



# MENU

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**FEBRUARY**  
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## PK-5 LUNCH

<b>Crispy Chicken Patty</b> 2 Sweet Potato Fries Yellow Corn	<b>Pineapple Teriyaki Chicken</b> 3 Fried Rice & Dumplings Steamed Broccoli Baby Carrots & Hummus	<b>Potato &amp; Cheddar Pierogies</b> 4 Kielbasa Bites Peas & Carrots Fresh Grape Tomatoes	<b>Rotini with Meat Sauce</b> 5 Garlic Breadstick Seasoned Green Beans Cucumber Coins	<b>Cheese Pizza</b> 6 Steamed Mixed Veggie Fresh Veggie w/ Hummus Cinnamon Applesauce Cup
<b>Popcorn Chicken Bites</b> 9 <b>Mozzarella Sticks</b> Marinara Sauce Crinkle Cut French Fries Fresh Veggie with Dip	<b>Tortellini Alfredo with Chicken</b> 10 Garlic Bread Roasted Broccoli Rainbow Pepper Sticks	<b>Sunrise Waffle-wich (Grilled Cheese)</b> 11 Chicken Noodle Soup Fresh Veggie Cup	<b>Meatball Sub</b> 12 Cheesy Garlic Mashed Potatoes Grape Tomatoes Mini Rice Krispy Treat	<b>Personal Cheese Pizza</b> 13 Steamed Mixed Veggies Fresh Veggie w/ Hummus Blue Raspberry Applesauce
<b>No School</b> 16	<b>No School</b> 17	<b>Garlic Parm Bosco Sticks</b> 18 Marinara Dipping Sauce Veggie Sticks with Ranch	<b>Macaroni &amp; Cheese</b> 19 Garlic knot Roasted Broccoli Grape Tomatoes	<b>Cheese Pizza</b> 20 Steamed Mixed Veggie Fresh Veggie w/ Hummus Assorted Applesauce Cup
<b>Pizza Crunchers</b> 23 Garlicy Green Beans Celery Sticks	<b>Chicken &amp; Cheese Quesadilla</b> 24 Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn	<b>French Toast Sticks</b> 25 Chicken Sausage Potato Wedges 100% Juice Cup & Syrup	<b>Grilled Cheese</b> 26 Tomato Soup Roasted Broccoli Goldfish Crackers	<b>Cheese Pizza</b> 27 Steamed Mixed Veggie Fresh Veggie w/ Hummus Mango Peach Applesauce Cup

### View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
 Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION BOCES**  
 SHARED FOOD SERVICE PROGRAM

