

# SCHOOL COUNSELING CONNECTION

Glover CLC

February, 2026

## CONNECTION POINT

Empathy means taking a walk in someone else's shoes and imagining how someone else might feel. Encourage your child to pause and think, "If that happened to me, how would I feel?" This helps them notice clues like facial expressions, tone of voice, and body language. When they understand those feelings, they can respond in caring ways, like offering a kind word, listening, or helping. These moments strengthen connections and build understanding.

## SKILLS TO PRACTICE

This month scholars at Glover are focusing on these Portrait of a Scholar skills: I will respect diverse views, races, cultures and individuals; and I am kind to myself.

## MONTHLY SEL

Students will be participating in monthly social emotional learning (SEL) Lessons in their classrooms. These lesson will be focusing on topics of: using kind words, the importance of empathy, how to work as a team/good sportsmanship, and strategies for resolving conflicts in kind and peaceful ways.

## IMPORTANT DATES

2<sup>nd</sup>-6<sup>th</sup> :Great Kindness Challenge

13<sup>th</sup> No School

16<sup>th</sup> No School (President's Day)

19<sup>th</sup> Interim Pick-up (2:45-6:45)



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