansdowne

Located in the Lansdowne Health Center
3902 Annapolis Road
Baltimore, Maryland 21227

Reisterstown

Located in Chartley Plaza

148 Chartley Drive
Reisterstown, Maryland 21136

[Rosedale-White Marsh](#)

Located in the Eastern Family Resource Center
9150 Franklin Square Drive
Baltimore, Maryland 21237

[Towson](#)

Located in the Towson Health Center
1046 Taylor Avenue
Baltimore, Maryland 21286

[Woodlawn](#)

6901 Security Boulevard, Suite 100
Baltimore, Maryland 21244