Los Alamitos Unified School District

Outdoor Science School Check List

Directions: (1) Complete all documents listed below (2) Staple this checklist and payment to the top of all documentation (3) Return documents to classroom teacher by:

Date:

Student Name: **Room #:**

Needed for ALL Campers By Date Above

- Return Trip Permission Slip (Green)
- Discipline Agreement Form (Blue)
- Waiver of Liability Form (Pink)
- Payment for OSS: $570 Payment (Made payable to LAUSD)

ONLINE PAYMENT LINK:

REGISTRATION LINK:

ONLY for Campers Bringing Medication to Camp (Medication Form MUST be turned in two weeks before camp.)

- Medication Form (White)
  - Physician Signature on white form for any prescription medications.
  - Medication in Ziploc Bag with student name written with Sharpie.
  - All medications are in their original packaging/box.
- Dramamine
  - Parents who want this dramamine given to their child **for the trip home** will write on the medication form *"Dramamine 1 tablet, for the bus ride home". This information needs to be written on the medication form in the space provided for medications.*
  - The camp will administer Children's Chewable Dramamine from their stock medication up at the camp. Parents should not send Dramamine (from home).
- Over The Counter (OTC) Medication
  - Students are not allowed to have OTC medications in their possession.
  - The Medication Form MUST be filled out and medications MUST be turned in following the same protocols as prescription meds.
  - OTC medications DO NOT require a physician's signature.
  - OTC medications must be in their original packaging/box.
  - Please don't send the OTC medications listed on the back of this form, as these medications are stocked in the camp health office and available for all students

OVER THE COUNTER MEDICATIONS AVAIBLE AT CAMP

(The following medications are available for all campers and don't need to be sent up to camp with students.)

Children's Tylenol (Liquid)
Children's Tylenol (Pill or Chewable)
Children's Motrin
Dramamine
Ibuprofen
Benadryl
Cough Drops /Throat lozenges
Antifungal Foot Powder
Antacid Tablets
Hydrocortisone Cream
Antihistamine (Such as Claritin)
Immodium or Loperamide Tablets
Electrolyte Pops (ICE) for Dehydration
Aloe Vera Gel (Sun Exposure)
Calamine Lotion
Isopropyl Alcohol Wipes
Iodine Wipes

Los Alamitos Unified School District & ECOS Camp
Disciplinary Agreement

CAMP EXPECTATIONS

Students are expected to listen and be respectful of all camp staff while they are teaching classes, making announcements, giving instructions, or putting on skits. Students at ECOS are expected to be on their best behavior. **You are responsible for your own actions; if you cannot abide by the rules, you will be sent home.**

The same rules that are enforced at school pertain to the time spent at camp. Students will receive similar consequences at camp that they would at school for breaking rules. A student can be suspended from school while at camp.

CAMP RULES

Other rules will be discussed upon arrival at camp.

- Respect other people's property. *If it is not yours, do not touch it.*
- You may not go into a cabin other than your own without an Instructor's permission. Girls cannot visit boy cabins, and boys cannot visit girl cabins.
- **No food or drinks in cabins.** Students should be good stewards of the cabins, and that includes keeping food out.
- **No technology allowed.** Phones, electronic games, and tablets are not permitted. Students can bring cameras to be used on trails or during free time. Cameras may not be used in cabins. Any device with a data plan can't be used as a camera.
- You have broken the rules if you are involved in fighting, pretend fighting, teasing, put downs, gossip, or hurting another person, **even if you didn't start it.**
- Show respect for nature by not littering, not picking flowers or plants, not picking up sticks or rocks, and always walking on the trails. Do not run unless allowed to by an Instructor.
- Wildlife is wild and should be left alone. Please tell your Instructor if you see something, but do not touch it or chase it.
- Use the bathroom during your breaks! When you are in class, you will be outside and bathrooms will not be available. You are responsible for taking care of yourself during the breaks between each class and meal.
- You must be with an adult at all times. Do not wander off!

THREE STRIKES POLICY

STRIKE 1: The 1st strike will result in being counseled by a District Teacher.
STRIKE 2: The 2nd strike will result in a serious talk in the camp office with a District Teacher and the ECOS Principal. Parents will be notified by phone of the 2nd strike and the student will be placed on a behavior contract.
STRIKE 3: The 3rd strike will result in the student being sent home immediately. Parents will be required to pick up their child immediately.

Any student that jeopardizes the safety of any other student or staff member will be immediately expelled from camp with no other warnings or chances.

PARENTS WILL BE CALLED TO COME PICK UP THEIR STUDENT!

PARENT SIGNATURE

I understand the Los Alamitos Unified School District and ECOS Camp Disciplinary Agreement. If my child should be expelled from camp I agree to immediately pick them up, day or night.

Parent/Guardian Signature: _____ Date: _____

STUDENT SIGNATURE

I understand all of the above rules and plan to follow them.

Student Signature: _____ Date: _____

Student Name: _____ School: _____

LOS ALAMITOS UNIFIED SCHOOL DISTRICT

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Student attending the Emerald Cove Outdoor Science Institute – Outdoor Science School (OSS) Camp

School Site: _____

Activity Dates: _____

Student name: _____

Waiver: In consideration of being permitted to participate in activities for Outdoor Science Activities (i.e., "The Activity"), I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** the Los Alamitos Unified School District, its Board members, officers, employees, and agents from liability **from any and all claims including the negligence of the Los Alamitos Unified School District, its Board members, officers, employees and agents,** resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in The Activity.

Assumption of Risks: Participation in The Activity carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from: 1) minor injuries such as scratches, bruises, and sprains; 2) major injuries such as eye injury or loss of sight, joint or back injuries; to 3) catastrophic injuries including paralysis, and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in The Activity. I hereby **assert that my participation and that of my child is voluntary, and that I knowingly assume all such risks.**

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD the Los Alamitos Unified School District, its Board members, officers, employees, and agents HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in The Activity, and to reimburse them for any such expenses incurred.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement of Understanding: I am the legal guardian of the listed student and have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

_____	_____	_____
Parent Name (Print)	**Parent Signature**	**Date**

Relationship to Student: _____

☐ I am a legal guardian for the above student (Must be checked).

RETURN PERMISSION TRIP

Outdoor Science School to Home School

(To be kept by the classroom teacher)

In case of emergency while on the return trip from Outdoor Science School, I authorize medical treatment for my child _____. This is to include X-ray examination, anesthetic, and medical or hospital care under the general or special supervision and advice of a licensed physician, surgeon, or dentist. (Civil Code section 25.8)

Please give medical treatment to my child, if necessary, ☐ **YES** ☐ **NO**

If no, provide instructions: _____

_____

_____

_____ _____ _____

Parent/Legal Guardian's Name | Parent/Legal Guardian's Signature | Date

In case of emergency on return trip:

Home Phone: ( ) _____ Work Phone: ( ) _____ Cell Phone: ( ) _____

School: _____

District: Los Alamitos Unified School District